



Cyrenian House

EMPOWERMENT | INTEGRITY
DIVERSITY | COMPASSION | HOPE

Annual Report
2016 | 2017



VISION

Healthy, inclusive and harm-free communities.

MISSION

An organisation that provides the highest quality services to make a positive and meaningful difference in the lives of people affected by alcohol and other drugs.

VALUES

- Empowerment
- Integrity
- Diversity
- Compassion
- Hope

"I am forever grateful for the Saranna Women and Children's Program. This place has saved my life and given my life back. I am stronger than I ever have been and it's all thanks to this amazing place.

I am a Mum again, a daughter, sister and a friend again, and know how to love again. The staff have been awesome and my community too."

Karen, 33 years old

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A FEW WORDS FROM OUR PRESIDENT – MATTHEW VAN RIESSEN

It is with much pleasure that I present the 2016 – 2017 Cyrenian House Annual Report on behalf of the committee of Management. The Committee of Management remains diligent in their responsibility to review, assess and provide guidance to the CEO and her executive team ensuring Cyrenian House continues to be one of the leading alcohol and other drug services in Western Australia.

We would like to take this opportunity to thank our executive team consisting of the CEO, Carol Daws, Operations Manager, Colette Wrynn, Chief Financial Officer, Stephen Scarrott and our Executive Support, Natalie Prowse.

We would also like to acknowledge and express our gratitude to the Cyrenian House managers, Nicola Iannantuoni, Peter Duncan, Tom Hopkins, David Lonnie, Elise Copland, Eric Nordberg Sally Malone, Rachel Halligan, Charl Van Wyk and the entire staff team and volunteers for their ongoing commitment and efforts to ensure Cyrenian House continues to deliver services that

support the ethos of consumer engagement, reflective and innovative practice and a culture of organisational excellence.

Cyrenian House has expanded its services during this period with the addition of 10 extra residential beds at the Rick Hammersley Centre, Therapeutic Community (RHCTC) and six extra beds for Serenity Lodge Therapeutic Community (SLTC), together with four low-medical withdrawal beds that make up the new Serenity Withdrawal Unit (SWU), securing funding from the Mental Health Commission as part of the State Governments Meth Strategy, 2016.

Cyrenian House established the SWU within the grounds of the SLTC. The SWU partnership initiative between Cyrenian House and the St John of God Drug and Alcohol Withdrawal Network (DAWN) aims to provide free, 24-hour residential care and support to consumers seeking withdrawal from alcohol and other drugs with a specific focus on methamphetamine.

We continue to work towards our 2018 - 2021 Strategic Plan, determining our Vision, Mission and our Values with further work to be done in the development strategies and the long term objectives for the organisation.



Cyrenian House was delighted to receive funding for our "Peer Support Plus Program". The funding assisted in the development of our Peer Support Training Program, engaging over 15 participants with one of the outcomes being the establishment of a consumer reference group, giving a voice to our consumers.

I look forward to my continued work with Cyrenian House and our continued commitment to meeting the needs of our consumers in an ever changing and challenging environment.

I would like to thank the Committee of Management members for their valuable input, commitment and dedication to this wonderful organisation.

Matt Van Riessen
President | Cyrenian House

**Alcohol and Other Drug
Treatment Service**

A FEW WORDS FROM OUR CHIEF EXECUTIVE OFFICER – CAROL DAWES



In the past year the harm associated with methamphetamine use has featured strongly in the media both nationally and locally. The issues related to the use of methamphetamine and its impact upon individuals, families and the community has yielded fertile ground for debate and policy consideration throughout both the Federal and State Election campaigns. As a consequence, the Government and the public have looked to the Alcohol and Other Drug (AOD) Sector to seek solutions for this highly complex problem.

Although the latest results from the National Drug Strategy Household Survey 2016, indicate younger people were smoking less, drinking less and using fewer illicit drugs than in 2013, for people in their 40s, 50s and 60s, there was little to no change in drug usage behaviours over this period. Methamphetamine was the drug most likely to be nominated as the drug of concern. Significantly, the public's perception of methamphetamine changed considerably and Australians now see methamphetamine to be more of a concern than any other drug. As stated in the National Drug Strategy 2017, drug use occurs across a continuum, from occasional use to

dependent use; a range of harms are associated with different types and patterns of drug use; and the response to these harms requires a multifaceted response.

This pattern of use for methamphetamine is consistent with statistics captured by Cyrenian House in the past year of service delivery. Consumers are consistently presenting with methamphetamine as their drug of choice, particularly in our residential programs where the percentage of consumers presenting with issues related to methamphetamine use is in excess of 50%. The Saranna Women and Children's Program indicated that approximately 73% of the women nominated methamphetamine as their primary drug of concern.

In response to the public outcry regarding methamphetamine use, successive State Governments have allocated more money to residential treatment beds for specialist AOD services. Towards the end of 2016 Cyrenian House was successful in tendering for a further ten residential beds for the Rick Hammersley Centre, Therapeutic Community (RHCTC) and a further six residential beds for Serenity Lodge Therapeutic Community (SLTC). In addition, we were also successful in securing four low medical withdrawal beds in partnership with St John of God Drug and Alcohol Withdrawal Network (DAWN). This new service offering low medical withdrawal beds at no cost to the consumer has proven to be a

popular option for consumers seeking solutions to their problematic AOD use.

Cyrenian House has had a major focus on developing opportunities for our consumers in order to better inform our practice. This has involved formalising our existing mechanisms to collect consumer feedback by instigating the development of a Consumer Advisory Group (CAG). This group has provided significant consumer participation in the development and review of services, organisational policies and procedures, as well as contributing to sector issues. In addition, the CAG has been instrumental in ensuring that the development and implementation of the Cyrenian House Peer Support Plus (PSP) Program was informed by consumer co-design and co-production principles from the outset.

The PSP project was generously funded by the State Government Criminal Property Confiscation Grants Program. It has offered Cyrenian House the opportunity to train and support Peer Support Workers to offer support to consumers transitioning from residential treatment back into the community. Our first group of Peer Support Workers have completed the training and are offering support to consumers both pre and post residential treatment.

The building theme has continued over the past year. The kitchen hub at the RHCTC has now been completed along with the three transportable buildings adding an extra group room, a computer room and counselling/meeting rooms.

A FEW WORDS FROM OUR CHIEF EXECUTIVE OFFICER – CAROL DAWS (CONT...)

Once we have received word that the Lotterywest grant has been approved for the fit out, the buildings will be furnished and operationalised.

In July 2016, Cyrenian House was audited against both the Standard on Culturally Secure Practice (AOD) (SCSP) and the Australasian Therapeutic Communities Association Standard for Therapeutic Communities and Residential Rehabilitation (STCRR). Cyrenian House was certified under the essential and good practice criteria for both standards. In addition, The Saranna Early Childhood Education and Care Centre (SECECC) received a rating of exceeding under the National Standards. I would like to take this opportunity to thank our consumers, staff and in particular, Caroline Henson for her work in managing the quality standards.

The annual Cyrenian House Golf Day took place in March 2017 at Meadow Springs in Mandurah. We received outstanding support from our sponsors: City Toyota, Ross's Auctions, Australian Clinical Labs, Country Wide Insurance, Morley Davis Architects, Computing Australia, PKF Mack & Co Chartered Accountants & Business Advisors, Kim Ledger from Westcone Distribution Pty Ltd, Paul Barkey Electrical, the West Coast Eagles, the Western Bulldogs and Perth Wildcats. This year's fundraiser was a great success attracting 103 players

who had a thoroughly enjoyable day playing 18 holes of golf, followed by a sumptuous spread of food with the awards being hosted by Sam Longley. Once again thank you to all our sponsors and the staff for their hard work in contributing to make this day an ongoing successful fund raiser. We look forward to the next Cyrenian House Golf Day on the 9th March 2019 at Meadow Springs in Mandurah.

As always, it has been an absolute privilege to work with the dedicated people who make up the team at Cyrenian House. I would like to thank the Committee of Management and in particular the President Mathew Van Reissen, who stepped into the role after John Simpson passed away, the Executive Team, the Managers, the Staff, Volunteers and Peer Support Workers for their commitment to the wellbeing of the consumers at Cyrenian House.

Most importantly, I wish to acknowledge the consumers of Cyrenian House for their continued patronage and their frank and honest feedback that has allowed us to continuously improve our service provision.

Carol Daws
CEO | Cyrenian House
Alcohol and Other Drug
Treatment Service



MARISHA'S JOURNEY

"By the time I found Cyrenian House I had lost it all – my home, my family, my job, my sanity and freedom. As a person I was broken, I had no confidence or self-esteem. All hope was gone!"

"Through the Drug and Alcohol Through-care Service (DATS), my counsellor came to see me in prison and our journey began. She would visit regularly and became such an integral part of the beginning of the restoration of hope. Through this process my counsellor was amazing, her encouragement and understanding slowly helped me believe that I might survive this horrific experience. Her ability to see the 'me' that I could no longer see was my strength and I became more determined to become the person she could see.

This stability of the program and her visits is how I survived and began to rebuild not only my life, but myself! She never knew what to expect from week to week as my journey was very complicated. When I finally came up for release my counsellor supported me through this with the realistic view that life was probably going to get harder, but she was available after release. I then had a whole new set of struggles and challenges over the next few months.

I progressed to working with the Partners in Recovery (PIR) team to manage my challenges of homelessness, parenting and mental health. My hope was beginning to waiver, however PIR supported me through it all. I often felt it would never end...but never gave up. I was never truly alone with the stability that Cyrenian House was giving me.

With my lived experience, I then was given the opportunity to participate in Peer Support Plus (PSP) Project. What an amazing opportunity of being able to restore that lost hope in others! Through the PSP training and support, Vanessa has helped us grow as people.

Cyrenian House has helped restore a sense of pride I never thought I'd get back! The importance and understanding of the value of the lived experience and recovery not only for ourselves, but for the hope we can bring others is so inspiring.

Thank you Cyrenian House for turning such a negative and horrific experience into such a positive and inspiring story. Little did I know that filling in a form in a cell one night four years ago would lead me on this amazing journey...."

OUR COMMITTEE OF MANAGEMENT



PRESIDENT & TREASURER
MATTHEW VAN RIESSEN



VICE PRESIDENT
DR JENNIFER J. ROGERS



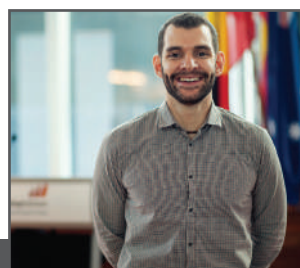
COMMITTEE MEMBER
KIM LEDGER



COMMITTEE MEMBER
ELISE CROFT LL.B (HONS)



COMMITTEE MEMBER
JOHN STOCKBRIDGE




COMMITTEE MEMBER
JOSHUA COX



CYRENIAN HOUSE LIFE MEMBERS

CHRIS HAMMERSLEY | MARK POPHAM | ROSS LONNIE | LESLIE COOPER



"Cyrenian House provides me with an opportunity to broaden my own business experiences and knowledge whilst being involved with a caring organisation that changes so many people's lives in such a positive manner."

John Stockbridge

Committee Member, appointed October, 2015

A FEW MOMENTS WITH JOHN STOCKBRIDGE.....

What attracted you to being involved with Cyrenian House?

Cyrenian House provides me with an opportunity to broaden my own business experiences and knowledge whilst being involved with a caring organisation that changes so many people's lives in such a positive manner.

Outside of work with Cyrenian House, what do you do (either work or leisure, or both)?

I am a business consultant for organisations associated with the Information Technology industry (IT). I help companies establish their business in WA or grow their existing business in a new direction. I provide executive advice to boards around IT and Telecommunications.

I have been an active Rotarian for 32 years and am also on the board of the Rotary Governing Committee. I am an enthusiastic but very average golfer. (The same thing applies to my guitar playing).

What do you enjoy most about being involved with Cyrenian House?

Learning what all the acronyms meant was challenging (and you thought IT was bad). I enjoy working with a group of people so dedicated to their roles at Cyrenian House and to achieving a successful outcome for their clients.

Tell us some interesting facts about you?

I have four adult children and five grandchildren. I love rock music, the

louder the better. I am a geek and have my entire house networked so that from any TV in the house I can watch movies, TV shows, listen to music or see any of the photos I have taken on my phone. I have never suffered with "buyer's remorse".

What is your 'life motto' or a particularly interesting quote that resonates with you?

*"Life is a web with many broken ends:
Then why, O friend
be sad? Good is
not near so good as
it pretends; Bad is
not half so bad."*

COMMITMENT TO OUR PEOPLE

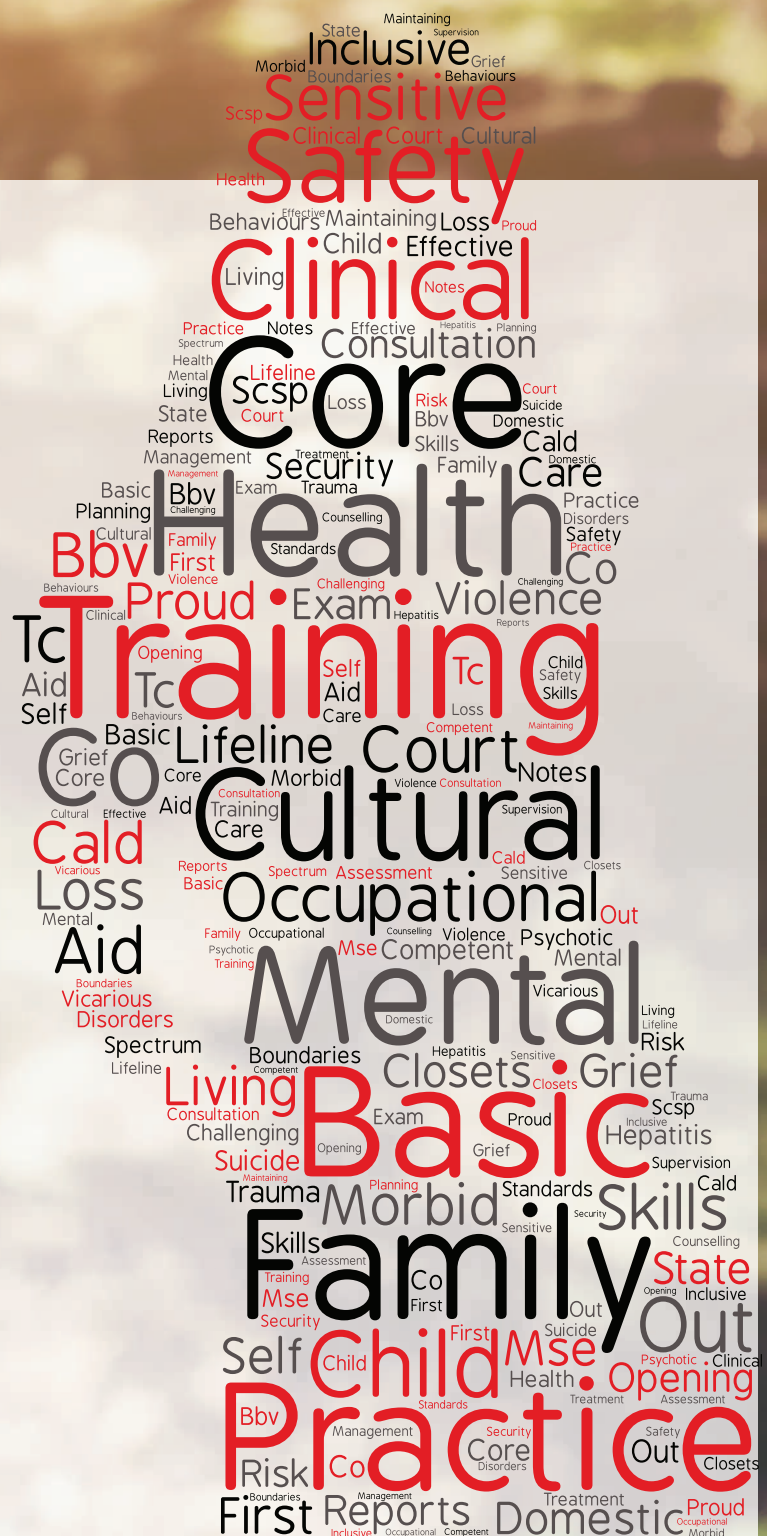
Cyrenian House places a strong focus on recruiting and sustaining a talented and diverse staff team.

We have built a strong foundation and a long term working environment that is culturally diverse and inclusive.

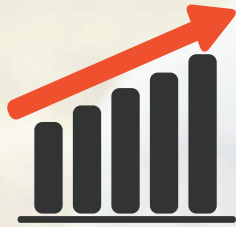
As an organisation we support clear career progression and the flexibility for staff to develop in a variety of roles.

Our ongoing training and professional networking opportunities provide our staff team with the appropriate skills and knowledge to not only fulfil the organisations strategic objectives but to progress career aspirations within or outside of the organisation.

- DIVERSITY AND INCLUSION
 - enabling innovation
- CYRENIAN HOUSE CULTURE
 - fostering collaboration and respect
- CULTIVATING A WORKPLACE
 - opportunity and personal development
- SHARING
 - knowledge and resources



A SNAPSHOT OF OUR CONSUMERS



INCREASE

in the number of families & significant others seeking services



WEEKS

AVERAGE LENGTH OF STAY

3414

CONSUMERS ACCESSING
Non-residential
Treatment Services



45%



55%



AVERAGE AGE



119

CONSUMERS HAVE
no usual place of
residence

83%

OF CONSUMERS HAVE
increased better
Mental Health following
treatment



ANXIETY &
DEPRESSION

HIGHEST MH
CONCERN OF
CONSUMERS

PRESCRIPTION
MEDICINE

MOST REPORTED
COPING STRATEGY

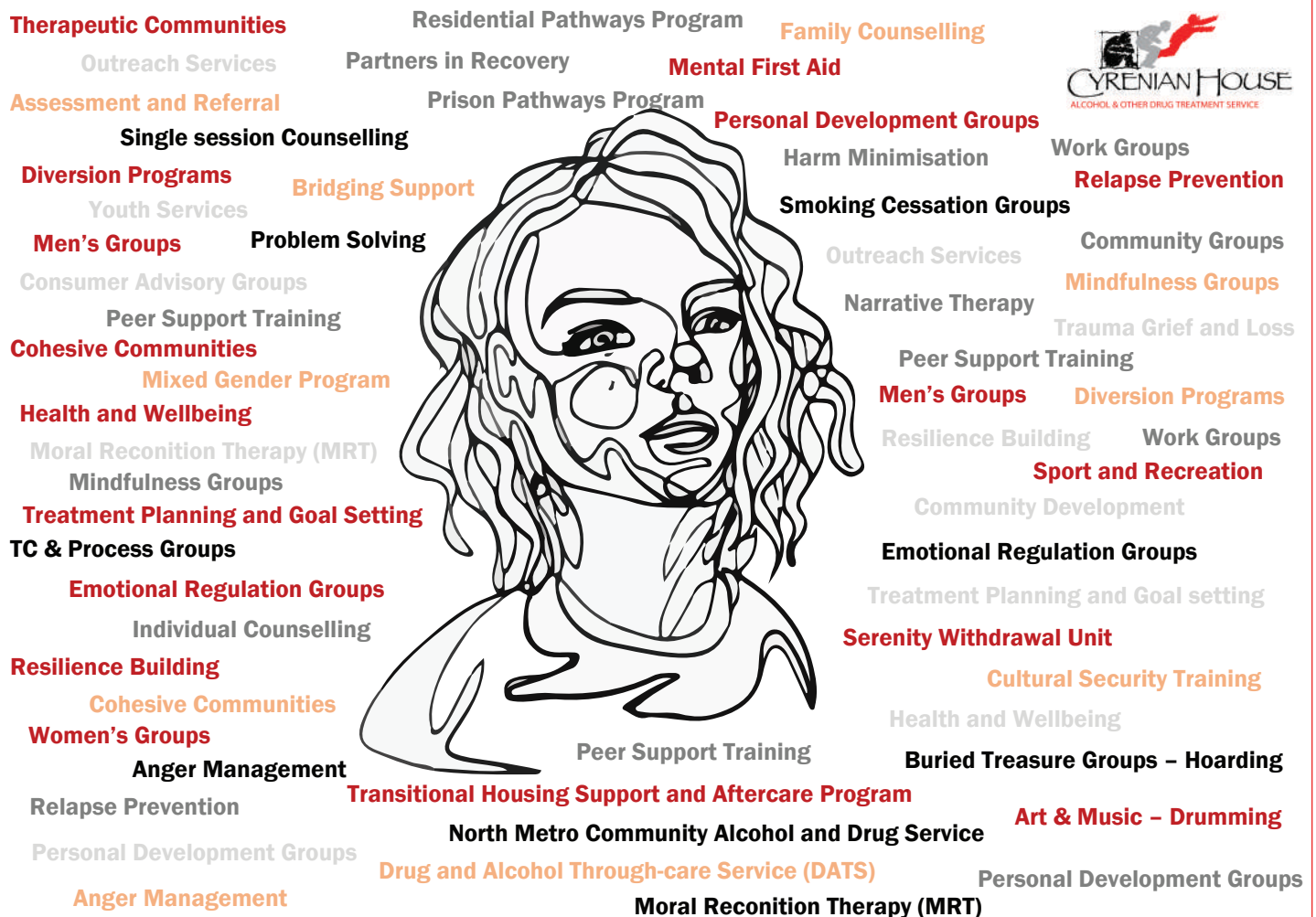
EMPLOYMENT

BIGGEST REPORTED
UNMET NEED OF
CONSUMERS

CONSUMER ENGAGEMENT, REFLECTIVE AND INNOVATIVE PRACTICE

With a focus on consumer engagement, reflective and innovative practice it is integral to the professional development of our staff team that regular training and networking opportunities are pro-actively provided leading to the continual delivery of quality, cultural secure services that meet the needs of consumers.

Cyrenian House offers a wide range of specialised programs and services to consumers and their families and these include:



WORKING TOWARDS OUR STRATEGIC PLAN 2018 – 2021

Cyrenian House recognises the importance of strategic planning in developing our organisation's understanding of where we are going, how we are going to get there and successful outcomes of achieving our aims.

In early 2017, Cyrenian House commenced a review of the current

strategic plan, encompassing an evaluation of current performance with an emphasis on the changing environment.

A consultative process with the organisation's management team gave consideration to ongoing activities with a focus on strengthening operations and ensuring employees and stakeholders are working towards common goals with established agreement around intended outcomes.

A collection of undertakings and processes within the organisation allowed us to systematically coordinate and align our resources and actions and further develop our vision, mission and values.

The next stage of strategic planning will take place towards the end of July 2017, with a focus on developing our strategies and long term objectives together with setting key measures of performance to monitor our progress.



DELIVERING PROFESSIONAL, RESPONSIVE AND INNOVATIVE SERVICES

Moral Reconciliation Therapy (MRT)

MRT was developed in the US in 1985 by Dr Greg Little and Dr Ken Robinson by combining Ron Smothermon's concepts with theories of moral development (Kohlberg), ego and identity development (Erikson), behavioural conditioning, Maslow's needs hierarchy and Carl Jung's concepts. Little and Robinson established and operate Correctional Counselling Inc. to deliver, develop and support MRT.

MRT is an objective, systematic treatment system designed to enhance ego, social, moral, and positive behavioural growth in a progressive, step by step fashion. MRT has twelve to sixteen steps, depending on the treatment population. MRT attempts to change how drug users and offenders make decisions and judgments by raising moral reasoning from Kohlberg's perspective. MRT seeks to move consumers from hedonistic reasoning levels to levels where concern for others becomes important, therefore addressing core issues. Research on MRT has shown that as consumers pass steps, moral reasoning does increase in adult drug and alcohol populations.

Cyrenian House engaged with Correctional Counselling Inc. to bring one of their trainers to Australia to train our staff in the delivery of the MRT program.

We now run a weekly MRT Group with an open-ended format allowing consumers to enter the group at any time. This systematic treatment system employs active group participation, written exercises, and homework. Our program consists of twelve steps and consumers complete the steps as homework outside of the group presenting each step during group time. The program steps are progressive, becoming increasingly challenging as they progress with the final steps largely focussed on goal setting and future planning. Our program generally takes around sixteen weeks to complete.

Effectiveness of MRT

More than 120 published reports have documented the effectiveness of MRT. Evidence suggests the more steps an individual is able to complete, the higher their level of moral reasoning in decision making is. MRT provides increased options for consumers exiting therapeutic communities as well as those in Non-residential programs seeking to remain stable in their recovery goals.

Consumers have provided consistent positive feedback about our MRT Program, reflecting on how they are able to contemplate their past with increased self-honesty, more so than ever before.



DANIEL'S STORY...

Daniel, a 54 year old man with a long history of alcohol and other drug use, commencing at the age of nine, relays how his AOD use 'screwed' his life.

At the age of 25, Daniel engaged with Cyrenian House and Narcotics Anonymous, and was able to maintain abstinence for a period of 20 years. Following some relationship difficulties, Daniel relapsed and

began using alcohol and cannabis to help him deal with the daily pressures of his life.

Daniel's AOD use continued for a further seven years before he reconnected with Cyrenian House. During this time, Daniel was referred to and engaged in the MRT program and since remained abstinent for over four months, reporting significant gains from the program.

"MRT has opened my mind and my heart to a brand new, unexpected experience. It has helped me to reach levels of self that I thought I had locked away forever. It has been an amazing process and understanding this process as well as stripping away my old belief system has been the most valuable thing for me from participating in the program."

NEW CONSUMER ADVISORY GROUP (CAG) PUTS CONSUMER REPRESENTATION INTO ACTION FOR CYRENIAN HOUSE

Cyrenian House recognises the value of consumers and the unique insight they have into how our service can best respond to the needs of individuals and families experiencing alcohol and other drug use issues. Cyrenian House is working to ensure these experts, by experience, are respected and included in the continuous quality improvement of all programs and services and are represented at many levels within the organisation.

As such, a collaboration between the Peer Support Plus Project (PSPP) Worker, Vanessa Stasiw, and Jigsaw Project Manager, Charl Van Wyk, culminated in the formation of a new Consumer Advisory Group (CAG). Consumers provide us with unique expertise based on their lived

experience of alcohol and other drug (AOD) use and mental health issues.

To establish evidence-based practice the CAG was instigated initially to ensure that the PSPP was informed by consumer co-design and co-production principles from the outset. CAG members engaged in the development of many fundamental elements of the PSPP.

Our first official CAG meeting was on the 14th December, 2016, and is an on-going entity, meeting bi-monthly. Since its inception, the CAG has provided significant consumer participation in the development and review of services, organisational policies and procedures.

Additionally, CAG members have participated in in-house training opportunities alongside staff and have attended external training, events, forums, and information days as service consumer representatives.

Interest from our consumers seeking an opportunity to participate in the CAG was high. From a pool of 26 applicants, 15 were selected as part of the CAG member pool. What was most notable in the applicant interview process was the personal recovery, wellness, hope and optimism that our consumers achieve for themselves, as well as the wealth of their lived experiences and desire to “give back”.



**THIS IS WHAT OUR CONSUMERS SAY ABOUT THEIR
EXPERIENCE WITH CYRENIAN HOUSE:**

"Since entering treatment and continuing in my recovery, I have been told many times that my greatest asset going forward are the experiences of my journey so far. Agreeing with this is one thing, but having the opportunity to be a part of the Consumer Advisory Group at Cyrenian House, where my lived experience is of real value to others, has been highly rewarding.

Having something to offer in this professional environment has been important for my confidence with reintegrating to professional settings in the wider community – and being involved in round table discussions with my peers from many different, yet shared experiences, has allowed me to grow with compassion and a real understanding of many AOD issues that are not specific to me, which strengthens my usefulness in the recovery community. Being able to remain connected to the Cyrenian House service as a whole has been key to me continuing to give back and maintain a level of recovery that is on offer from Cyrenian House."

(CAG) Representative



"Being involved in the CAG has supported my recovery through keeping me accountable, keeping me connected and feeling of worth, being heard and valued."

CAG Representative



**CAG Court Welfare
Volunteer Presentation**

A photograph of a man with short dark hair, wearing a light grey button-down shirt, smiling and hugging two young boys from behind. The boys are looking up at him. They are in a field of tall grass, and the background is a warm, golden sunset with trees. The scene is bathed in soft, warm light.

JOHN'S JOURNEY ...

"As a recovering addict and a consumer of Cyrenian House I feel honoured to tell my story....."

My name is John, I turn 57 this year and have been a client now for 19 months.

My journey has pretty much taken in the full spectrum of Cyrenian House's recovery model. From the very beginning with the assessments, the residential wait pool, eight and a half months of residential treatment at the Rick Hammersley Centre Therapeutic Community, through to

nine months supported accommodation in the THASP program, outpatient counselling services and now involvement in the Peer Support Plus, co-facilitating groups and growing into a volunteer Peer Support Worker.

Cyrenian House has nurtured me back into life and continues to do so to this day. I have had the benefit of a Peer led recovery based message of hope. After 40 years of using and seeking recovery I had become a demoralised, hopeless using addict who quite simply wished for death after

relapsing back into heroin use after a substantial hiatus from opiate use.

The Cyrenian House message was carried to me by three others who are in recovery with clean time ranging from 22 years, 16 years and 10yrs - all of whom have been clients of Cyrenian House.

Thank you for being here and carrying the message of recovery to myself and many others. With your support and my efforts my son has a father and I have found a workable solution to the dilemma I've struggled with throughout my life."

PEOPLE DO RECOVER.... EMBRACING HOPE

PEER SUPPORT PLUS (PSP) PROGRAM

"I felt safe to be myself in the group. The Peer Support Plus Program has given me purpose and affirmed that I am on the right track in my life journey."

PSP Training Program Participant

For many people, taking the first steps into the journey of recovery from alcohol and other drug (AOD) use is daunting and can include the experience of hopelessness, shame and isolation. The challenge of getting to a place where hope and optimism can grow may feel unattainable when first walking through the doors of any treatment service. An exciting new program at Cyrenian House is engaging consumers and demonstrating that people do recover.... and that their personal 'lived experience' of addiction and recovery can provide hope and optimism for others.

Peer support is based on the intentional and appropriate sharing of personal experience to inspire hope, develop mutually

empowering relationships and offer support as an equal. It is a person-centred and strength-based approach that is founded on an informal therapeutic relationship between peers (people who have experienced similar adversities and successes). Peer support work is strengthened by the belief that Peer Support Workers are powerful role-models and evidence of the reality of recovery, learning and growing from challenges and setbacks.

The new Peer Support Plus Program (PSPP) commenced early this year and has been actively promoting hope and optimism within its consumers, and a greater sense of empowerment and involvement in service development and delivery.

The two main components of this project include:

- The PSP Training Program
- The group co-facilitation and support, delivered by the graduated participants.

Cyrenian House consumers stable in their own recovery were invited to apply to engage in the training program to become volunteer Peer Support Workers. Eight participants completed the first round of training over six days in June and July. They have since been engaged in supporting consumers via the co-facilitation of established residential pathway groups and other activities.



In response to consumer feedback requesting additional post-residential treatment options, the PSP project has created a new Peer Support Recovery Group. Utilising evidence-based practise, the new group has been co-designed and produced by the Peer Support Workers in collaboration with the Peer Support Project Worker, Vanessa Stasiw. Consultation with other consumers via Therapeutic Community focus groups and the Consumer Advisory

Group (CAG) also contributed to the group's development. The group format includes an open share and feedback segment followed by a weekly discussion topic focusing on issues pertinent to maintaining personal AOD and mental health recovery. Social get-togethers and outings are also included in the group format. The group has received great up-take and attendance by consumers and facilitates genuine peer-to-peer support.

The PSP project has been facilitated through funding from the Department of Justice's (formally DOTAG) Criminal Property Confiscation Grants.

The identified goals of the PSP project include:

- Improving quality of life for consumers in recovery, particularly through enhancing social connectivity
- Increasing the range of treatment options and outcomes for consumers.

"Thank you! I have really enjoyed these sessions. They have added value to my recovery and life."

PSP Training Program participant.



Graduation Celebration

Watch this space for
on-going exciting
developments!

MY EXPERIENCE AS A PSP TRAINING PROGRAM PARTICIPANT...



"My relationship with Cyrenian House began when I was around 19 years old. I was caught up in the justice system and directed to attend counselling at Outpatients. I would never have thought that over 15 years later I'd be part of the same network of support which helped me all those years ago.

In recent years I did treatment in one of the therapeutic communities and then some volunteering. When I heard about the new Peer Support Plus (PSP) program I was as keen as mustard to apply. Thankfully I, along with several of my peers, were accepted into the training program

It was a new endeavour for everyone involved. As well as

"Understanding "worldview" just blew my mind! It was as amazing topic to better understand myself, my values and my perception." PSP Training Program participant.

"I will take away a deeper ability of active listening and bearing witness to another's story without having to fix or rescue." PSP Training Program participant.

the direction from our facilitator, the fluidity and experience of all the training team members led to some exciting and interesting concepts on how the overall Peer Support Recovery Group would look.

We collaborated well together as a group and each member also had their own unique experience

in relation to their own recovery, and that of recovery in general. This led to some innovative ideas, and alongside the 'community as method' model, we were able to construct an effective and safe group environment for everyone involved.

I've really enjoyed being a part of the development and planning of this group and have gained a lot of learning and experience in the process. From the feedback gathered by our peers the Peer Support Recovery Group was a necessary step in supporting the transition from the therapeutic community treatment back into the wider community – and I believe it is a vital one. I look forward to the bright future this group has in store..

Josh

**Join in our new
PEER SUPPORTER TRAINING
OPPORTUNITY**



CYRENIAN HOUSE VOLUNTEER TRAINING PROGRAM

The Cyrenian House Volunteer Training Program is in its fifth year of operation and runs across all of our metropolitan based services. The intensive training program covers topics such as general and addiction counselling skills, aetiology and epidemiology of drug use, supervision, confidentiality, assessment, motivational interviewing, problem solving, goal setting, relapse, working with significant others and

mental health. Volunteers attend 18 half day workshops at our head office location, with all components delivered by our qualified, experienced staff.

The second component to the Volunteer Program consists of a 12 month placement at either Non-residential Services or NMCADS. During this time the volunteer counsellors gain valuable experience and develop their counselling skills, as they are

supported to deliver counselling to consumers of the service.

Cyrenian House recognises the important contribution to the organisation made by volunteer counsellors and we are committed to providing a guiding and supportive learning environment that allows an opportunity for individuals to develop their counselling skills and assist in their future career path.



ENGAGING WITH VOLUNTEERS..... THE CYRENIAN WAY



May 8th to 14th 2017 was National Volunteers' Week and thanks to funding from Volunteers WA Cyrenian House was fortunate enough to be able to hold a thank you event for our wonderful volunteers. Cyrenian House has a strong volunteer culture and relished the opportunity to thank our volunteers for all they contribute both to the organisation and to our consumers.

The volunteers from Non-residential Services and NMCADS all engaged in a real life room escape experience. The objective was to escape but to do so, their team had to locate and solve a sequence of clues and puzzles in a set period of time.

The participants were lead into a room blindfolded by the "Game Master" and described feeling apprehensive about what was ahead of them and how this was not

dissimilar to how some volunteers felt first arriving at a service for their first volunteer counselling shift. What followed 60 minutes later was lots of laughs, smiles and stories of what each team had achieved. The day was topped off with a delicious and enormous lunch at Basil & Mint.

A big thank you to our volunteers who contribute greatly to Cyrenian House. We appreciate everything you do.



CELEBRATING OUR VOLUNTEERS...ROBYN'S JOURNEY

"I began my volunteer placement in November 2016 with NMCADS at Joondalup after completing the Volunteer Drug and Alcohol Counsellors' Training Program with Cyrenian House. I have previous experience in the community services sector which includes suicide prevention and crisis intervention.

It was challenging for me at first sitting in such a small room with a consumer with lots of energy within that room. This highlighted the importance of boundaries when supporting our consumers. Over

time I have been able to refine my skills; to draw on previous experiences and to challenge myself and my consumers to see things in a much broader picture. The importance of using the skills, knowledge and experiences of my supervisor and the invaluable contribution from all the staff at NMCADS Joondalup has been priceless. I feel I have gained so much from the experience. I look forward to continuing my volunteering placement with NMCADS and Cyrenian House."

Robyn



"I applied for the Cyrenian House Alcohol and other Drug Counselling Volunteer Program in 2015 and then again in 2016. I was successful in 2016 and was excited to be accepted as a volunteer. I felt blessed to have started my journey with such an amazing group of people with most of us keeping in touch and becoming good friends. I started my placement at the Joondalup office in November 2016, very nervous although very excited at the same time, I still remember the first client I saw and how I felt. It has been an amazing experience and the volunteer program taught me to believe in myself and gave me all the skills I needed to work in an area that I am so passionate about. I have had the opportunity to go out

and spend time in the other Cyrenian House Services as well as spend some time in the Mental Health (START) Court and the Joondalup Court so I could see all the opportunities open to the consumers we work with. In addition, I have been lucky enough to be involved in a lot of the Cyrenian House training, support groups and diversion groups. Finally, I have also been able to complete my Certificate IV in Alcohol and other Drugs and my Certificate IV in Mental Health through TAFE whilst doing my volunteer placement.

The team I have had the opportunity to work with at the Joondalup office have been so supportive and always willing to help in any way they can, they are such a passionate team. Working at the

Joondalup office in the integrated service has been a valuable experience and I have learnt so much working with an experienced team of counsellors and the Next Step medical team. I still work as a volunteer at Joondalup however, I was lucky enough to recently be employed as a counsellor/educator and have valued the experience so much. Everyone that I have come in contact with in my time at Cyrenian House are passionate about the people we work with and about working for Cyrenian House. It has been an opportunity of a lifetime and the volunteer program has helped me get in to the career that I love and wish to pursue. I could not have asked to work for a better place to work."

Tara

**GIVE HAPPY
LIVE HAPPY**



SERENITY WITHDRAWAL UNIT (SWU)

In 2016, the Mental Health Commission sought to expand the number of low medical withdrawal and residential rehabilitation beds in Western Australia. The aim was to increase access to specialist treatment services and to contribute to a reduction in the social, economic and health impacts of methamphetamine use on the community, and the costs to health, social, welfare and law enforcement services.

In response to service trends that indicated an increasing and immediate

need for methamphetamine withdrawal and residential rehabilitation, the Serenity Withdrawal Unit (SWU) was established following a rigorous tender process.

This partnership initiative between Cyrenian House and DAWN is based on the Serenity Lodge site in Rockingham and is a self-contained building, consisting of four bedrooms and three bathrooms. The service aims to provide free, 24-hour residential care and support to consumers seeking withdrawal from alcohol

and other drugs with a specific focus on methamphetamine.

The SWU is a valuable addition to the range of services provided by Cyrenian House and has improved access, providing a more supportive and streamlined consumer pathway for withdrawal and residential treatment.

Both Cyrenian House and DAWN have been delighted with the response from consumers in accessing this unique service.



Minister for Mental Health, Andrea Mitchell, with Elise Copland and Peter Duncan at the Rick Hammersley Centre TC announcing the new beds initiative.



Hi Dianne, this is Jenny, Kylie's mom. I would just like to thank you and your staff for all the help you gave Kylie - while she was in your care. She came back with such a vibrant positive attitude and conveyed to us all the things she had learnt. She now has hope for the future. Once again thankyou

4:47 PM



Enter message



INSIDE OUR SWU CONT...



My Experience in SWU

- After many visits to rehab it's wonderfully refreshing to attend a detox unit. The only other detox I know of is Next Step, from my understanding it's quite regimented and formal. What I
- experienced at SWU is welcoming, nurturing, calming and truly
- understanding to my situation.
- As soon as I entered I felt cared for and feel safe. Its so important
- for me to be safe. Being in a safe environment means I'm able to
- begin my journey of healing. I was able to feel part of the
- programme, but also help develop SWU as a great detox unit.
- There's enough freedom to feel comfortable and enough comfort to
- feel safe. I also appreciated being part of the decision making
- process of my individual programme.
- The staff are beautiful people who just want the best for me. I have
- nothing but positive praise for SWU staff. I'm so grateful my
- recovery is beginning. So different for me, something will change
- because something has changed.

ABOUT OUR SWU CONSUMERS



DAYS

CONSUMERS STAYED AN
average in SWU



45%

OF CONSUMERS WERE
over 24 years old

**Meth/
Amphetamines**

68%

Alcohol

22%

Cannabis

22%

Benzos

2%

DETOX SUBSTANCES

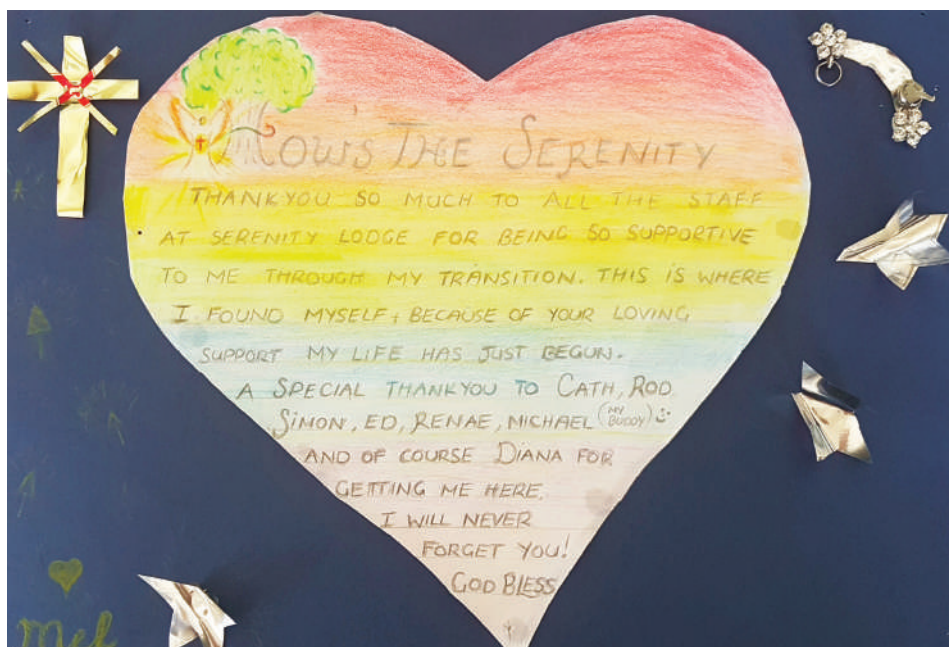
CONSUMERS SOUGHT DETOX
FROM THE ABOVE

FOSTERING RELATIONSHIPS THAT IMPROVE SERVICES AND COMMUNITY ENGAGEMENT

CONNECTING WITH OUR COMMUNITY AND STAKEHOLDERS

Cyrenian House has continued to build and develop collaborative partnerships with other key stakeholders in related sectors. Our partnership with Black Swan Health through the Partners in Recovery (PIR) Program has continued with funding being extended by the Federal Government until 2019 before the National Disability Insurance Scheme (NDIS) takes over.

The relationship with Headspace in Joondalup continues with North Metro Community Alcohol and Drug Services (NMCADS) providing AOD counselling support. In addition, talks with RUAH are underway about providing an AOD worker within the Women's Refuge.



HOW WE COMMUNICATE

- Vision, Mission and Values
- Reports to funders
- Presentations at AOD conferences
- Invitations to Cyrenian House events, forums and other activities
- Inter-agency engagement
- Sector Meetings
- Regular updates on the website
- Memberships to relevant peak bodies
- Peer Support Programs
- Volunteer Counselling Program
- Fundraising Golf Day
- Informing public policy
- Work in collaboration with other AOD services
- Annual General Meeting
- Consumer and community engagement
- Media Liaison
- Learning from others
- Cultural Celebrations
- Open days

NATIONAL RECONCILIATION WEEK CELEBRATIONS....

"LET'S TAKE THE NEXT STEPS"

As part of the Cyrenian House annual National Reconciliation Week celebrations, the Rick Hammersley Centre Therapeutic Community came together to prepare for the Reconciliation Event. A bonfire was lit in the centre of the Aboriginal Meeting place, and the community shared a meal of kangaroo tail and kangaroo

stew. This event brought together staff, residents and representatives from other organisations as part of our celebration.

Our Aboriginal consultant led the celebration, encouraging all participants to connect with their ancestors and the earth using their senses as he

shared traditional aboriginal stories with the group. A Smoking Ceremony was held, smoking the people, land and buildings to cleanse the space, followed by didgeridoo playing and dancing. One Aboriginal resident described the day as *"really emotional I felt connected to culture and it took me back to being a child"*.



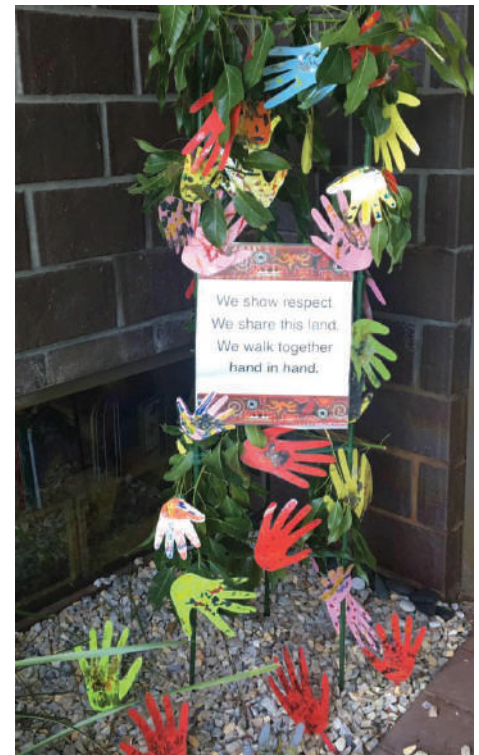
SARANNA EARLY CHILDHOOD EDUCATION AND CARE CENTRE

The Saranna Early Childhood Education and Care Centre (SECECC) has increased significantly in its utilisation over the last 12 month period with a continual average occupancy rate of approximately 95%. With over 22 early childhood educators, SECECC continuously works in a collaborative manner to support positive outcomes for the children and families engaging in the Rick Hammersley Centre Therapeutic Community.

Both services meet on a weekly basis and have developed a strong working relationship which has proven to be extremely beneficial for children and their families. With a focus on positive parenting involving emphasis on loving attention to build a child's strength and resilience and assist mothers to strengthen their parenting

capacity, while providing social and practical supports to the whole family.

Saranna Early Childhood Education and Care Centre (SECECC) supports the continuous quality improvement process with a focus on cultural competency and securing better access and service quality for Aboriginal and Torres Strait Islander children and their families. The SECECC ensures educators meet the National Quality Standards (NQS) and most importantly have a genuine understanding, respect and relationships with Aboriginal and Torres Strait Islander culture, communities, children and families. The educational program and daily activities run within the centre aim to promote conversations, increase awareness and understanding and supports culturally inclusive practice.



In 2016, SECECC was successful in gaining a rating of "Exceeding" for the National Quality Standards.



I want to say that Saranna Early Childhood Centre is in a beautiful place surround by nature and also very welcoming environment inside the centre. Congratulations Saranna team!

Camila

CYRENIAN HOUSE CHARITY GOLF DAY, 2016

The annual Cyrenian House Charity Golf Day attracted 103 players from various organisations and companies as they joined together to support our specialised service in making a positive difference in the lives of people affected by alcohol and other drugs. This fun filled day not only provides an opportunity for individuals to enjoy a relaxing day in a beautiful environment, but also offers an occasion for networking and relationship development between organisations.





DRUG AWARE METHAMPHETAMINE CAMPAIGN

As part of the Drug Aware Methamphetamine Campaign, Austereo featured a dedicated program on a range of important issues on methamphetamine use in WA.

Some key details about the program included:

- ListenupWA dedicated a one hour program focusing on the current issues experienced in WA regarding Meth.
- The program ran from 6-7pm on a Thursday, commercial free (this has never happened before).
- The program was broadcast state-wide across all the Austereo network e.g. 92.9, 94.5, and their equivalent regional stations.

The show was delivered in a 'Hack' interview style manner and featured:

Timothy Marney – Commissioner of Mental Health Commission whose remit includes alcohol and other drug prevention, early intervention and treatment.

Prof Steve Allsop – Director of National Drug Research Institute who leads the national and state methamphetamine strategy development and research.

Carol Daws – Chief Executive Officer of Cyrenian House alcohol and other drug treatment service.

Patricia Westmacott – Coordinator of Parent and Family Services, Mental Health Commission.

James (Jim) Migro – Detective Superintendent Liquor Enforcement Unit, WA Police.

Prof Daniel Fatovich – Professor of Emergency Medicine, Royal Perth Hospital and University of Western Australia.

Liana Marrone – Coordinator of Alcohol and Drug Support Service (ADSS), Mental Health Commission.

Each of these experts also appeared on the support videos currently featured in the Drug Aware Methamphetamine campaign all speaking on the issues within their field of expertise.

OPTIMISING SYSTEMS AND RESOURCES THAT SUPPORT CYRENIAN HOUSE'S EXCELLENCE AND SUSTAINABILITY

Cyrenian House continues to plan and develop services and facilities in response to the needs of the dynamic and ever changing consumer group engaging with our service. Our continued commitment to the provision of quality AOD treatment services, despite the uncertain funding climate is testament to our passion and determination to achieve positive outcomes for consumers and their families.

Some time ago Cyrenian House recognised the need to expand our facilities at the Rick Hammersley Centre Therapeutic Community (RHCTC) to meet the increasing demands for service. Commencement of the initial design and planning for a new commercial kitchen commenced

as well as the planning for several other buildings to accommodate extra counselling space, and an IT training facility. With the State Government's recent expansion of residential rehabilitation beds in WA, the need for the completion of these new buildings became imperative.

Cyrenian House engaged the services of Morley Davis Architects to assist in the planning and design of the new commercial kitchen/HUB building with FIRM Construction completing the build in June 2017.

The Cyrenian House Therapeutic Communities (TC's) have a large focus on the continual expansion of strategies to assist in the development of coping and life skills of our

residents. The TC program offers education and support to residents who are learning to master basic life skills as part of their ongoing recovery which leads to healthy lifestyles outside of treatment. Comprehensive life skills are mandatory and provide residents with the tools they require to adapt to the obligations and challenges of everyday life.

The new transportable buildings at RHCTC will provide increased opportunity for residents to access up to date IT systems for training and personal education and development. This will assist in their future employment opportunities and increased general wellbeing once they transition into the mainstream community.



SERVICES FAMILIARISATION PROGRAM

New initiative...

The Services Familiarisation Program originated as a response to feedback from the Cyrenian House staff team who were seeking an opportunity to learn more about other services across Cyrenian House.

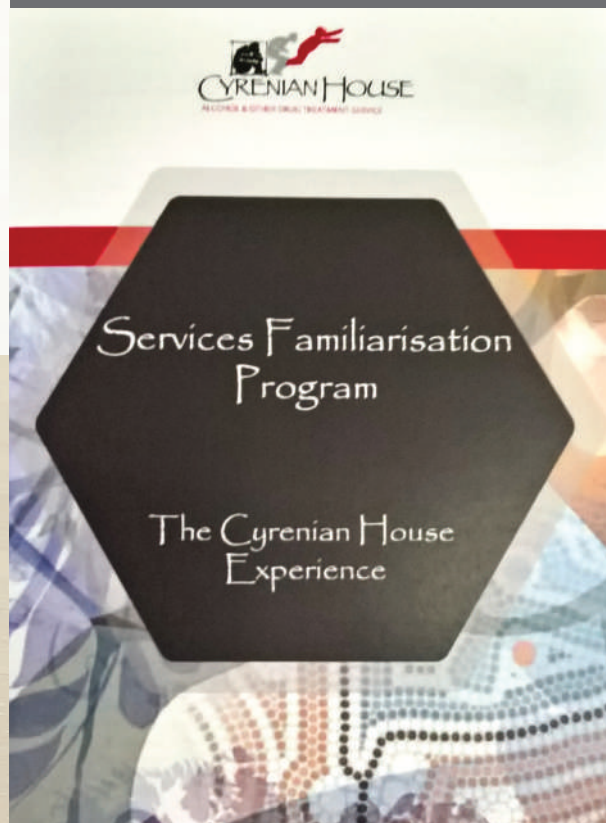
This new program encourages workers from metropolitan sites to spend time at other Cyrenian House services to develop a sound holistic understanding of the organisation and to develop their knowledge of referral pathways across services.

A Services Familiarisation Program booklet was developed to support the program and sets out the 'service menus' available at each site, i.e. what staff can expect to experience from a visit or a short term placement at each of the services. The booklet also outlines how to nominate for participation in the program.

Cyrenian House is pleased to report a positive response to this new initiative with an active uptake of this opportunity from many members of the staff team.

"I am grateful for the opportunity to visit the TC as I feel I have a much better understanding of how the whole process works rather than just the part I am working in. My knowledge of the services we provide has increased significantly and I feel confident in my ability to contribute to the organisation as a whole rather than as a part of just one service"

Jack – Cyrenian House employee



CRAIG'S STORY.....

I am currently a resident of Serenity Lodge, Rockingham. I have had a major drug problem since my early teens and have used habitually for the last 20 years. Due to my continued drug use I have developed mental health issues such as anxiety, psychosis, drug induced schizophrenia and paranoia. Since 2012 I have been hospitalised 48 times in three different states with all my stays in hospital ranging from two to eight weeks. When I wasn't in hospital I was being cared for by my elderly parents who looked after me 24 hrs a day as I couldn't be left alone in case I hurt someone or hurt myself.

I am now able to speak to my family about things like careers, my own housing and one day starting my own family. All things that nine months ago would only have been a dream.

I have not been back to hospital in nine months which in itself is a miracle and from where I sit now it is unimaginable to think of going back.

The staff at the TC have been invaluable in helping me not only deal with my addiction but also with my mental health issues.

" I no longer have crushing anxiety that I can't breathe, I no longer am running around the streets screaming like a mad person, I am no longer dependent on 24 hour care. The TC has actually given me hope, hope for a future. "

In coming to rehab I had no idea what to expect or if there was any hope for me. The last few years have been so bad that my family had resigned to the fact that I had done so much damage to my mind, I couldn't be fixed.

I have been at Serenity Lodge now for 9 months. I can say that the changes in myself are a true miracle.

The one thing I tell people that are new to the program is that you don't have to be the best rehabber in town, you just have to show up and do your best. It's not easy and you have to commit yourself to the program but when you start to see results it is worth it in the end.

Craig

CULTURAL SECURITY, DIVERSITY AND INCLUSIVNESS

Cyrenian House is dedicated to the continual development and promotion of a mutually respectful, culturally inclusive environment contributing to our organisational culture and fulfilling our vision of healthy, inclusive and harm free communities.

Our commitment to promoting diversity and inclusiveness ensures:

- **Free expression**
- **Full participation and inclusion**
- **An environment free from abuse, harassment and unfair criticism**

As an organisation we value an environment where diversity is embraced and is embedded into the core values of our service. As such, diversity and cultural inclusiveness is reflected in our policies, procedures and every day practise.

"Finding that diversity is supported by the program, helps me be open and honest"

"Being in a diverse environment I could be open about coming out as a bisexual woman, I can love myself because I am safe."

OUR CORE TRAINING COMPONENTS INCLUDE:

- Opening Closets Training by Living Proud
- Out - What is it all about?
- CALD Training
- Cultural Security Training
- Culturally Competent Practice Training



CYRENIAN HOUSE RECONCILIATION ACTION PLAN

As an organisation, Cyrenian House celebrates diversity, upholds equality and recognises and respects Aboriginal and Torres Strait Islander peoples as Australia's First People. We are committed to ensuring the delivery of AOD services is such that no one person is afforded a less favourable outcome simply because he or she holds a different cultural outlook.

Cyrenian House acknowledges that Aboriginal and Torres Strait Islander consumers may have unique and specific needs and it is essential that these needs are met so that they may have the same health and wellbeing outcomes and life opportunities as other Australians.

Cyrenian House is currently working with Reconciliation Australia to develop our second Stretch RAP and this provides us with an opportunity to reflect and evaluate our tried and tested strategies with a focus on setting new clear and measurable targets to strengthen our ability to provide culturally secure services to our consumers.



SMOKING CEREMONY AT THE RICK HAMMERSLEY CENTRE THERAPEUTIC COMMUNITY

The annual smoking ceremony took place at the Rick Hammersley Centre TC, on Friday 3rd June 2016. This event is recognised and celebrated as part of Reconciliation Week and is fast becoming a much anticipated day on the Rick Hammersley Centre calendar.

During the event an Aboriginal Elder smoked the community members to the very special music of Mau Power and Archie Roach – Freedom.

*This is music for the free spirit
Inspiration for those who really need it*

*Not those who listen, but
those who really feel it*

Songs of our time

Teachers of our story

Let it be written in the mazes

*Survival of a culture is the
reason that we made it*

Yep

Spirit ties, keepers of our stories

And the show will go on

Words shall burn unc's

We came to tell the world! Come on!

We have survived, written in our time

Carrying our pride, raise your flags high

We have survived, keepers of our times

Carrying our pride, singing out.



A couple is seen from behind, sitting on a dark, rocky outcrop. They are both wearing plaid shirts; the woman on the left has a red and dark blue plaid shirt, and the man on the right has a white, red, and blue plaid shirt. They are looking out over a calm body of water towards a forested hill in the distance. The scene is bathed in the warm, golden light of a sunset or sunrise, with the sun low on the horizon to the right, creating a soft glow and long, gentle ripples on the water's surface. The woman has her arm around the man's shoulder. Two backpacks are on the ground next to them: a red and grey one on the left and a blue one on the right.

CYRENIAN HOUSE

FINANCIAL REPORTS 2016 | 2017

AUDITOR'S REPORT 2016



Anderson Munro & Wyllie

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INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF W.A. COUNCIL ON ADDICTIONS INC.

Opinion

We have audited the accompanying financial report of W.A. Council on Addictions Inc. ("the Entity") which comprises the Statement of financial position as at 30 June 2017, the statement of comprehensive income and statement of cash flows for the year ended on that date, a summary of significant accounting policies, other explanatory notes and the statement by members of the committee.

In our opinion:

The special purpose financial report of W.A. Council on Addictions Inc. has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-Profits Commission Act 2012*, including:

- (i) giving a true and fair view of the Entity's financial position as at 30 June 2017 and of its financial performance and cash flows for the year ended on that date; and
- (ii) complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for opinion

We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free of material misstatement. Our responsibilities under those standards are further described in the *Auditor's responsibility* section of our report. We are independent of the Entity in accordance with the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Committee's *APES 110 Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other information

The committee of the Entity is responsible for the other information. The other information comprises the information in the Entity's annual report for the year ended 30 June 2017, but does not include the financial report and the auditor's report thereon.

Our opinion on the financial report does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of the other information, we are required to report that fact. We have nothing to report in this regard.



Committee's responsibility for the financial report

The committee of the Entity is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act) and for such internal control as the committee determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the committee's either intend to liquidate the Entity or to cease operations, or have no realistic alternative to do so.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report.

The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.

The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.



We evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the Entity to express an opinion on the financial report. We are responsible for the direction, supervision and performance of the Entity audit. We remain solely responsible for our audit opinion.

We communicate with the committee regarding, amongst other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements. We also provide the committee with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.

From the matters communicated with the committee, we determine those matters that were of most significance in the audit of the financial report of the current period and are therefore key audit matters. We describe these matters in our auditor's report unless law or regulation precludes public disclosure about the matter or when, in extremely rare circumstances, we determine that a matter should not be communicated in our report because the adverse consequences of doing so would reasonably be expected to outweigh the public interest benefits of such communication.

Anderson Munro + Wyllie

ANDERSON MUNRO & WYLLIE

Chartered Accountants

Address: Unit 8, 210 Winton Road, Joondalup, Western Australia

Martin Shone

MARTIN SHONE

Principal & Registered Entity Auditor

Dated at Perth, Western Australia this 26th day of October 2017

STATEMENT BY MEMBERS OF THE COMMITTEE

**WA COUNCIL ON ADDICTIONS INC.
DECLARATION BY MEMBERS OF THE COMMITTEE**

The committee has determined that the association is not a reporting entity.

The committee has determined that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

The members of the committee declare that in the opinion of the committee the attached financial report

- 1. Presents fairly the financial position of the WA Council on Addictions Inc. as at 30 June 2017 and its performance for the year ended on that date.
- 2. At the date of this statement, there are reasonable grounds to believe that the WA Council on Addictions Inc. will be able to pay its debts as and when they fall due.
- 3. The financial statements and notes satisfy the requirements of the Australian Charities and Not-for-profits Commission Act 2012.

This statement is made in accordance with a resolution of the committee and is signed for and on behalf of the committee by:

President.....
MATTHEW VAN RIESSEN

Chief Executive Officer.....
CAROL DAWS

Dated this 19th day of October 2017

FINANCIAL STATEMENTS

STATEMENT OF COMPREHENSIVE INCOME

W.A. Council on Addictions Inc.
Statement of Comprehensive Income
for the year ended 30 June 2017

	2017 (\$)	2016 (\$)
REVENUE		
Fees & charges	3,264,684	2,711,652
Grants - State	9,152,048	8,341,977
Grants - Federal	848,984	870,057
Grants - other	1,774,425	43,239
Grants - unexpended	4,250	6,700
Financial income	263,367	264,973
Donations	18,270	43,901
Fundraising income	44,866	41,186
Other income	57,853	47,602
	<u>15,428,747</u>	<u>12,371,287</u>
EXPENDITURE		
Administration and finance costs	1,166,138	1,023,760
Employment, education and training expenses	8,922,844	8,231,260
Cost of services and sale of goods	2,107,059	1,888,283
Depreciation and amortisation expenses	652,374	386,096
Fundraising expenses	22,716	17,653
	<u>12,871,131</u>	<u>11,547,052</u>
NET SURPLUS (see note 2)	<u><u>2,557,616</u></u>	<u><u>824,235</u></u>
OTHER COMPREHENSIVE INCOME		
Other Comprehensive Income	-	-
TOTAL COMPREHENSIVE INCOME FOR THE YEAR	<u><u>2,557,616</u></u>	<u><u>824,235</u></u>

FINANCIAL STATEMENTS

STATEMENT OF FINANCIAL POSITION

WA Council on Addictions Inc. Statement of Financial Position as at 30 June 2017

		2017 (\$)	2016 (\$)
CURRENT ASSETS			
Cash and cash equivalents		10,380,979	9,422,786
Trade and other receivables		841	1,741
Other current assets		146,444	32,544
Total current assets		<u>10,528,264</u>	<u>9,457,071</u>
NON-CURRENT ASSETS			
Land & buildings at cost	7,817,293		
less: Accumulated depreciation	<u>(758,714)</u>	7,058,579	5,381,802
Leasehold Improvements	820,362		
Less Accumulated depreciation	<u>(206,407)</u>	613,955	737,009
Plant & equipment at cost	1,668,278		
less: Accumulated depreciation	<u>(1,083,140)</u>	585,138	689,489
Motor vehicles - at cost	737,761		
less: Accumulated depreciation	<u>(420,812)</u>	316,949	302,880
Works in Progress		533,088	173,893
Total non-current assets		<u>9,107,709</u>	<u>7,285,073</u>
Total assets		<u>19,635,973</u>	<u>16,742,144</u>
CURRENT LIABILITIES			
Income In advance		51,853	-
Grants/funds unexpended		4,050	8,300
Other liabilities		4,455	63,321
Taxation liabilities		226,182	113,677
Client funds held in trust		11,395	7,724
Trade Creditors		560,045	142,391
Provision for employee entitlements		1,102,379	1,039,464
Total current liabilities		<u>1,960,359</u>	<u>1,374,877</u>
NON-CURRENT LIABILITIES			
Provision for employee entitlements		327,258	211,521
Total non-current liabilities		<u>327,258</u>	<u>211,521</u>
Total liabilities		<u>2,287,617</u>	<u>1,586,398</u>
NET ASSETS		<u>17,348,356</u>	<u>15,155,745</u>
ACCUMULATED FUNDS			
Accumulated surplus		17,263,644	14,706,028
Reserve for future services		84,712	449,717
TOTAL ACCUMULATED FUNDS		<u>17,348,356</u>	<u>15,155,745</u>

FINANCIAL STATEMENTS

STATEMENT OF CASH FLOW

WA Council on Addictions Inc.
Statement of Cash Flows
for the year ended 30 June 2017

	2017 (\$)	2016 (\$)
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from funding providers	11,462,305	9,099,295
Receipts from customers	3,441,620	2,823,506
Payments to suppliers	(11,571,377)	(10,669,312)
Interest received	100,149	204,507
Net cash generated from operating activities	<u>3,432,697</u>	<u>1,457,996</u>
CASH FLOWS FROM INVESTING ACTIVITIES		
Payment for property, plant and equipment	(2,502,304)	(395,776)
Proceeds from sales of property, plant and equipment	27,800	25,850
Net cash generated from operating activities	<u>(2,474,504)</u>	<u>(369,926)</u>
CASH FLOWS FROM FINANCING ACTIVITIES		
Net cash used in financing activities	-	-
Net cash used in financing activities	<u>-</u>	<u>-</u>
NET INCREASE IN CASH HELD	958,193	1,088,070
Cash at the beginning of the financial year	9,422,786	8,334,716
Cash at the end of the financial year	<u><u>10,380,979</u></u>	<u><u>9,422,786</u></u>

W.A. COUNCIL ON ADDICTIONS INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2017

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act Western Australia. The committee has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act Western Australia and the following Australian Accounting Standards:

AASB 101	Presentation of Financial Statements
AASB 108	Accounting Policies, Changes in Accounting Estimates and Errors
AASB 110	Events After Balance Date
AASB 1031	Materiality
AASB 1048	Interpretation of Standards
AASB 1054	Additional Disclosures

The financial statements have been prepared on an accruals basis and are based on historical costs and except where stated, do not take into account changing money values or fair values of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of these financial statements.

a. Income Tax

The W.A. Council on Addictions Inc. is a non-profit organisation and is exempt from income tax (sec. 50-10) under the Income Tax Assessment Act 1997.

b. Property, Plant and Equipment

All non-current assets have limited useful lives and are depreciated using the straight line method over their estimated useful lives.

Assets are depreciated from the date of acquisition or, in respect of internally constructed assets, from the time an asset is completed and held ready for use.

Land is brought to account at cost. No provision for depreciation is made on Land. Buildings are carried at cost, less accumulated depreciation, when a cost (independent of the land) has been determined.

Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

Assets are only capitalised where the value is greater than \$1,000 or in cases of multiple similar items, individually less than \$1,000, where the combined purchase of the items is greater than \$5,000.

Depreciation rates and methods are periodically reviewed for appropriateness and any adjustments are prospectively reflected in current and future periods only. Depreciation amounts are expensed.

W.A. COUNCIL ON ADDICTIONS INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2017

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (cont'd)

Rates of depreciation for the various class of assets are as follows:

	2017	2016
Land and Buildings	5%	2.5%
Leasehold Improvements	5% - 15%	2.5 - 10%
Plant and equipment	15% - 33%	8% - 15%
Motor vehicles	15%	15%

c. Impairment of Assets

The committee reviews the carrying amounts of its non-current assets each reporting date to determine whether there is any indication of impairment. If any such indication exists, then the asset's recoverable amount is estimated. If the carrying amount of a non-current asset exceeds its recoverable amount, the asset is written down to the lower amount. The write-down is recognised as an expense in the Statement of Comprehensive Income.

When a group of assets working together supports the generation of cash inflows, recoverable amount is assessed in relation to that group of assets.

d. Employee Benefits

Provision is made for the association's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee benefits have been measured at the amounts expected to be paid when the liability is settled.

e. Provisions

Provisions are recognised when the association has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. The amount recognised as a provision is the best estimate of the amounts required to settle the obligation at the end of the reporting period, taking into account the risks and uncertainties surrounding the obligation.

f. Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, and other short-term highly liquid amounts with original maturities of less than twelve months.

g. Accounts Receivable and Other Debtors

Accounts receivable and other debtors are generally settled within 30 days and therefore carried at amounts due. A provision is established at the time a specific debt is considered doubtful. Bad debts are written off when identified.

W.A. COUNCIL ON ADDICTIONS INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2017

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (cont'd)

h. Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised as it accrues, taking into account the effective yield on the financial asset. Dividend revenue is recognised when the right to receive a dividend has been established.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt.

If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

i. Leases

Leases of property, plant and equipment, where substantially all the risks and benefits incidental to the ownership of the asset (but not the legal ownership) are transferred to the association, are classified as finance leases.

Finance leases are capitalised by recording an asset and a liability at the lower of the amounts equal to the fair value of the leased property or the present value of the minimum lease payments, including any guaranteed residual values. Lease payments are allocated between the reduction of the lease liability and the lease interest expense for that period.

Leased assets are depreciated on a straight-line basis over the shorter of their estimated useful lives or the lease term. Lease payments for operating leases, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

j. Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable.

The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the assets and liabilities statement.

k. Accounts Payable and Other Payables

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

l. Capital Commitment

The Council has no material capital commitment as at 30 June 2017.

W.A. COUNCIL ON ADDICTIONS INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2017

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (cont'd)

m. Contingent Asset

There were no material contingent assets existing at 30 June 2017.

n. Contingent Liability

There were no material contingent liabilities existing at 30 June 2017.

NOTE 2: SURPLUS FOR THE YEAR

The surplus for the year as per the income and expenditure statement does not reflect capital expenditure (other than per the notes and the nominal depreciation charge for new additions). The following table shows the surplus after capital expenditure for the year:

	\$
As per income and expenditure statement	2,557,616
Less: Capital expenditure made during the year	<u>(2,502,304)</u>
Surplus after capital expenditure for the year	55,312

NOTE 3: CASH FLOW INFORMATION

a) Reconciliation of Cash

	2017 (\$)	2016 (\$)
Cash at bank	10,379,679	9,441,586
Cash in hand	1,300	1,200
	<u>10,380,979</u>	<u>9,442,786</u>

b) Reconciliation of Cash flow from operations with surplus

Total Comprehensive Income for the year	2,557,616	824,235
<u>Non cash flows</u>		
Depreciation and amortisation	652,374	386,096
Reserve transfers	(365,005)	-
(Profit)/Loss on asset sales	(506)	(9,984)
<u>Changes in assets and liabilities</u>		
Decrease/(increase) in receivables and other assets	(113,000)	(945)
(Decrease)/increase in prepaid income	47,603	(162,678)
(Decrease)/increase in trade and other payables	474,964	149,601
(Decrease)/increase in provisions	178,651	271,671
Cash flows provided by operating activities	<u>3,432,697</u>	<u>1,457,996</u>

"After many years of seeking treatment for my Borderline Personality Disorder through psychiatrists, psychologists, detox centres & group therapy (amongst other things) I decided it was time for long term treatment of my issues with drugs & alcohol. I specifically chose Cyrenian House for their holistic approach to Drug and Alcohol addiction. While seeking treatment for my addiction I was also able to attend counselling sessions & maintain taking medication for my mental health issues.

There was the opportunity to participate in mental health specific groups as well as checking in with staff on a daily basis. I was treated with respect and my mental health was always taken into consideration. Cyrenian House was a very safe environment for me to work on myself. Since completing the treatment program I have not had any depressive episodes and my ability to deal with my anxiety has improved out of sight. My mental health has never been better!"

Resident, RHCTC

ACKNOWLEDGEMENTS

Cyrenian House would like to acknowledge our 2016/2017 funders for their valuable contribution to our organisation.

- Department of Attorney General
- Department of Prime Minister and cabinet
- Lotterywest
- Mental Health Commission
- The Australian Government Department of Health
- WA Primary Health Alliance (WAPHA)
- Blackswan Health
- Department of Justice
- Southern Districts Rotary Club

Throughout the year Cyrenian House receives many kind and generous donations from families and individuals who support our service. It is with heartfelt gratitude that we thank you.

We would also like to thank our partners and stakeholders for their continued support.

- | | |
|--|---|
| • Aboriginal Alcohol and Drug Service (AADS) | • Western Australian Council of Social Services (WACOSS) |
| • Anglicare, WA | • Western Australian Association of Mental Health (WAAMH) |
| • Australia Therapeutic Communities Association | • Ruah |
| • Drug and Alcohol Withdrawal Network (DAWN) | • CEWA |
| • Headspace | • WANILS |
| • Holyoake | • Next Step Drug and Alcohol Services |
| • Mental Health Matters 2 | • Richmond wellbeing |
| • Morley Davis Architects | • Inner City Mental Health |
| • Outcare | • Palmerston Association |
| • Western Australian Network of Alcohol and other Drug Agencies (WANADA) | • WAPHA |
| | • Milliya Rumurra |



*"We respectfully acknowledge the past, present and future
Traditional Custodians of this land, the Whadjuk Nyoongar people.
It is a privilege to be standing on Whadjuk Nyoongar country."*

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