

## Holyoake Services

### Victoria Park

75 Canning Highway, Victoria Park, WA 6100  
PO Box 322, Victoria Park, WA 6979

**P:** (08) 9416 4444 **F:** (08) 9416 4443 **E:** clientservices@holyoake.org.au

### Midland

4 Stafford Street, Midland, WA 6056

**P:** (08) 9274 7055 **F:** (08) 9274 7066  
**E:** midland\_reception@holyoake.org.au

### Northam

4 Elizabeth Place, Northam, WA 6401 (PO Box 375)

**P:** (08) 9621 1055 **Freecall:** 1800 447 172 **F:** (08) 9621 1077  
**E:** adminnortham@holyoake.org.au

Northam Family Practice, 33 Wellington Street - Sundays 9am to 1pm

### Narrogin

Community Mental Health Building Hospital Grounds  
Williams Street, Narrogin, WA 6312

**P:** (08) 9881 1999 **Freecall:** 1800 447 172 **F:** (08) 9881 1966  
**E:** adminnortham@holyoake.org.au

### Merredin

Kitchener Road, Merredin, WA 6415

**P:** (08) 9081 3396 **Freecall:** 1800 447 172  
**E:** adminnortham@holyoake.org.au

[holyoake.org.au](http://holyoake.org.au)

## Cyrenian House Services

### Non-residential Services

318 Fitzgerald Street, Perth, 6000

**P:** 9328 9200 **E:** enquiry@cyrenianhouse.com  
**B:** Bus Routes 19 or 960

### Rick Hammersley Centre Therapeutic Community Mixed Gender Program & Saranna Women & Children's Program

Contact us through Non-residential Services

### Serenity Lodge Therapeutic Community

Contact us through Non-residential Services

### Serenity Withdrawal Unit

**P:** 9388 5000 **E:** enquiry@cyrenianhouse.com

### North Metro Community Alcohol & Drug Service

#### Joondalup

10 Clarke Crescent, Joondalup, 6027

**P:** 9301 3200 **T:** Joondalup Train Line

#### Warwick

26 Dugdale Street, Warwick, 6024

**P:** 9246 6767 **B:** Bus Routes 446 or 447

### Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725

**P:** 9192 6400 **E:** CHMRreception@cyrenianhouse.com

### Saranna Early Childhood Education & Care Centre

920 Gnangara Road, Cullacabardee, 6067

**P:** 9302 6444 **E:** SECECCadmin@cyrenianhouse.com

### Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150

**P:** 9218 7926

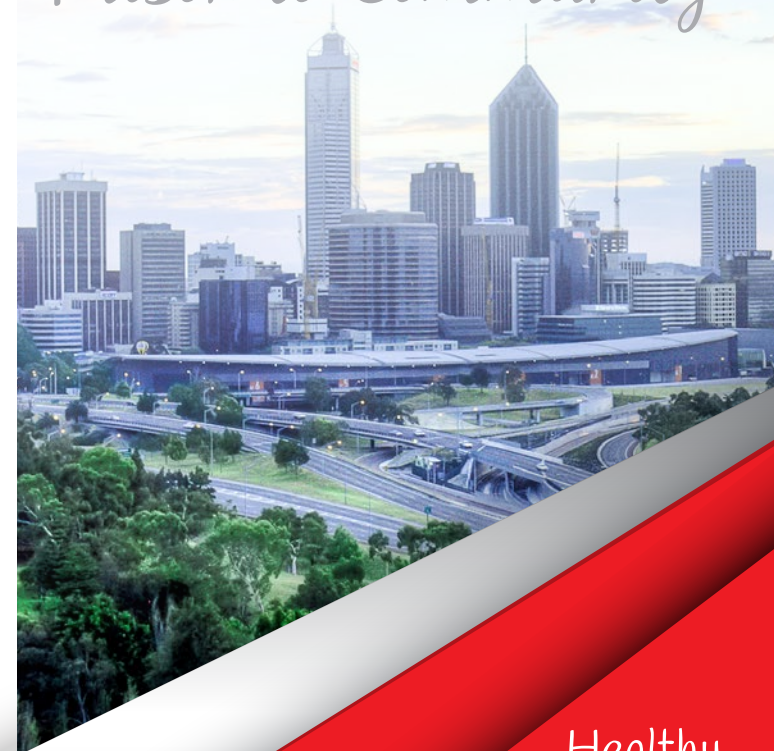
[cyrenianhouse.com](http://cyrenianhouse.com)



# ADAPT

ALLIED DRUG & ALCOHOL PROGRAMS & TREATMENT

*Prison to Community*



Healthy,  
inclusive and  
harm-free  
communities

Cyrenian House is a leading non-government provider of alcohol and other drug (AOD) treatment services in WA. Cyrenian House offers a range of services both residential and non-residential to individuals, families and friends who are experiencing difficulties with AOD use.

Holyoake is a leading non-government provider of AOD treatment services in WA. Holyoake provides a broad range of individual and group AOD programs targeting different cohorts – men, women, partners, couples, parents, adolescents and young children.

Cyrenian House and Holyoake support and uphold a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTIQ+ communities.

*All services provided are confidential and free of charge*

Cyrenian House and Holyoake acknowledges the past, present and future Traditional Custodians of this land and recognize that our services are situated on Whadjuk Nyoongar Country, Balardong Nyoongar Country, Wilman Nyoongar Country, Nadji Nadji Nyoongar Country and Yaruwu Country.



*Cyrenian House and Holyoake are certified against the Alcohol and Other Drug and Human Services Standard and the Australasian Therapeutic Communities Association Standard.*

## Allied Drug and Alcohol Programs and Treatment

Allied Drug and Alcohol Programs and Treatment (ADAPT) is a partnership between Cyrenian House and Holyoake to deliver the AOD treatment services across the public metropolitan prisons in Western Australia.



### Through-care Counselling Service

The Through-care Counselling Service is a pre and post release AOD counselling service that aims to provide support to individuals as they negotiate the, often difficult, transition of moving from living in the prison to living in the community. The counsellors engage with prisoners for six sessions three months prior to release, and six sessions for up to six months post release.

Contact the Transitional Manager to apply.

### Pathways

Pathways is a psychotherapeutic, psychoeducational group program designed to address AOD use and offending behaviour. It is a 100 hour program delivered across 25 days. The program is a cognitive-behavioural based program that aims to challenge an individual's unhelpful thinking patterns and build relationship and community skills. Prisoners are referred onto the program by the Department of Justice.



*I feel I have grown and developed to a more positive empowered person. Thank you for teaching me how to deal with life and arming me with the tools to stay drug and crime free.*

## Moral Reconciliation Therapy

Moral Reconciliation Therapy (MRT) is a cognitive-behavioural treatment program designed to help promote positive self-identity and to help individuals make better decisions for themselves and for the people around them. The group operates with an open-ended group format, meaning consumers can enter the group at any time. The program consists of 12 steps. Program participants complete the steps as homework outside of the group and then present each step during group time.

Speak to the Transitional Manager to see if this is currently running in your prison.

## Methamphetamine Program

The Methamphetamine Program is a six session, voluntary group program aimed at helping prisoners address the issues surrounding their problematic methamphetamine use. It helps individuals learn strategies to cope with triggers and cravings for methamphetamine use and aims to reduce an individual's risk of relapse.

Speak to the Transitional Manager to see if this is currently running in your prison.

## How to access the service

If you would like to engage with ADAPT services speak to the Transitional Manager at your prison.