



# Saranna Women and Children's Program



Healthy,  
inclusive and  
harm-free  
communities

## Our Services

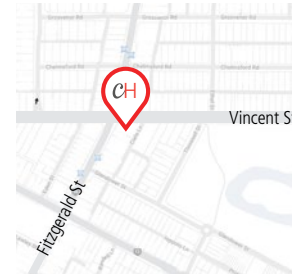
### Non-residential Services

318 Fitzgerald Street, Perth, 6000

**P:** 9328 9200

**E:** enquiry@cyrenianhouse.com

**B:** Bus Routes 19 or 960



### Rick Hammersley Centre Therapeutic Community Mixed Gender Program & Saranna Women & Children's Program

Contact us through Non-residential Services

### Serenity Lodge Therapeutic Community

Contact us through Non-residential Services

### Serenity Withdrawal Unit

**P:** 9388 5000 **E:** enquiry@cyrenianhouse.com

### North Metro Community Alcohol & Drug Service

#### Joondalup

10 Clarke Crescent, Joondalup, 6027

**P:** 9301 3200 **T:** Joondalup Train Line

#### Warwick

26 Dugdale Street, Warwick, 6024

**P:** 9246 6767 **B:** Bus Routes 446 or 447

### Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725

**P:** 9192 6400 **E:** CHMRreception@cyrenianhouse.com

### Saranna Early Childhood Education & Care Centre

920 Gnangara Road, Cullacabardee, 6067

**P:** 9302 6444 **E:** SECECCadmin@cyrenianhouse.com

### Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150

**P:** 9218 7926

cyrenianhouse.com



We learn how to survive feelings and challenges, and grow to thrive for ourselves and our children...



By coming to Saranna for recovery, women can not only achieve freedom from the grip of alcohol and drugs, but discover who they really are...

## How to access the service

- If you are a mother with children and you are experiencing difficulties with your use of alcohol and other drugs, we can help.
- Please contact our Saranna Outreach Worker on 9328 9200.

Cyrenian House is a not-for-profit non-government organisation that has been operating within the alcohol and other drug (AOD) treatment sector since 1981. Cyrenian House has demonstrated an enduring capacity to deliver a professional and effective treatment service and is one of the leading AOD treatment services in Western Australia.

Cyrenian House supports and upholds a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTQI+ communities.

*All services provided  
are confidential  
and free of charge*

Cyrenian House acknowledges the past, present and future Traditional Custodians of this land and recognise our services are situated on Whadjuk Nyoongar Country and Yawuru Country.



*Cyrenian House is certified against the Alcohol and Other Drug and Human Services Standard and the Australasian Therapeutic Communities Association Standard.*

## About us

The Saranna Women and Children's Program is a residential AOD treatment program where women can live with their children whilst engaging in AOD treatment. Families are accommodated in their own individual houses on the property. To enable mothers to fully participate in the treatment program children attend a local primary school, or our purpose built childcare centre located on the grounds of the property.

## Assessment

Assessments are conducted by the Saranna Outreach Worker. These sessions are usually held at our Cyrenian House Non-residential Services (NRS) but telephone assessments are available for women living in rural and remote areas. Support and referral to additional services is provided where necessary for people preparing for admission.

## Treatment

**The residential treatment program consists of:**

- Treatment plans based on individual needs
- Counselling
- Therapeutic groups
- Education groups on health, gender and parenting
- Medical services provided by the on-site weekly GP Clinic and local child health nurse
- Family support
- Life skills and emotional regulation
- Multidisciplinary case management
- Fitness program conducted by an accredited provider
- Links to community self-help groups
- Recreational activities
- Opportunities for residents to provide feedback about all elements of the service

## Continuing Care Program

**After completing the residential program families can access support through a variety of means including:**

- Ongoing counselling through NRS
- Ongoing counselling and support from the Saranna Outreach Worker at NRS
- Referral on to other AOD and/or allied health, parenting and children's services



*I am forever grateful for the Saranna Women and Children's Program. This place has saved my life. I am stronger than I ever have been and it's all thanks to this amazing place. I am a Mom again, a daughter, sister and a friend again, and know how to love again. The staff have been awesome and my community too.*

