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The TC program has helped me not only with my alcohol issues but also with my own self-care. My work has improved and relationships with my family and friends have improved.

How to access the service?

- Information groups are held weekly for people wanting to find out about Cyrenian House TC programs.
- Assessments, support and preparation for entry to the TC programs are provided at Non-residential Services in Perth.
- Telephone/Skype assessments can be conducted for people living in regional, rural and remote areas.
- Visit our website to read more information or view videos about our service.

For further information or to arrange an assessment

please contact Non-residential Services on (08) 9328 9200 or to have an assessment done locally please call 0448 770 041.

Our Services

Nannup Theraputic Community P: 0448 770 041 E: nannup@cyrenianhouse.com

Non-residential Services 318 Fitzgerald Street, Perth, 6000 P: 9328 9200 E: enquiry@cyrenianhouse.com

Rick Hammersley Centre Therapeutic Community Mixed Gender Program & Saranna Women & Children's Program

Contact us through Non-residential Services

Serenity Lodge Therapeutic Community Contact us through Non-residential Services

Serenity Withdrawal Unit P: 9388 5000 E: enquiry@cyrenianhouse.com

North Metro Community Alcohol & Drug Service Joondalup

10 Clarke Crescent, Joondalup, 6027 P: 9301 3200 T: Joondalup Train Line

Warwick 26 Dugdale Street, Warwick, 6024 P: 9246 6767 B: Bus Routes 446 or 447

Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725 P: 9192 6400 E: CHMRreception@cyrenianhouse.com

Saranna Early Childhood Education & Care Centre

920 Gnangara Road, Cullacabardee, 6067 P: 9302 6444 E: SECECCadmin@cyrenianhouse.com

Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150 P: 9218 7926

cyrenianhouse.com



Nannup Therapeutic Community

Kongal-boyal Wirin (Spirit of the South-west)

Healthy, inclusive and harm-free communities Cyrenian House is a not-for-profit non-government organisation that has been operating within the alcohol and other drug (AOD) treatment sector since 1981. Cyrenian House has demonstrated an enduring capacity to deliver a professional and effective treatment service and is one of the leading AOD treatment services in Western Australia.

Cyrenian House supports and upholds a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTQI+ communities.

All services provided are confidential and free of charge

Cyrenian House acknowledges the past, present and future Traditional Custodians of this land and recognise our services are situated on Nyoongar Country and pay our respects to Elders past, present and emerging.



Cyrenian House is certified against the Alcohol and Other Drug and Human Services Standard and the Australasian Therapeutic Communities Association Standard.

About us

The Kongal-boyal Wirin (Spirit of the South-west) Therapeutic Community is located 13km from the Nannup town centre in one of the most picturesque areas of South West WA. The facility is set on a 90 acre rural property surrounded by natural bush, with tall trees, abundant wildflowers, hilly outcrops, captivating rural views and plenty of wildlife.

The service utilises the Therapeutic Community (TC) Model of Treatment. This model concept of "Community as Method". Residents will actively participate in group living, therapy, work and activities that drive individual change and help them achieve their goals.

With an emphasis on social learning and mutual self-help, residents will address their AOD issues in a holistic way. A strengths-based approach, therapeutic interventions and positive peer support will teach and encourage self-responsibility and guide residents towards optimal health and wellbeing.

Treatment consists of a four-stage program. Residents can tailor their treatment experience to meet their individual needs and identified goals. A minimum stay of at least 16 weeks is recommended.

Consistent with the Cyrenian House commitment to the health of people who access our services, the Kongal-boyal Wirin Therapeutic Community is a tobacco free environment. Support and assistance to remain smoke free is included in the treatment program.

The service has a strong commitment to Aboriginal cultural security and learning, and welcomes both Aboriginal and non-Aboriginal people as residents.

Treatment

Program elements include:

- Treatment plans based on individual needs
- Therapeutic groups
- Education groups on health, gender and parenting
- One to one counselling
- Multidisciplinary case management
- Medical service provided by a local medical provider
- Facilitated links to community self-help groups
- Creative expression program
- Life skills and emotional regulation
- Opportunities for residents to provide feedback about all elements of the service

Continuing Care

- Transitional Housing and Support Program (THASP)
- Ongoing counselling through Cyrenian House Non-residential Services