

2019 ANNUAL REPORT



PRESIDENTS REPORT 2018 | 2019

MATTHEW VAN RIESSEN

I would like to express my appreciation to the Committee of Management for the contribution they have made over the past year.

During the 2018-2019 year, Cyrenian House launched a new Strategic Plan. The Committee of Management (COM) has continued to guide the CEO and her Executive Team towards meeting the strategic commitments within this plan, to ensure that Cyrenian House remains an influential, highly regarded, quality, alcohol and other drug treatment service. Ensuring that the consumer is central to the decisions we make will enable the organisation to remain relevant and continue to service the needs of our community.

In line with our strategic direction, and as part of our quality processes, Cyrenian House has committed funds to a number of infrastructure improvements. A new roof was fitted to our Head Office building in Fitzgerald Street Perth. The roof was fitted just after Christmas this year, during the summer months. I would like to thank the staff for their patience during this process and acknowledge the work of Stephen Scarrott our CFO for his supervision of this work.

Continuing the theme of service infrastructure improvements, perimeter lighting and a new laundry were completed at the Rick Hammersley Centre Therapeutic Community (RHCTC). The safety of our residents on a property where the terrain can be challenging, particularly at night, has now been improved.

In terms of achieving growth and progress in our service provision, the most significant developments have been within our residential services. In August 2018, the Premier of Western Australia, the

Honourable Mark McGowan MLA, officially opened Wandoo Women's Rehabilitation Prison Therapeutic Community. This project is a 77-bed facility being delivered by Cyrenian House in partnership with the Department of Justice. Wandoo provides a wonderful opportunity for women with alcohol and other drug use issues to use their time in prison effectively and work towards sustainable change in their behavior. In the past year, we have had 107 women admitted to Wandoo with 24 graduations. In addition, a number of the women who have exited prison, have made a choice to come directly into our community based Therapeutic Communities (TC) to continue treatment. I am delighted to say that no alcohol or other drugs have been detected in any urine samples collected for any resident within this program for the past year. This is an astounding result and is a testament to the staff and the model of service delivery.

A further achievement for Cyrenian House was securing funding through the State Government's election commitment to provide a new residential service in the South West of Western Australia. A consortium led by Cyrenian House and in partnership with Richmond Wellbeing and Nyoongar Outreach, have commenced delivery of a 20 bed Therapeutic Community in Nannup, which includes twelve beds for Aboriginal people and a further three low medical withdrawal beds. This operation in Nannup is a wonderful acquisition for the organisation and demonstrates our commitment to diverse consumer and community needs in our service planning to meet both existing and projected need.



Cyrenian House respectfully acknowledges the past, present and future Traditional Owners and Custodians of the land, on which our various services operate. This includes Whadjuk, Bilbelman and Yawuru Country.

The Committee of Management would like to acknowledge the Australian Government for their continued trust in Cyrenian House to provide quality services and deliver on all our contractual obligations. Without the support of our funders we would not be in the position to support our diverse range of consumers, their families and the community at large to address the many issues associated with the effects of alcohol and other drug use.



I would like to thank the CEO and her executive team for their dedication and commitment to this organisation. I am confident that with the continued growth that Cyrenian House has experienced over the past year, we will continue to extend our services to support more people affected by alcohol and other drug use to achieve significant progress in their lives.

Matthew Van Riessen
President
Cyrenian House



VISION

Healthy,
inclusive and
harm-free
communities



MISSION

An organisation that provides
the highest quality services to
make a positive and
meaningful difference in the
lives of people affected by
alcohol and other drugs.





COMMITTEE OF MANAGEMENT

The Cyrenian House Committee of Management (COM) has extensive professional expertise, business experience and knowledge of the alcohol and other drug issues facing our community. The COM continue to dedicate their time and expertise to Cyrenian House and help guide us towards achieving our vision, mission and our strategic objectives. We acknowledge each Committee of Management member for their continued support and individual contribution to Cyrenian House in this financial year.



President &
Treasurer

**Matthew
Van Riessen**

*12 years of dedication
and support*



Committee
Member

**Elise Croft
LL.B (Hons)**

*7 years of dedication
and support*



Vice President

Jenny Rogers

*14 years of dedication
and support*



Committee Member

John Stockbridge

*4 years of dedication
and support*



Committee
Member

Kim Ledger

*6 years of dedication
and support*



Committee Member

Bill Meeke

*10 months of dedication
and support*



Cyrenian House sincerely thanks our COM members!

Each COM member has diverse yet complementary skills and everyone has extended well beyond their obligations to make meaningful contributions to the development, long-term growth and governance of Cyrenian House.

CYRENIAN HOUSE LIFE MEMBERS

Chris Hammersley

Ross Lonnie

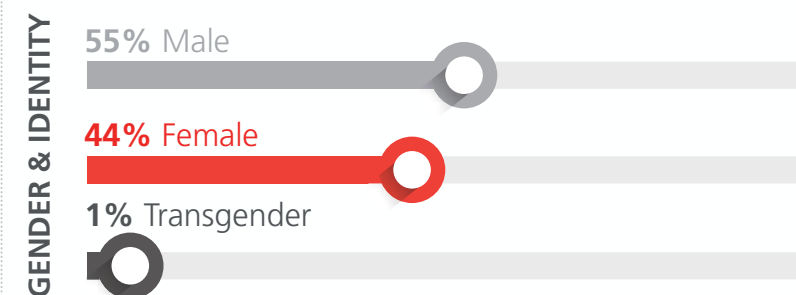
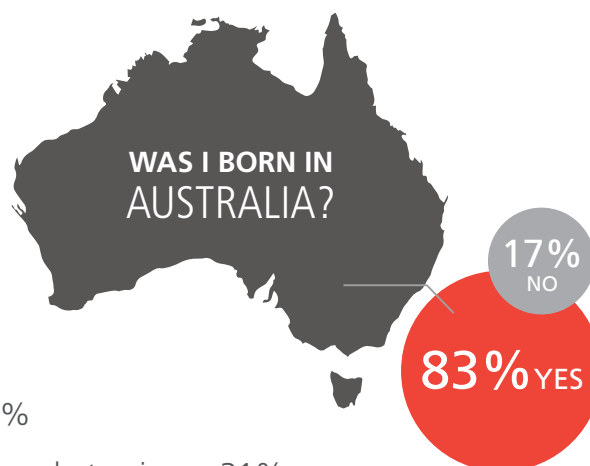
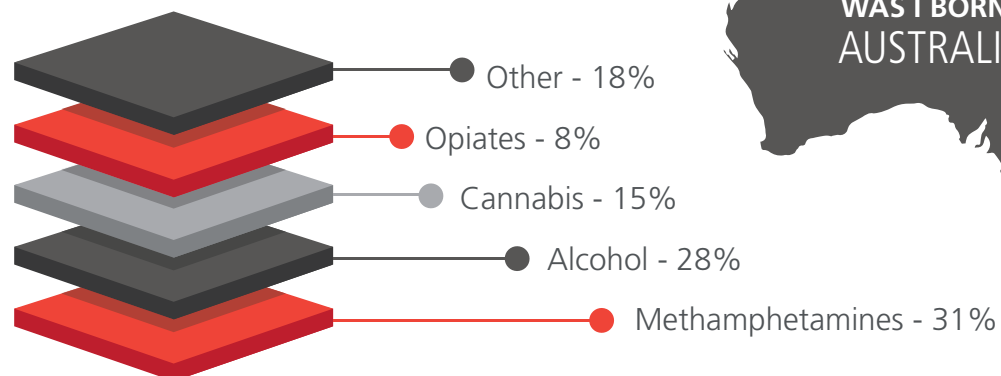
Mark Popham



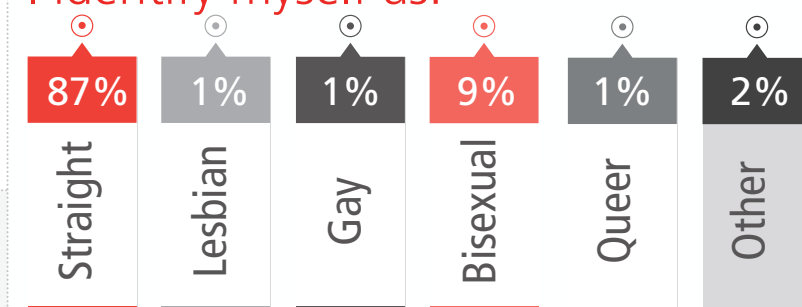
ALWAYS SHOW

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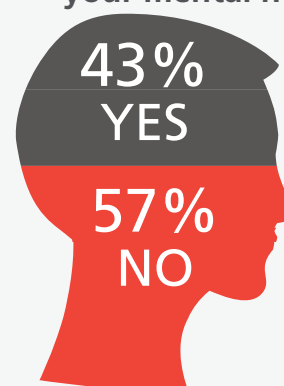
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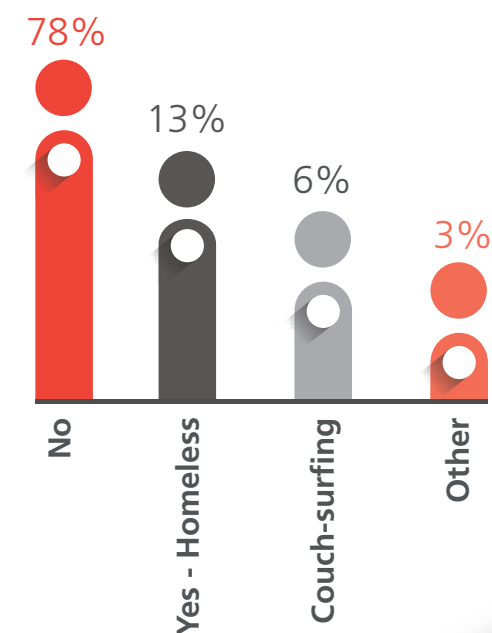
REPORTED MENTAL HEALTH CONCERNS

Other personality disorder	1%
Schizo-affective disorder	1%
Paranoia	5%
Schizophrenia	5%
Psychosis	8%
Attention Deficit Disorder (ADD)	9%
Attention Deficit Hyperactivity Disorder (ADHD)	11%
Borderline Personality Disorder (BPD)	11%
Bi-polar	12%
Other (please specify)	13%
Trauma	16%
Anxiety	22%
Depression	26%
Post-Traumatic Stress Disorder	29%
Anxiety and Depression	57%

? Do you feel concerned about your mental health



Accommodation Issues?





FEEDBACK FROM ONE OF OUR RESIDENTS



I found Cyrenian House and then all on my own I decided that I needed rehab. My experience here has been a blessing for me and my children's life. I have learnt so much about my children and myself that I don't think I would have learnt if I didn't come to this rehab. This place has saved my life in so many ways and I am so grateful that I found Cyrenian House.

Being in this place is challenging. It was like a tidal wave always crashing down, but once I learnt to surrender and accept that I really needed recovery I learnt to ride the waves and everything became more natural.



I got so much support from staff and other residents here at Cyrenian House. They have been so loving and caring towards me and my children, and always understood what I was feeling and going through. When I was struggling I always had comfort.

I have been here for ten and a half months and now I'm getting ready to leave. I can't thank Cyrenian House enough for giving me and my children our lives back. It works if you work it because you're worth it.

Charmaine - Saranna Women's and Children's Program





TRANSITION HOUSING AND SUPPORT PROGRAM (THASP)

THASP provides a stable, secure, affordable and supportive home base for graduates of the Cyrenian House TCs transitioning to life in the wider community.

Community links coupled with voluntary work, education or employment enable residents to further develop healthy social support networks. Residents support each other as a way of creating a friendly and therapeutic home environment and are supported in managing their finances, health, study and work.

FEEDBACK FROM ONE OF OUR RESIDENTS



Twenty two years of obsessive and compulsive drug use came to a grinding halt after an accidental overdose resulting in me being resuscitated. I had tried to get sober many times, but found it almost impossible due to the complexities of my addictive nature.

Driven by desperation I rang Cyrenian House who suggested that I put my faith in being part of their residential therapeutic community (TC).



Since arriving at the TC I have had many challenges, but with each challenge has come personal growth and self-awareness. I have been shown compassion, understanding and acceptance. This has given me the strength and courage to face my fears. I have learnt that the opposite of addiction is connection. With support and guidance from residents and staff I am learning how to connect with myself, with others and something beyond.

I am now nine months and nine days clean and will forever be grateful for my experience at Cyrenian House. I now feel ready for the next stage in my journey moving into a Cyrenian House THASP property.

Simon – Resident Mixed Gender Program & THASP





CEO REPORT 2018 | 2019 CAROL DAWS

In an effort to reduce methamphetamine use and related harms in Western Australia, the State Government implemented a Methamphetamine Taskforce to explore gaps in service provision across Western Australia. The end result was the development of a Methamphetamine Action Plan. The final report was released in November 2018 and provided 57 recommendations to government.

With over 5620 consumers accessing our services over the past year, it is evident that the use of methamphetamine is having an impact on both users of the substance, others impacted by the use of another and the community in general. Of particular significance, are the numbers of consumers accessing residential treatment nominating methamphetamine as their drug of choice, which has been over 50% for the past two years in both Serenity Lodge and the Rick Hammersley Centre Therapeutic Communities.

In line with this Methamphetamine Action Plan and the Government's election commitment, the State Government provided funding to a consortium led by Cyrenian House to operate 12 Aboriginal residential beds and three low medical withdrawal beds in Nannup. A further eight beds were allocated post the tender process bringing the total to 20 residential and three low medical withdrawal beds within the Nannup Therapeutic Community.

Cyrenian House has negotiated a successful partnership with Richmond Wellbeing and Nyoongar Outreach as members of this consortium who are committed to delivering quality, culturally secure, evidence-based treatment options for people who are dealing with alcohol and other drug, mental health and associated issues. After a somewhat rocky start with a potential service location in Pemberton, this new service was opened for business on 30th June 2019 near Nannup at the former Blackwood River Clinic facility.

Cyrenian House has been delighted with the welcome we have experienced from the Shire of Nannup and the local people during the implementation of this service. It has certainly been in stark contrast to the reception we received from the Shire of Manjimup and the people of Pemberton.

Continuing the theme of residential treatment, Cyrenian House and the Department of Justice celebrated one year of service delivery for the Wandoo Women's Rehabilitation Prison Therapeutic Community. I am proud to say that this milestone comes, after a great deal of hard work from Peta Hughes and her staff team and has resulted in 12 months with only one minor incident and no positive urines for any of the residents in the first year of operation. With the muster now approaching its maximum of 77 residents, the program is now operating at near full capacity.

On the 19th February 2019, Cyrenian House celebrated two important milestones for the organisation. At the Rick Hammersley Centre Therapeutic Community, the kitchen/dining/group room hub dedicated to our former President of the Committee of Management, John Simpson, was officially opened by the Honourable Alanna Clohesy MLC, Parliamentary Secretary to the Deputy Premier; Health; Mental Health. John's wife Nola Simpson and their daughters, Clairly and Cheralyn were present at the opening and were delighted to have John's valuable contribution to the organisation acknowledged in naming this building the "John Simpson Hub".

In addition to the naming of the "John Simpson Hub", Cyrenian House also officially launched our new branding. After much debate and consultation with our Committee of Management, staff and consumers about different designs and the history of the Cyrenian House logo, we settled on a refresh of the current logo, making it more contemporary.



In January 2019 Cyrenian House provided a written submission to the "Inquiry into alternate approaches to reducing illicit drug use and its effects on the community", Parliamentary Inquiry being conducted by a Senate Select Committee. On 11th March 2019 General Manager James Hunter and I appeared in person at a hearing of this Inquiry as a follow-up to, and in support of, a previously presented written submission.

Cyrenian House commends the Committee on commissioning this Inquiry. In recent years successive WA State Governments have grappled with increasing community concern about the impact of illicit drug use, particularly methamphetamine. Cyrenian House welcomed the opportunity to have a mature and responsible debate about the overall approach to illicit drug use and the prospect of reviewing our legislative and law enforcement elements. The Committee is scheduled to deliver its report to Parliament on this Inquiry by October 2019.

In October 2018, work began on the development of a second Stretch Reconciliation Action Plan (RAP) for the period January 2020 – January 2023. An internal RAP Review and Development Working Group was formed and, consistent with previous RAP development, an inclusive and collaborative approach was undertaken to review the previous RAP and further develop the Actions and Deliverables for inclusion on a new document.



Cyrenian House would like to acknowledge the support and expertise of all participants involved in the ongoing development and implementation of our RAP.

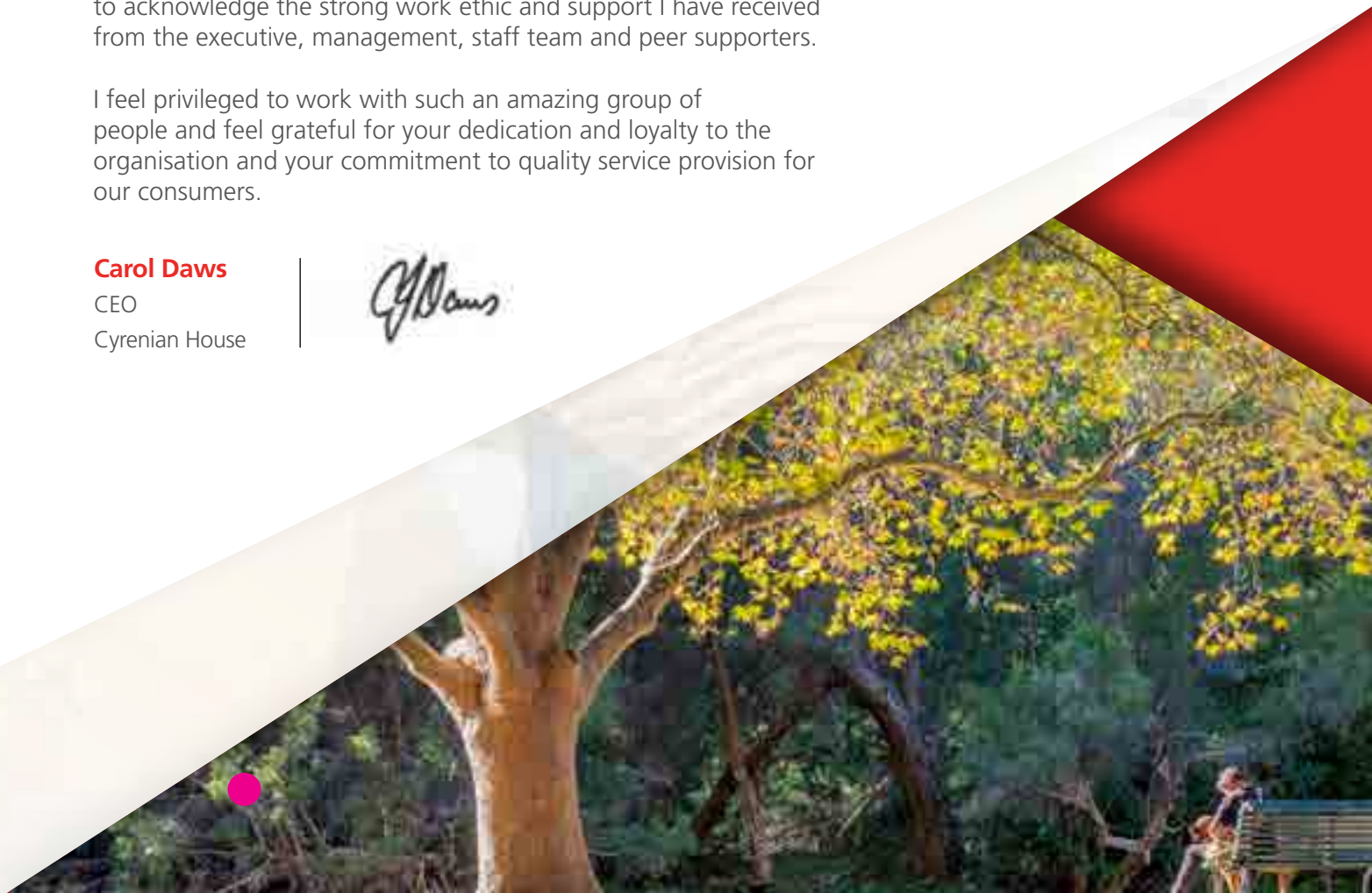
We would like to thank our stakeholders, especially acknowledging the support provided by Aboriginal people. Many thanks also to Reconciliation Australia for their comprehensive feedback and expert guidance throughout the Stretch RAP development process. We hope to have the new RAP ready to be launched later this year.

In closing I would like to thank the President, Matt Van Riessen and the members of the Committee of Management for your ongoing support and guidance over the past year. I would also like to acknowledge the strong work ethic and support I have received from the executive, management, staff team and peer supporters.

I feel privileged to work with such an amazing group of people and feel grateful for your dedication and loyalty to the organisation and your commitment to quality service provision for our consumers.

Carol Daws

CEO
Cyrenian House





FEEDBACK FROM ONE OF OUR RESIDENTS



I spent 10 months in residential treatment at Cyrenian House. It changed my life. I have had countless interventions for my mental health issues but none have been as effective as my time at Cyrenian House. I was a mess.

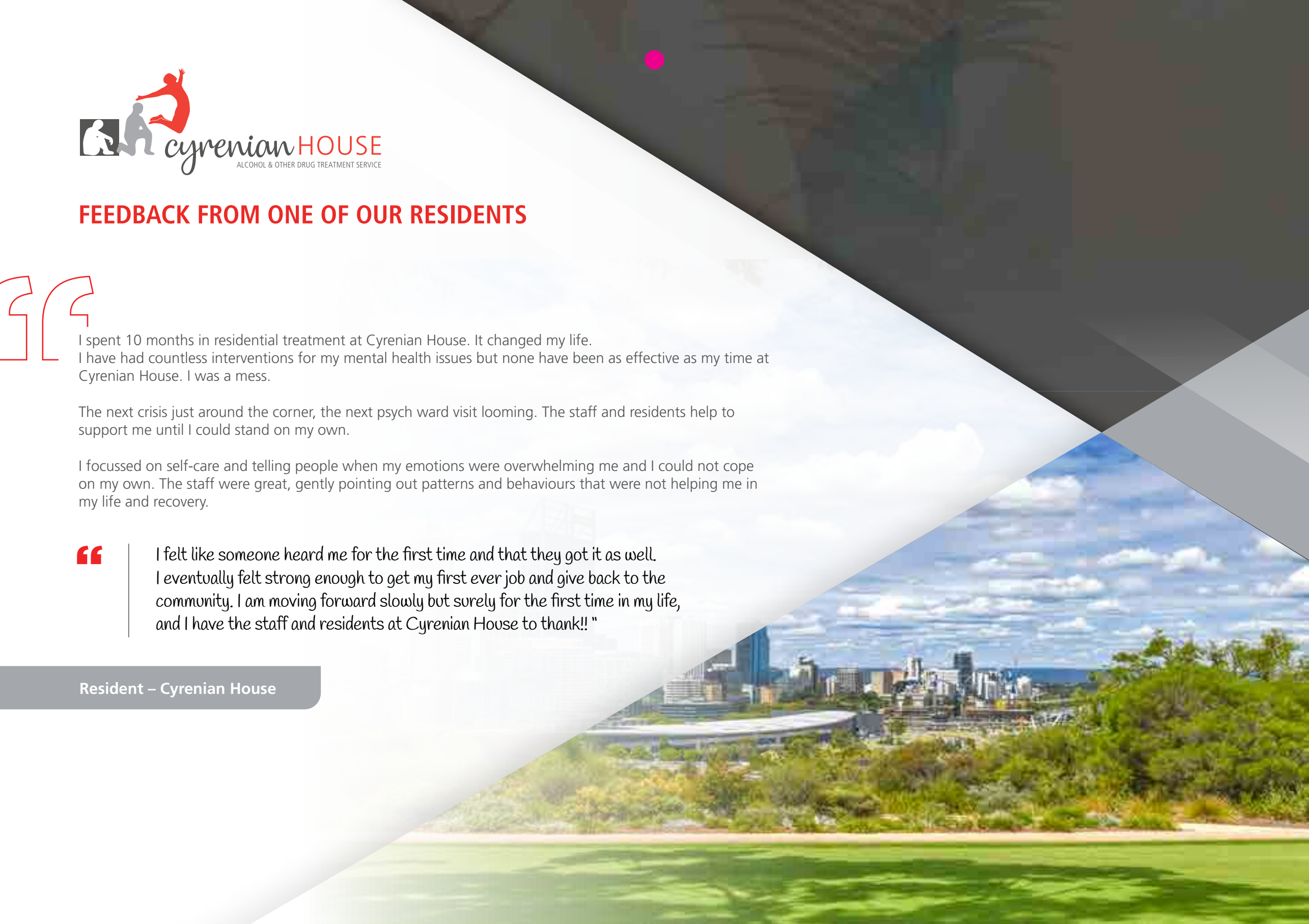
The next crisis just around the corner, the next psych ward visit looming. The staff and residents help to support me until I could stand on my own.

I focussed on self-care and telling people when my emotions were overwhelming me and I could not cope on my own. The staff were great, gently pointing out patterns and behaviours that were not helping me in my life and recovery.



I felt like someone heard me for the first time and that they got it as well. I eventually felt strong enough to get my first ever job and give back to the community. I am moving forward slowly but surely for the first time in my life, and I have the staff and residents at Cyrenian House to thank!! "

Resident – Cyrenian House





MY JOURNEY AS A MOTHER AND PEER

Before entering the Saranna Women and Children's Program, my life was totally chaotic and unmanageable. I was lost and all but broken. My days started and finished with my obsession to get and use drugs. As a mother, I was disconnected emotionally, physically and mentally from my children. With nowhere to go and nothing to lose, I started this recovery journey.



Going into the program I was loud, disruptive and used humour to deflect from the pain I had buried by using drugs. I had no idea how my behaviours impacted others around me. I graduated eight months later with a completely different mindset and an inner strength that I had never experienced before. I now have all three of my beautiful children in my care.

I continue to be an active member of a 12-step fellowship that I was first introduced to when I was in the Saranna program.



I have proudly completed Cyrenian House's Peer Support Plus Training Program so that I can give hope to others and help anyone in addiction who thinks it isn't possible to recover.

I am living proof that anyone can turn their life around if they are willing to accept the help that is on offer from Cyrenian House. Forever grateful!

Rachel K – Resident, Saranna Women and Children's Program

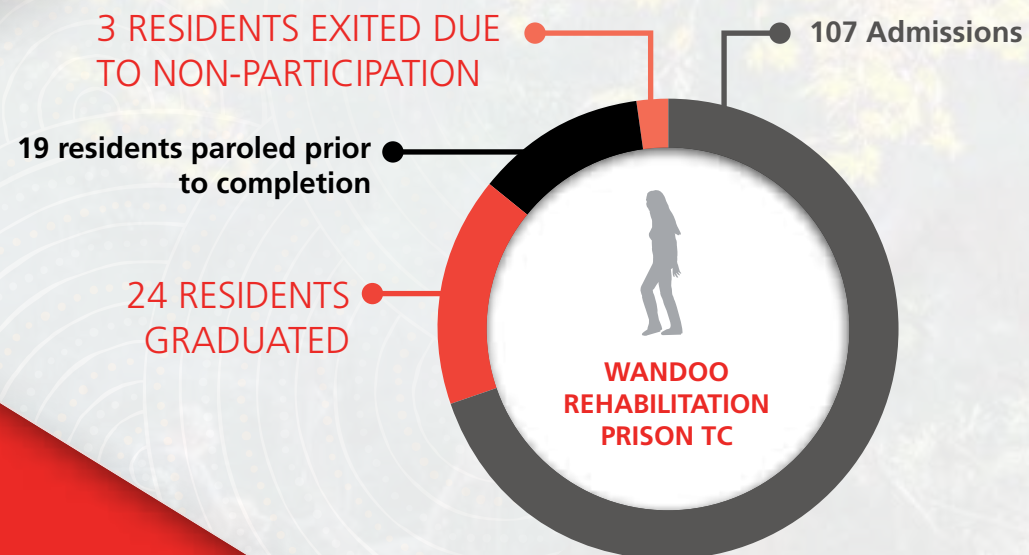


WANDOO REHABILITATION PRISON THERAPEUTIC COMMUNITY (TC)

Cyrenian House and the Department of Justice celebrated one year of service delivery at the Wandoo Women's Rehabilitation Prison Therapeutic Community. Wandoo was converted from a reintegration facility for young male prisoners into a female treatment prison as part of the McGowan Government's meth action plan.

The program has been operating at close to full capacity for some time, with 77 women currently engaging in the program. Supporting a three-staged approach, the Wandoo TC immerses women into the program daily from 8am until 6pm, as well as some evening sessions and work continues amongst peers outside of these hours. The women at Wandoo TC volunteer to be part of this ground-breaking program in an effort to overcome their alcohol or other drug issues that have led them to engage in criminal behaviour. Cyrenian House is proud to report that 24 women have now graduated from the therapeutic program after completing the intensive and often confronting six-month program.

Upon completion of the Wandoo TC Program, residents are offered ongoing support to access counselling, accommodation, education and training and support to address family issues as they transition into the community.



FEEDBACK FROM WANDOO RESIDENT TC



This is a place of hope, a place of second chances. It shines a light onto your life which becomes an open book for everyone here to see. The program is very confronting, and we have shed many tears here. Being exposed builds character, you really examine yourself. Someone has to step up and be the family's elder for the new generation. That's where my passion is now, with my people.



Wandoo is the first prison in WA to use the Therapeutic Community Model in a standalone prison facility.

Residents describe great satisfaction at completing the intense, six-month program.

Cyrenian House staff are confident many women will remain drug-free upon release.



ACKNOWLEDGEMENTS

Cyrenian House would like to acknowledge and sincerely thank our 2018 - 2019 major state and federal government funders for their continued support and valuable contribution.

- Department of Attorney General
- Department of Prime Minister and Cabinet
- Lotterywest
- Mental Health Commission
- The Australian Government Department of Health
- WA Primary Health Alliance (WAPHA)
- Blackswan Health
- Department of Justice

We would also like to thank our partners and stakeholders for their continued support.

- Richmond Wellbeing
- Holyoake
- 360 Health + Community
- Anglicare, WA
- Australasian Therapeutic Communities Association
- Drug and Alcohol Withdrawal Network (DAWN)
- Headspace
- Mental Health Matters 2
- Milliya Rumorra
- Outcare
- Nyoongar Outreach Services
- Western Australian Network of Alcohol and other Drug Agencies (WANADA)
- Western Australian Council of Social Services (WACOSS)
- Western Australian Association of Mental Health (WAAMH)
- Ruah
- CEWA
- WANILS
- Next Step Drug and Alcohol Services
- Inner City Mental Health
- Palmerston Association
- Graylands Hospital
- Women's Health and Family Services
- Wungening Aboriginal Corporation



GROUPS AND PROGRAMS

FAMILY MATTERS GROUP

Family work in the form of counselling and the Family Matters support group was provided at our Non-residential Services (NRS) location offering valuable support for families and significant others coping with alcohol and other drug use issues within the family. Additionally, we were proud to maintain our partnership with Mental Health Matters 2 which includes co-facilitating the Families4Families group. This is a peer support model – run by families for families with support from Cyrenian House.

MORAL RECONATION THERAPY (MRT)

Our MRT Group continues to run weekly and this year we have seen a significant increase in consumer numbers. On average, each week we have approximately 8 to 10 committed and dedicated consumers attend the 16-week program, participating in written exercises with homework and focussing on setting goals and future life planning. Our consumers provide consistently positive feedback about our MRT Program, reflecting on how they are able to contemplate their past with increased self-honesty, more so than ever before.



GRAYLANDS IN-REACH SERVICE

Cyrenian House has been working in partnership with Graylands Hospital to deliver an AOD inreach service to co-ordinate care and improve service connections. The in-reach team run specialist AOD groups in conjunction with the Occupational Therapy Department, providing information and referral to individuals and delivering professional development sessions to the Graylands workforce. The inreach service has been supported by the Cyrenian House Peer Support workers during this reporting period. It is notable that since the Inreach service began there have been several direct transfers from hospital to residential rehabilitation.

ROAD TO RECOVERY GROUP

This six-week psychoeducational group for individuals experiencing difficulties with their alcohol and other drug use is run on a weekly basis at our NRS location. During this reporting period, consumer interest in the Road to Recovery Group has increased significantly as consumers develop new skills and gain an understanding of how to reduce or cease the harm associated with their alcohol and other drug use.

ALCOHOL AND OTHER DRUG IN-REACH, OUTREACH AND THRU-CARE SERVICES

Cyrenian House AOD Outreach Workers work alongside mobile Primary Health Care Service Providers to deliver outreach support to consumers with the aim of reducing the risks associated with alcohol and other drugs. This year, the service has continued to grow and has established a reputation within the inner-city homelessness services. The volume of referrals received from external organisations during this reporting period have increased significantly. Providing a streamlined link for individuals experiencing homelessness to relevant AOD services, has been a primary focus since commencement of this project. For the first time, we have seen several individuals experiencing chronic homelessness, enter into long term residential treatment.

	2017 - 2018	2018 - 2019
People who registered with the service & reported feeling satisfied	5	31
Disadvantaged people engaging with or re-entering services after a prolonged period	31	103
Informal engagements with service by marginalised people	301	380
Marginalised people beginning the process to enter residential treatment	20	32
Consumers who reported reducing or ceasing drug use	9	16
Consumers who registered for AOD counselling	6	30
People entering residential treatment as a result of contact with the service	3	7

JANUARY 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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New Year's Day **1**

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Chinese New Year
(Year of the Rat) **25**

Australia Day

26

Australia Day
Public Holiday

27

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AUSTRALIA DAY

Australia Day is the official national day of Australia. Celebrated annually on 26 January, it marks the anniversary of the 1788 arrival of the First Fleet of British ships at Port Jackson, New South Wales, and the raising of the Flag of Great Britain at Sydney Cove by Governor Arthur Phillip.



NOTES

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MY JOURNEY AS A SIGNIFICANT OTHER

I found myself knocking on the door of Cyrenian House asking for help in January 2017. I was a not-so-young man, with male shut-off-ness who had never asked for help or support before. Emotionally I was numb and not always available. I had the suspicion that my marriage was on edge and had an older son with AOD issues.



I was so grateful for the Cyrenian House counsellor accepting me as a client under their "Significant Other" program. I attended 20 counselling sessions in 2017. We covered relationships, boundaries, values, beliefs, responsibilities, goals and most importantly for me, drawings and words on the white board that I could take photos of as a memory.

The second year of counselling began with letting my counsellor know of a deep unspoken issue within me. I had realised that I could trust her and that I had to speak if I wanted to move forward. I undertook 10 sessions this year processing "my stuff".

2019 arrived and I realised I would like to give back to honor what had been given to me in my journey with Cyrenian House. I applied for and completed their award-winning Peer Support Plus Training Program in July, which was expanded for the first time to include both consumers and significant others. And now as an active Cyrenian House Peer Support Worker, sharing with people with very different backgrounds, I am on a new journey that is allowing me a deeper awareness of both sides of the AOD coin – consumer and significant other.

Lewis – Participant Peer Support Program

PEER WORK VALUING THE KNOWLEDGE THAT COMES FROM EXPERIENCE

Cyrenian House recognises and values the work of our Peer Workers as an integral part of the high-quality services we deliver. Through designated peer worker roles, Peer Workers continue to offer valuable 'lived' experience complementing and enriching our existing workforce.

During the past 12-month period, 19 peer workers supported Cyrenian House using their common experience to support and inspire hope and recovery in consumers accessing the service. Peer Workers meet weekly as part of the Peer Support Recovery Group utilising a co-design, co-production framework.

The identified goals of the Peer Support Plus Project include:



Improving quality of life for consumers in recovery, particularly through enhancing social connectivity



Increasing the range of treatment options and outcomes for consumers

FEBRUARY 2020

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Monday

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Anniversary of
the National
Apology to
the Stolen
Generations

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Valentine's Day

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ANNIVERSARY OF THE NATIONAL APOLOGY TO THE STOLEN GENERATIONS

A decade on, the National Apology to the Stolen Generations remains a momentous turning point that demonstrates the importance of historical acceptance in paving the road to reconciliation.



NOTES



CULTURAL SECURITY

ENSURING OUR TREATMENT SERVICES ARE SAFE, ACCESSIBLE, VALUED AND PROGRESSIVE

OUR FOCUS

Cultural security is a commitment Cyrenian House offers to Aboriginal and Torres Strait Islander people accessing our treatment services. We continue to demonstrate our commitment to drive forward and build on the gains we have made. Cultural diversity is celebrated in all Cyrenian House programs. Aboriginal alcohol and other drug support workers provide cultural awareness and support to all consumers in their recovery journey.

Cyrenian House commenced the development of our second Stretch Reconciliation Action Plan (RAP) early in the year, engaging in an inclusive and collaborative approach to review the previous RAP and further develop the actions and deliverables for inclusion on a new Stretch RAP.

It is important for us to understand the needs of our Aboriginal and Torres Strait Islander consumers and how their cultures intersect with the alcohol and other drug treatment services we provide. We value the feedback and input of our Aboriginal and Torres Strait Islander consumers and staff and embedding this information into our delivery practice is central to ensuring we provide better access to safe and effective treatment options for Aboriginal and Torres Strait Islander consumers.

RECOGNISING SIGNIFICANT EVENTS AND CELEBRATIONS

Events recognising dates of cultural significance for Aboriginal and Torres Strait Islander people are held throughout the year and promotes an environment based on inclusivity, respect and tradition. Cyrenian House staff and consumers participated in a range of activities including National Reconciliation Week and NAIDOC week with the aim of promoting and recognising the contribution by Aboriginal and Torres Strait Islander people to our community. Other activities and celebrations included preparing and cooking authentic Aboriginal food to share, smoking ceremonies and joining in with some traditional Aboriginal dancing with the Mungart Yongah performers.

BECAUSE OF HER, WE CAN!

NAIDOC Week 2018 Cyrenian House celebrated the invaluable contributions that Aboriginal and Torres Strait Islander Women have made – and continue to make - to our communities, our families, our rich history and to our nation.

Cyrenian House also recognises the following significant events throughout the year as part of our efforts for reconciliation and to closing the gap:



- National Apology Day
- National Close the Gap Day
- Harmony Day
- National Sorry Day
- National Aboriginal and Torres Strait Islander Children's Day
- International Day of Indigenous Peoples



Service was very professional, received significant help in all aspects; information was helpful from all staff from reception staff to counsellors, very supportive.



MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Labour Day (WA) 2	3	4	5	6	7
8	Canberra Day (ACT) Labour Day (VIC, TAS) Adelaide Cup (SA) 9	10	11	12	13	14
15	16	St Patrick's Day 17	18	National Close the Gap Day 19	International Day of Happiness 20	Harmony Day 21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

INTERNATIONAL DAY OF HAPPINESS

The International Day of Happiness is celebrated worldwide every 20th March, and was conceptualised and founded by philanthropist, activist, statesman, and prominent United Nations special advisor Jayme Illien to inspire, mobilise, and advance the global happiness movement.



NOTES



OUR NEW RESIDENTIAL SERVICE IN THE SOUTH WEST

NANNUP THERAPEUTIC COMMUNITY

Kongal-boyal Wirin (Spirit of the South-West)

A major achievement of Cyrenian House this year has been the establishment of a new residential treatment service near the south west town of Nannup. An opportunity to operate our new residential service at the old Blackwood River Clinic facility presented itself following local opposition for the initially planned residential service in Pemberton. We have been delighted by the welcoming response we have received from the Nannup Shire and the exceptionally positive, and open-minded response we have received from the local community.

Cyrenian House commenced operation of the 20 residential and three low medical withdrawal bed facility on June 30th 2019. The Nannup Therapeutic Community (TC) operates in partnership with two other WA based not-for-profit providers., Richmond Wellbeing who provide specialist nursing support for the low-medical withdrawal unit, and Nyoongar Outreach Services who provide transport and cultural services for our strongly Aboriginal focussed residential service. This partnership with Richmond Wellbeing and Nyoongar Outreach Services demonstrates the capacity of local, specialist organisations to work together to deliver quality alcohol and other drug services.

**Our new Nannup TC will utilise the
Therapeutic Community (TC) Model of
Treatment "Community as Method".**

The program that operates at the Nannup TC is called "Kongal-Boyal Wiren" which in local Aboriginal language means "Spirit of the South-West".

Residents will actively participate in group living, therapy, work and activities that will drive individual change and help them achieve their goals. With an emphasis on social learning and mutual self-help, residents will address their AOD issues in a holistic way. This strengths-based approach, therapeutic interventions and positive peer support will teach and encourage self-responsibility and guide our residents towards optimal health and wellbeing.

Consistent with the Cyrenian House commitment to the health of people who access our services, the Nannup Therapeutic Community is a tobacco free environment. Support and assistance to remain smoke free is included in the treatment program. The service has a strong commitment to Aboriginal cultural security and learning and welcomes both Aboriginal and Non-Aboriginal people as residents.



APRIL 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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31

1

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World Health Day

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Good Friday

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Easter Sunday

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Easter Monday

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24

Anzac Day

25

26

Anzac Day
Public Holiday

27

28

29

30

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WORLD HEALTH DAY

The World Health Day is a global health awareness day celebrated every year on 7th April, under the sponsorship of the World Health Organisation (WHO), as well as other related organisations.



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RICK HAMMERSLEY CENTRE THERAPEUTIC COMMUNITY (RHCTC)

In-line with our strategic objectives, Cyrenian House expanded the services and facilities at our RHCTC in 2018. Our continued commitment to the provision of quality AOD treatment services, is testament to our passion and determination to achieve positive outcomes for consumers and their families.

On 19th February 2019, Cyrenian House celebrated the official opening of the RHCTC kitchen, dining and group room hub dedicated to our former President of the Committee of Management, John Simpson. We were delighted to welcome the Honourable Alanna Clohesy MLC, Parliamentary Secretary to the Deputy Premier; Health; Mental Health, to officially open the new buildings. A local Nyoongar dance group Mungart Yongah Arts Enterprise provided the Welcome to Country and shared local Nyoongar Culture through song, dance and storytelling.

In addition to the official opening of the new RHCTC facilities, we took the opportunity to officially launch our new logo, a revised and modernised version of the previous design. Much debate and consultation took place during the logo review, but we are delighted with the new version of the logo and thank Jacquie Limb, from Eclipse Design Solutions for her hard work and perseverance during this process.

RHCTC hosted a number of other large events during this reporting period including hosting a Christmas lunch, cooked by consumers for more than seventy residents and their families. The event was a great success and we were very grateful to receive a donation of funds to cover the purchase of the turkey and ham from a family member of a consumer who had recently completed engagement with the service.

On 21st March 2019 RHCTC celebrated inclusiveness, respect and a sense of belonging for everyone as part of Harmony Day. Cultural expression through shared food, art, language and stories brought the community together with individual residents speaking about "What culture means to them" and presenting paintings of their national flags. Our guest speaker Fuchsia Chaudhry shared with us her experience and understanding of her Muslim faith and culture, which was very informative and created a safe space for residents and staff to ask questions.

The celebrations ended with a shared community lunch prepared by the residents, who made their own cultural dishes of Kangaroo and Damper, Moroccan Rice, Yugoslavian Pasta and New Zealand Fry bread. This day of celebration was enjoyed by residents and staff alike.

This year a number of consumers from the Saranna Women and Children's Program (SWCP) and Mixed Gender (MG) Program have attended barista training, increasing their skill base and opportunity for employment post treatment.

We hope to utilise our new IT facilities in the coming months by providing increased training opportunities for our residents.



“

Counsellors are non-judgemental and their professionalism, compassion and care towards consumers is commendable.

”

In our continued partnership efforts, Drug Court Magistrate - Janelle Scott, Gave Beadle - WA Police, Daniel La Grange - Legal Aid, Amanda Lacey - Court Assessment and Treatment Service (CATS), visited our residential treatment service in an effort to develop a deeper understanding of the Saranna Women's and Children's Program and Mixed Gender Programs and how Drug Court and CATS can work together with our service to support offenders experiencing alcohol and other drug issues.



MAY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	Labour Day (NT, QLD) 4	5	6	7	8	9
Mother's Day 10	11	12	13	14	15	16
17	18	19	20	National Volunteer Week 21 22 23		
24 25 26 27				28	29	30
31	1	2	3	4	5	6

NATIONAL VOLUNTEER WEEK

National Volunteer Week (NVW) is the annual celebration to acknowledge the generous contribution of our nation's volunteers.



NOTES



SERENITY WITHDRAWAL UNIT (SWU)

Now in its third year of operation, the Serenity Withdrawal Unit (SWU) provides free 24-hour low medical withdrawal services to people experiencing difficulties as a result of their substance use.

The major portion of consumers presenting for admission to the SWU are methamphetamine users, however we also have consumers accessing the service for issues relating to their opiates, alcohol, cannabis and some prescription and over the counter medications. This stand-alone withdrawal service allows individuals to access a longer stay in a treatment service to support their withdrawal process with the option to access further treatment in both residential and community-based settings as required. During this financial year, 119 consumers accessed support from the SWU and both Cyrenian House and Drug and Alcohol Withdrawal Network (DAWN) have been delighted with the continued response from consumers in accessing this service.



After many visits to rehab it's wonderfully refreshing to attend a detox unit. What I experienced at SWU is welcoming, nurturing, calming and truly understanding to my situation. I have nothing but positive praise for SWU staff. I am so grateful my recovery is beginning.



SERENITY LODGE

Serenity Lodge (SL), utilises a diverse range of approaches to treatment including the Therapeutic Community Model, 12 Step recovery models, Acceptance Commitment Therapy, Systems Theory, Psychodynamic Theory, Cognitive Behaviour Therapy and Social Learning Theory, in an effort to meet the individual needs of our consumers.

During this reporting period, considerable effort was placed on developing and implementing some program changes with a focus on retaining higher numbers of residents during the first 3 weeks of treatment.

Serenity Lodge continues to work closely with Non-residential Services (NRS) to ensure that assessments and preparation for entry to residential treatment is managed efficiently and in a supportive way. It is of note that there has been an ongoing increase in consumers presenting with methamphetamines as their principal drug of concern and there has been an increase in consumers with complex mental health issues. It is a testament to the quality of the treatment that Serenity Lodge provides that we have been able to respond to these changing and challenging needs.

We also worked closely with NRS to support TC residents to access ongoing support at the conclusion of their program. This support includes aftercare counselling and referral to the Cyrenian House Transitional Housing and Support Program (THASP).

The service is consistently operating at close to capacity and is successfully meeting all key performance indicators.

Some strategies we have implemented include:

Increasing the number of weekend activities

Increasing our focus on mindfulness and relaxation during the initial stages of treatment

Adapting education groups during the early stages of the program to include shorter group times and include more physical activity

JUNE 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31

Western Australia
Day (WA)

1

2

Mabo Day

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4

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Queen's Birthday
(Except WA & QLD)

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13

14

15

16

Refugee Week

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21

22

Refugee Week

23

24

25

26

27

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29

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MABO DAY

Mabo Day occurs annually on 3 June and commemorates Eddie Koiki Mabo, a Torres Strait Islander whose campaign for Indigenous land rights led to a landmark decision of the High Court of Australia.



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NORTH METRO COMMUNITY ALCOHOL & DRUG SERVICE

The North Metro Community Alcohol and Drug Service (NMCADS) is a partnership between Cyrenian House and Next Step Drug and Alcohol Services. NMCADS offers a comprehensive suite of integrated services in Perth's expanding northern corridor. Services include counselling and support, family and significant other counselling, group programs, medical, pharmacotherapy, psychological services, prevention activities and community development work.

NMCADS continues to provide excellent AOD services to consumers during the 2018 – 2019 financial year.

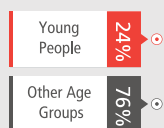


2507 consumers engaged in treatment with NMCADS with over 17,000 attended client occasions



36%

of consumers attended due to problematic alcohol use



Over 24% were **young people** requiring support

18%

of consumers attended due to methamphetamine use



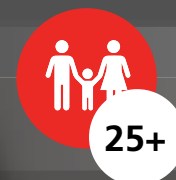
850+

ENGAGEMENT WITH STUDENTS

NMCADS engaged with over 850 students at both Duncraig and Ashdale high schools at school health expos, utilising fatal vision goggles, sumo suits, standard drink pouring, in addition to participating in a question and answer panel. These workshops provide an excellent opportunity for the service to work in a preventative approach, providing education and information to young people.

CAMP FOR CLIENTS AND FAMILY OF THE ABORIGINAL FAMILY SUPPORT PROGRAM

Funded by Western Australian Primary Health Alliance (WAPHA), this camp was held at Point Perron. Camp participants had the opportunity to participate in the Deadly Thinking program (Aboriginal mental health program), Drumbeat session, an arts morning held by Elders and fishing off the jetty (this was the first time some of these consumers had ever caught a fish!).



Aboriginal consumers attended the camp and included, families, children, significant others and substance users.

Partnerships were strengthened with key service partners such as Women's Health and Family Services through the Aboriginal Family Support Program and the Sexual Assault Resource Centre (SARC) which commenced colocation at the Joondalup site. In addition to this, NMCADS partnered with the Mercy Care consortia to apply for funding from the Australian Drug Foundation. This application allowed NMCADS, Mercy Care and the Salvation Army to develop a pilot program for peers. The working relationship with service partners Next Step is flourishing and continues to support positive outcomes for consumers and their families. This partnership is moving from strength to strength.



NMCADS continued to deliver counselling services on Saturdays to improve access for consumers. Nearly all consumers who access the Saturday service do so as they have work commitments through the week. Outreach services to General Practitioners have continued to function well. These outreach services are the first of its kind for NMCADS and will grow in the next six to twelve months to hopefully include services further north than Clarkson.

VOICE FOR THE COMMUNITY

NMCADS has had a strong voice for the community providing feedback to Racing Gaming and Liquor for a number of applications. NMCADS raised concerns regarding the impact on alcohol pricing due to retail density; the impact of alcohol purchase's competing with family food budgets, and concerns regarding greater access to alcohol for vulnerable portions of the North Metro community.

JULY 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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NAIDOC Week

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NAIDOC WEEK

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community.



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SARANNA EARLY CHILDHOOD EDUCATION & CARE CENTRE

The Saranna Early Childhood Education and Care Centre (SECECC) continues to lead the way as a centre of excellence. With a continual average occupancy rate of approximately 95% Cyrenian House has commenced preparations to increase the centre capacity in the new financial year. With over 23 Early Childhood Educators working collaboratively with the Rick Hammersley Centre Therapeutic Community to support children and families engaging in both services to achieve positive outcomes.

The development of a strong working relationship between the two services has proven to be extremely beneficial for children and their families, with a focus on positive parenting. Both services place large emphasis on loving attention to build a child's strength and resilience and this assists mothers to strengthen their parenting capacity, while providing social and practical supports to the whole family.

Saranna Early Childhood Education and Care Centre supports the continuous quality improvement process with a focus on cultural competency and securing better access and service quality for Aboriginal and Torres Strait Islander children and their families. The SECECC ensures educators meet the National Quality Standards (NQS) and most importantly have a genuine understanding, respect and relationships with Aboriginal and Torres Strait Islander culture, communities, children and families. The educational program and daily activities run within the centre aim to promote conversations, increase awareness and understanding and supports culturally inclusive practice.

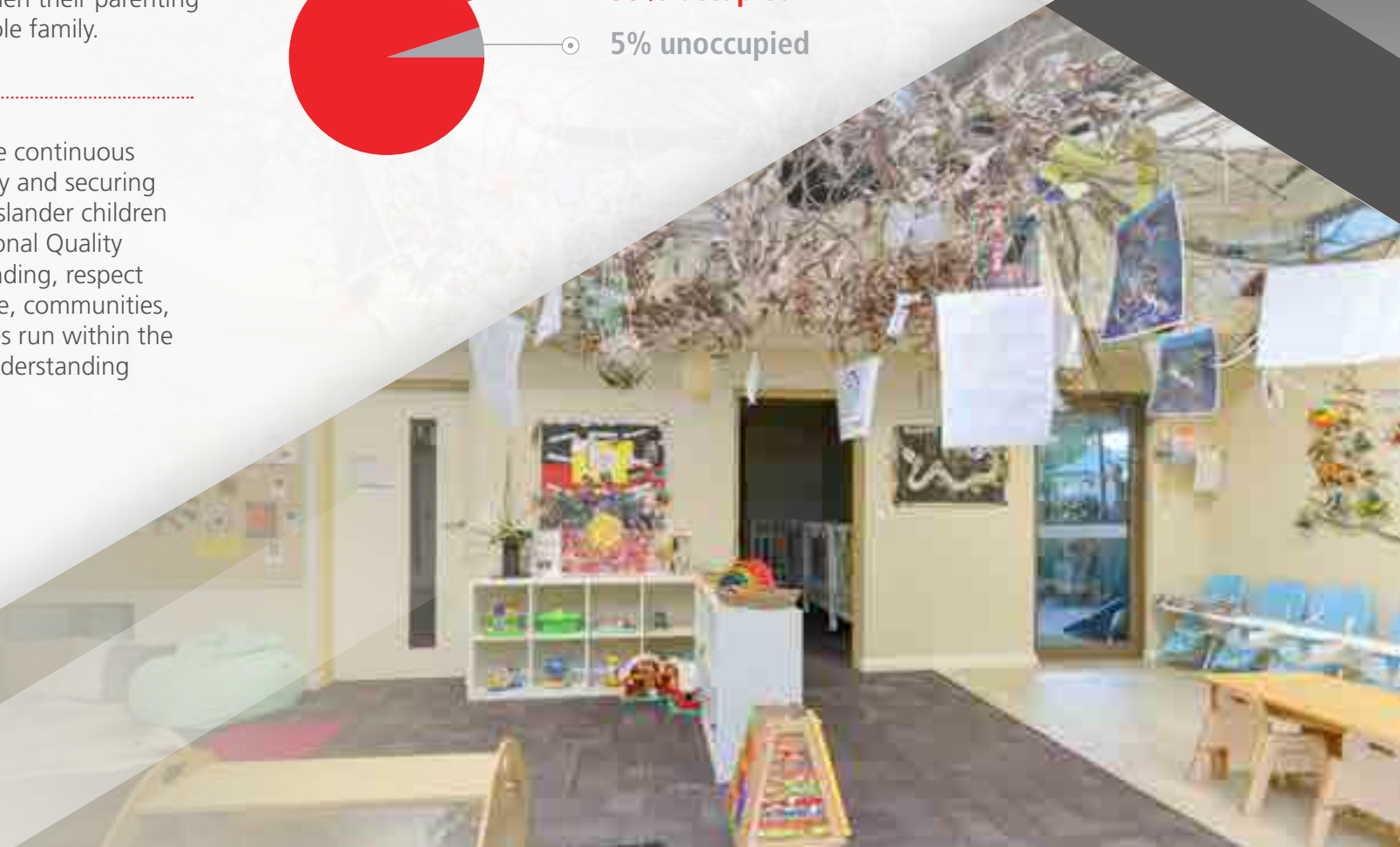
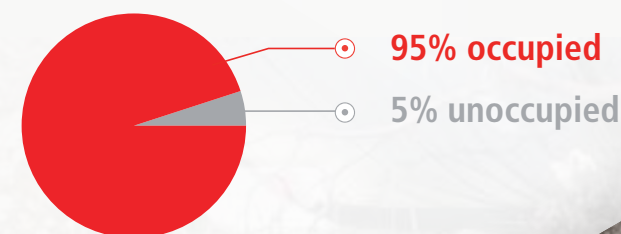


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I love this centre, it's above and beyond any other centres I have come across. I leave knowing my baby is in a nurturing, loving environment where he will have the best of care. It's a big weight off your shoulders to not have to worry if your child is being cared for properly. Would recommend this centre for sure! Glad I found it!

”

Continual average occupancy rate



AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	Bank Holiday (NSW) Picnic Day (NT) 3	National Aboriginal and Islander Children's Day (NAICD) 4	5	6	7	8
International Day of the World's Indigenous People 9	10	11	Royal Queensland Show (Brisbane) 12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	International Overdose Awareness Day 31	1	2	3	4	5

INTERNATIONAL OVERDOSE AWARENESS DAY

International Overdose Awareness Day aims to raise awareness of overdose and reduce the stigma of a drug-related death. It acknowledges the grief felt by families and friends remembering those who have died or suffered permanent injury due to drug overdose. International Overdose Awareness Day spreads the message about the tragedy of drug overdose death and that drug overdose is preventable.

NOTES



CYRENIAN HOUSE MILLIYA RUMURRA (CHMR)

CHMR service provides outreach services to Bidyadanga and the communities of the Dampier Peninsula in West Kimberley. The CHMR service continues to focus on increasing access to alcohol and other drug (AOD) counselling and support services, delivery of targeted AOD prevention programs in the West Kimberley, building community capacity to develop and deliver evidence-based AOD programs and increasing the capacity of the local Aboriginal workforce to deliver AOD programs or services.

The service has seen a 20% increase in the number of consumers accessing the service in the past 12-month period from the previous 12-month period. As such, the CHMR team have increased the number of outreach visits to local communities and increased requests for community support.

Many consumers are experiencing high levels of distress due to:

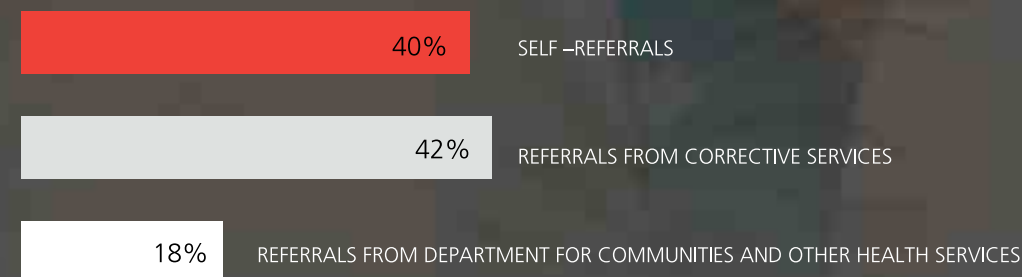
- poverty
- structural and systemic racism
- under-resourcing of services
- long waitlists for treatment of health problems
- lack of accessible housing
- very limited opportunities for work or study

Schools within the area report declining school attendance.



CHMR has adapted the service it provides with a focus on addressing some of these issues such as, enquiring about children not at school and offering referral to support services, providing education about contraception and preventing FASD, providing advocacy for housing and linking in with community driven initiatives to encourage help-seeking behaviours.

CHMR SOURCE OF REFERRAL



94% of consumers are Aboriginal

4%

of consumers are not Aboriginal

2%

of consumers are Torres Strait Islander

Methamphetamine use in the region remains a significant emerging issue.



62%

Whilst alcohol remains the most consistent drug of concern (62%), we now have as many people engaged for stimulant use as we do for cannabis use (both at 13%).

SEPTEMBER 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

30

31

1

2

3

4

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6

7

8

9

World Suicide
Prevention Day
R U OK? Day

10

11

12

13

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26

27

Queen's
Birthday (WA)

28

29

30

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3

R U OK? DAY



R U OK? inspires and empower everyone to meaningfully connect with the people around them and start a conversation with anyone who may be struggling with life.

Start a conversation with these four steps:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in



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DIVERSITY AND INCLUSION

At Cyrenian House we value diversity of thought and experience and believe that our inclusive culture contributes to our success.

Our commitment to continuing to provide alcohol and other drug services that are designed and delivered in a respectful, inclusive and non-judgemental manner is stronger than ever.

Our journey towards achieving Rainbow Tick Accreditation, progressed in February 2019, when Cyrenian House engaged in an LGBTQI+, AOD Workforce Development Project in partnership with Richmond Wellbeing. The aim was to build and strengthen the competency of our organisation and to further recognise, understand and meet the specific needs of LGBTI+ people. The work involved developing and enacting an action plan and completing a self-assessment of our organisational capacity in line with the six national standards for LGBTQI+ Inclusive Practice.

Living Proud were generous in their provision of free, Opening Closets training workshops to many Cyrenian House staff at four of our eight service locations.



With Opening Closets training combined with previous "Out what's it all about" training previously provided to staff by Charl Van Wyk we now have approximately 70% of our workforce trained in contemporary LGBTQI+ issues, trends and better ways of supporting LGBTQI+ people.



Cyrenian House will focus on achieving 100% of all staff trained in LGBTQI+ matters with all Committee of Management members receiving training in this area in the next Financial year.

PRIDEFEST 2018 – Together

On Saturday 24 November 2018 Cyrenian House staff and residents participated in the annual Pride Parade concluding a month-long series of activities including participating in Fair Day.

This year, Pride WA recognised and celebrated that **"we are in this together, we got here together, and we continue to stand together."**

Cyrenian staff and residents were excited to be a part of the parade again in 2018, with the route commencing on Francis Streets and travelling across to Lake Street, before heading along James Street and turning into Williams Street and concluding on the Horseshoe Bridge.



"I am proud to be involved in this year's Pride Parade and to celebrate and promote diversity as a strength of Cyrenian House"

Resident from RHCTC



OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	Labour Day (ACT, NSW & SA) Queens Birthday (QLD) 5	Mental Health Week 6	7	8	9	World Mental Health Day 10
National Coming Out Day 11	12	13	14	15	16	17
18	19	20	21	22	23	United Nations Day 24
25	26	27	28	29	30	Halloween 31

WORLD MENTAL HEALTH DAY

World Mental Health Day is observed on 10th October every year, with the overall objective of raising awareness of mental health issues around the world and mobilising efforts in support of mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.



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FEEDBACK FROM RESIDENTS ABOUT OUR COUNSELLORS



My counsellor opened my eyes to improving myself in all kinds of ways! They are awesome!

Counsellors are non-judgemental and their professionalism, compassion and care towards consumers is commendable.

I was made to feel welcome and felt comfortable in talking about my issues. My counsellor has been a big part of my positive change.

Very helpful, professional and understanding service and counsellors are very knowledgeable.

OUR VOLUNTEER TRAINING PROGRAM

Achieving Excellence Together

The Cyrenian House Volunteer Training Program is in its fifth year of operation and is an intensive training program covering topics such as general and addiction counselling skills, aetiology and epidemiology of drug use, supervision, confidentiality, assessment, motivational interviewing, problem solving, goal setting, relapse, working with significant others and mental health.



Volunteers attend 18 half day workshops at our head office location, with all components delivered by our qualified, experienced staff. The second component to the Volunteer Program consists of a 12month placement at either Non-residential Services or NMCADS. During this time the volunteer counsellors gain valuable experience and develop their counselling skills, as they are supported to deliver counselling to consumers of the service.

Cyrenian House continues their commitment to providing a guiding and supportive learning environment that allows an opportunity for individuals to develop their counselling skills and assist in their future career path.



61 INDIVIDUALS APPLIED this year
to be part of our volunteer training program

15 PEOPLE WERE SUCCESSFUL
in their application

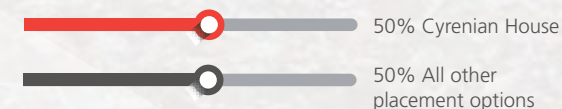


x3

3 volunteers from this group **have since gained employment with Cyrenian House**

PREFERRED PLACEMENT OPTION

Intake from the MHC Volunteer Program for placement with Cyrenian House achieved a record high in 2018 – 2019. 50% of the entire volunteer group selected Cyrenian House as their preferred placement option.



NOVEMBER 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

Recreation Day
(TAS)

2

Melbourne Cup
(VIC)

3

4

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10

Remembrance Day 11

12

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21

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25

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1

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Cyrenian House has been a huge support in my journey, thank you for advice and encouragement, I would not be here today without you and that's the truth.



NOTES



FLYING THE RAINBOW FLAG

When I arrived at the Rick Hammersley Centre I was emotionally broken and shattered, filled with so much distrust and pain. Given my experiences, I was in complete fear for any possibility of a future life. I had been in addiction for over 21 years and everything else I tried had not worked, so that was a big hurdle to overcome. That hurdle was met by having an open mind at the point of desperation. Alcohol and drugs had affected my ability to understand so many things and impacted my relationships. I had lost all my relationships with my immediate family and connections with friends.

As a member of the LGBTQI+ community, I was genuinely concerned and scared for my safety as experience had shown me that acceptance, tolerance and understanding was often not a given. However, after hearing at the Info Session the level of diversity support there is in the Therapeutic Community and seeing the Rainbow Flag displayed, I was convinced that the TC was the right fit for me.

Whilst in treatment, it was great to experience the support of the diversity gender group which helped me grow as a member of the LGBTQI+ community and find more healing

around this space. Prior to arriving at the therapeutic community, I did not identify as gender specific due to traumas previously experienced. But nearing my end of treatment in 4th stage, with the guidance and support from my counsellor, I was able to say, "I am a proud man in recovery". This has been a challenge I had faced all my life. Treatment not only saved my life, but it helped me create a new one - filled with love, hope and strength. It helped me achieve reunification with my family and create positive relationships with members of both the recovery community and the wider community.



The persistence of staff and residents to see me get well was amazing. The level of support and guidance was truly awesome to experience. The different forms of treatment, including groups, counselling and 'community as method' was very effective for me. I was able to reach a place of healing around my pain, hurt, anger and sadness and come to a place of understanding, hope and acceptance.

Since leaving the Therapeutic Community I have become a Peer Support Worker and Consumer Advisory Group member. I can now give back to others the same gift of hope that was given to me. I can be a voice for those with similar experiences and share the message to members of the LGBTQI+ community who come to AOD treatment that we do matter, and that we are recognised and given full

support. The Peer Support Plus Program has been such a beneficial program for me to connect with and support others who want to get well. It has given me great skills to work with the wider community. I will be forever grateful to Cyrenian House for helping me create a future that is full of hope and possibility.

Jean - RHTC Resident



DECEMBER 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

29

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23

24

Christmas Day 25

Boxing Day 26

27

Boxing Day
Public Holiday

28

29

30

New Year's Eve 31

1

2



This is a place of hope, a place of second chances. It shines a light onto your life which becomes an open book for everyone here to see.



HOPE TO GROW



NOTES

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STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
REVENUE		
Fees & charges	3,673,598	2,911,085
Grants - State	12,938,616	10,322,976
Grants - Federal	959,127	900,146
Grants - other	123,595	85,135
Grants - unexpended	3,000	1,050
Financial income	327,043	274,345
Donations	14,120	14,088
Fundraising income	47,977	42,334
Other income	128,133	54,349
	18,213,208	14,605,908
EXPENDITURE		
Administration and finance costs	526,877	470,407
Employment, education and training expenses	11,973,025	9,855,539
Cost of services and sale of goods	3,495,006	2,402,844
Depreciation and amortisation expenses	768,564	741,849
Fundraising expenses	29,927	24,224
	16,794,399	13,495,863
NET SURPLUS	1,418,855	1,109,645
OTHER COMPREHENSIVE INCOME		
Other Comprehensive Income		
TOTAL COMPREHENSIVE INCOME FOR THE YEAR	1,418,855	1,109,645

To access the full financial report including our audit report, please refer to the ACNC website - www.acnc.gov.au/charity

DETAILED STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
CURRENT ASSETS		
Cash and cash equivalents	14,170,000	11,347,616
Trade and other receivables	19,552	20,664
Other current assets	222,784	306,180
TOTAL CURRENT ASSETS	14,412,336	11,674,460
NON-CURRENT ASSETS		
Land and buildings - cost	1,627,282	1,627,282
Freehold improvements	7,044,777	
less: Accumulated depreciation	(1,423,177)	
Leasehold improvements	820,362	
less: Accumulated depreciation	(452,515)	
Plant & equipment at cost	1,992,752	
less: Accumulated depreciation	(1,378,156)	
Motor vehicles - at cost	1,014,642	
less: Accumulated depreciation	(462,587)	
Works in Progress	-	
TOTAL NON-CURRENT ASSETS	8,793,428	8,886,914
TOTAL ASSETS	23,195,766	20,511,414
CURRENT LIABILITIES		
Income in advance	63,458	24,066
Grants/funds unexpended	645,713	15,643
Other liabilities	95,372	81,551
Taxation liabilities	462,928	256,237
Client funds held in trust	8,568	11,144
Trade Creditors	161,953	104,408
Provision for employee entitlements	1,529,875	890,659
TOTAL CURRENT LIABILITIES	2,968,866	1,389,708
NON-CURRENT LIABILITIES		
Provision for employee entitlements	350,034	663,725
TOTAL NON-CURRENT LIABILITIES	350,034	663,725
TOTAL LIABILITIES	3,318,900	2,053,433
NET ASSETS	19,876,856	18,458,001
ACCUMULATED FUNDS		
Accumulated surplus	19,674,647	18,255,792
Reserve for future services	202,209	202,209
TOTAL ACCUMULATED FUNDS	19,876,856	18,458,001

TREASURERS REPORT

Cyrenian House is one of very few non-government, not-for-profit organisations to have finished the 2019 financial year stronger than the last year, particularly in the Social and Community Services Sector. This has been the result of work undertaken over the last two years in program reviews, supplier contracts, implementation of renewable energy initiatives and an overall focus of achieving value for money across all areas of the organisation.

As with the broader economy, we have had to rationalise what services we are prepared to offer and it was disappointing that our services in the Partners in Recovery Program were discontinued. As much as it hurt us to be forced to make redundant great staff that made a valuable contribution to our consumers and families with mental health issues, it pains our organisation even more that these consumers may also fail to receive appropriate (if any) support through the new National Disability Insurance Scheme. Many of these consumers will fall through the cracks of the new system, while others will be funded and supported at levels less likely to show significant improvement.

Cyrenian House is the largest provider of alcohol and other drug treatment services in Western Australia. The Committee of Management, the Executive team and the staff of Cyrenian House have a strong commitment to our strategic direction to achieve the best possible outcomes for our consumers. Cyrenian House remains focused as a specialist alcohol and other drug treatment service provider. This was evidenced by the opening of Australia's first Women's Rehabilitation Prison Therapeutic Community at Wandoo Prison.

Cyrenian House provides a broad breadth of services so that consumers are supported through the continuum of recovery ensuring the best possible chance of a healthy, inclusive and harm-free community.

Some Cyrenian House services became unsustainable in their current form in 2019 and discussions have commenced with the Mental Health Commission to look at how we can rectify this. Our raison d'être is the highest quality services for those affected by alcohol and other drugs. As we grow, it becomes more important that we continue to achieve surpluses sufficient to rejuvenate our assets and to innovate with additional services and piloting new ones, to improve the outcomes of our consumers.

It is extremely encouraging to see that during the 2018-2019 financial year the WA State Government increased residential services to our most vulnerable consumers, but unfortunately did not provide any funding to establish the infrastructure to facilitate this. Accordingly, it is incumbent on all organisations providing services to ensure that the State and Federal Government provide sustainable funding to mitigate both financial or operational risk.

The WA Labor State Government is to be commended for its financial commitment to increase the number of alcohol and other drug rehabilitation beds, however, attention still needs to be focussed on the many other legacy contracts which have endured an average increase in funding of only 1.04% over the last three years. Comparatively, wage increases have averaged 7% under the SCHADS Award and Federal Equal Remuneration Order (ERO).

This year's result is a fantastic effort in tough times and I would like to thank the CFO and his team on achieving an outstanding result for the future of all West Australian alcohol and other drug consumers and their families.

I present to you our audited financial statements in the Annual Report.



**President &
Treasurer**

**Matthew
Van Riessen**



ACKNOWLEDGEMENT

Dorian Bennet – Photographs



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Cyrenian House is certified against the Standard on Culturally Secure Practice (Alcohol and Other Drug Sector) and the Australasian Therapeutic Communities Association Standard.