We welcome you to join

Family Matters Group



An 8-topic group where you can get support from other families and Cyrenian House Counsellors if you are worried about alcohol and other drug use in your family or social network.

WHEN EVERY MONDAY NIGHT

6PM - 7.30PM

WHERE CYRENIAN HOUSE

318 FITZGERALD STREET

PERTH, 6030

HOW CONTACT RECEPTION ON

9328 9200 TO REGISTER

YOUR INTEREST

The group offers an opportunity to:



Talk about what's going on for you and your family



Learn about the stages of change, boundaries and self care



Learn how to communicate better with your Alcohol and Other Drugs (AOD) using family member



Connect with others who are in a similar situation by listening to their stories and by sharing what you've learnt along the way



Get information on harm reduction strategies and treatment options



Explore how Alcohol and Other Drugs (AOD) use affects your family

318 Fitzgerald Street, Perth, 6000 **P:** 9328 9200 **E:** enquiry@cyrenianhouse.com