

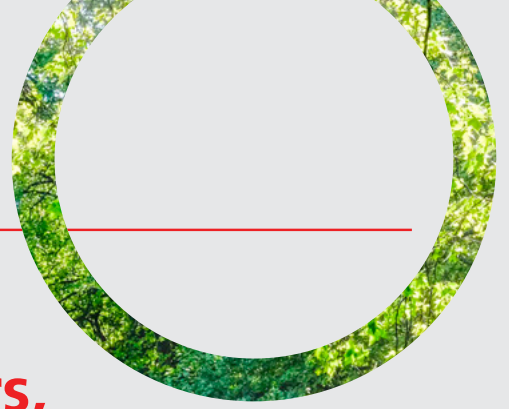


2020
-
2021

CYRENIAN HOUSE Annual Report



Healthy, inclusive and
harm-free communities



Thank you to our supporters, partners, contributors and donators

State and Federal Government Funders

Cyrenian House would like to acknowledge and thank our major State and Federal Government funders for their continued support and valuable contribution to our organisation:

- Department of Education, Skills and Employment
- Department of Health
- Department of Justice (DoJ)
- Mental Health Commission (MHC)
- WA Primary Health Alliance (WAPHA)

Private Donators

We would like to express our sincere gratitude to the many individuals who generously donate to Cyrenian House, your support is greatly appreciated.

Partners and Stakeholders

We would also like to thank our partners and stakeholders for their continued support:

- Richmond Wellbeing
- Holyoake
- Nyoongar Outreach Services
- Milliya Rumurra
- 360 Health + Community
- Marr Mooditj
- Anglicare, WA
- Australasian Therapeutic Communities Association
- National Drug Research Institute (NDRI)
- Mental Health Matters 2
- Outcare
- Western Australian Network of Alcohol and other Drug Agencies (WANADA)
- Headspace
- Western Australian Council of Social Services
- CEWA
- Next Step Drug and Alcohol Services
- Inner City Mental Health
- Graylands Hospital
- Undalup Association





Acknowledgement of Country

Cyrenian House respectfully acknowledges the past, present and future custodians of the land that our services are situated on, the Whadjuk Nyoongar Country, Bibbulmun Country and Yaruwu Country. We pay our respects to elders past, present and emerging.



Cyrenian House is certified against the Standard on Culturally Secure Practice Alcohol and Other Drug and Human Services Standard (AODHSS) and the Australasian Therapeutic Communities Association Standard for Therapeutic Communities and Residential Rehabilitation Services.

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The Executive, supported by the Committee of Management, and aligned to our mission and values, are accountable for driving the strategy and engaging every individual to deliver on our diversity and inclusion commitment. We must be authentic, courageous and bold in the steps we take. We are learning as we go and will face challenges, but as one team, doing what's right, we will make it happen.

● ● ● **Our Vision**

Healthy, inclusive
and harm-free
communities



● ● ● **Our Mission**

An organisation that provides the highest quality service to make a positive and meaningful difference in the lives of people affected by alcohol and other drugs.

● ● ● Our Core Values

Cyrenian House values the uniqueness of individuals who may vary in many different ways, including race, ethnicity, culture, social class, gender, age, religious belief, sexual identity, mental and physical ability. We celebrate and promote this diversity as a strength of our organisation.



Provide education & support to
EMPOWER



Provide, show & act with
INTEGRITY



Embrace, restore & inspire
HOPE TO GROW



Always show
COMPASSION



Value
DIVERSITY

● ● ● Our Commitment

- treat all people with dignity and respect
- develop inclusive leaders who value and have a deep understanding of inclusion and diversity, and the capability to build inclusive teams and working environments
- deliver programs which provide support services that enable all consumers and workers to feel that they belong and are valued individuals who can reach their full potential
- communicate our progress towards our inclusion and diversity objectives across the organisation and externally
- identify and cultivate partnerships and stakeholder relationships that promote and improve inclusion and diversity within Cyrenian House, for our consumers and in the community
- provide support and uphold a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTQI+ communities





President's Report



I would like to thank the Committee of Management (COM) for the contribution and support they have provided me over the past year. Once again, it has been a challenging year with the continuing impact of Covid-19. The COM, together with the senior executive team, have managed to successfully steer the organisation through this difficult year.

Over the last 12-month period, Cyrenian House continued to operate all services, albeit with some minor operational adjustments, and in March 2021 opened a six bed, low medical withdrawal service in Midland. The Midland Withdrawal & Intervention Centre (MWIC) operates in partnership with Richmond Wellbeing and was officially opened by Hon Steven Dawson MLC, on the 30th of March 2021.

Over the past twelve months our organisation has been preparing for the implementation of a new consumer data base following the announcement by the WA Mental Health Commission (MHC), the current database SIMS will cease to operate. Nicola Iannantuoni, General Manager Non-residential Services, has been instrumental in the enormous task of planning and preparing for the rollout of the Cyrenian House version of this new consumer data base, Pharos. On behalf of the Committee of Management, I would like to thank Nicola for her tireless effort in ensuring this project was successfully implemented across the organisation.

In May Cyrenian House engaged in a new partnership with Richmond Wellbeing and Anglicare to operate the Western Australian Interim Youth Mental Health and AOD Homelessness Service. Richmond Wellbeing is the lead agency in partnership with Anglicare and Cyrenian House, for the service that aims to support young people aged 16 to 24 years who have signs and symptoms of mental health issues(s) with or without co-occurring AOD issues are homeless or at risk of being homeless. This partnership further develops our partnerships and involves 0.6FTE for Cyrenian House and commenced in May 2021 and is based at the old 'Recovery House' facility in Queens Park.

Our Nannup Therapeutic Community successfully celebrated one year of service delivery in July 2020. Major renovations were undertaken in line with budgeted expenditure including upgrading the kitchen, creating office space, commencement of the new stand-alone withdrawal unit and adding an extra counselling room. These renovations have ensured the facility is now fit for purpose and has provided residents and staff a much-improved quality environment for the provision of service.

Our Wandoo Prison Therapeutic Community has now celebrated three years of service delivery and continues to be one of the most successful programs we have undertaken. We commend the residents at Wandoo, the staff of Cyrenian House and the Department of Justice for their continued successful operations.

As you will see from the Treasurer's Report and the organisations Financial Statements, the Committee of Management will continue to review Capital Works Programs and upgrading our facilities as and when required, utilising our surpluses to enable to the delivery of the highest quality alcohol and other drug services that make a positive and meaningful difference in the lives of those affected by alcohol and other drugs.

The COM and I would like to express our appreciation for the work of the Chief Executive Officer, Chief Operating Officer, Chief Financial Officer, Executive and Senior Management Team and all the staff of Cyrenian House for their continued support and commitment to the organisation. Cyrenian House continues to grow and provide additional services to more people affected by alcohol and other drug use through this growth.

The COM continues to support the CEO and her executive team to ensure we meet our mission and goals and the provided increased services and programs to the WA community, at the highest quality. We acknowledge the assistance of the CEO and her executive team in continually supporting us, providing information, reports and all that is required to enable the COM to assess the operations and therefore make our decision making clear and concise. It is the COM's commitment to ensure that surplus funds are utilised to continually improve the programs and services we offer, meeting the needs of our consumers and their families.

Matthew Van Riessen

President
Cyrenian House



Our Committee of Management

The Cyrenian House Committee of Management (COM) meets bimonthly and oversees our strategic governance.

Our highly skilled, committed and values-based Committee of Management are volunteers who have worked diligently to meet our strategic goals, and achieve our vision.

We thank the following COM members for their generous and voluntary commitment to our organisation in the 2020 – 2021 financial year.



President & Treasurer
Matthew Van Riessen
14 years of commitment
& support



Committee Member
Kim Ledger
8 years of commitment
& support



Vice President
Jenny Rogers
16 years of commitment
& support



Committee Member
John Stockbridge
6 years of commitment
& support



Committee Member
Barbara Hostalek
2 years of commitment
& support



Committee Member
Bill Meeke
3 years of commitment
& support





CEO's Report

2021 marks a significant milestone for Cyrenian House, as we celebrate over 40 years of service delivery to the Western Australian community. There has been much to reflect upon with over four decades of memories and achievements. In November of this year, we will celebrate with a Gala Ball, the culmination of 40 years of serving our consumers, their families, friends and significant others and the amazing staff, peers and volunteers who make up the rich fabric of the Cyrenian House community.

Covid-19 continues to command the attention of almost everyone, both consumers, staff and the general public alike. In many respects the people of Western Australia have been very fortunate, given there have been no serious outbreaks of coronavirus in our community due to our strong position on hard borders. Of course, there are also many individuals and families who have experienced great hardship, as a consequence of the economic impact of such a devastating pandemic. Cyrenian House will continue to strongly suggest that all our consumers, our staff, peer workers and volunteers get themselves vaccinated so that we all stay safe and protect our loved ones. Having said this, Cyrenian House staff have continued to deliver services during the pandemic via a number of flexible options which have kept our consumers engaged.



On the good news front, Cyrenian House celebrated a number of achievements throughout the year.

In May 2019 the State Government announced a \$5 million investment for an AOD crisis centre in Midland. This allocation was part of an overall package of \$42.5 million in response to the WA Government's Meth Action Plan. Cyrenian House, in partnership with Richmond Wellbeing, were successful in their tender bid for the Midland Withdrawal and Intervention Centre (MWIC), and the service was officially opened by the Minister for Mental Health; Aboriginal Affairs; Industrial Relations, Deputy Leader of the Government in the Legislative Council the Hon Stephen Dawson MLC on the 30th March 2021. The Centre provides a six-bed low medical withdrawal service and features seven days per week assessment and admissions, as well as a comprehensive range of supports for consumers and their families. Consumers can stay up to 21 days at the service.

Nannup Therapeutic Community, Kongal-boyal Wirin (Spirit of the South-West), celebrated one year of service delivery in July 2020. In addition, work was completed on a range of renovations, which included upgrading the farm-house kitchen to industrial standard, relocating the staff workstations, renovating the staff room and adding an extra counselling room. This has made the community more fit for purpose and has allowed our residents to have better access to appropriate cooking facilities in a quality environment.

In July 2020, our very successful Wandoo Prison Therapeutic Community, celebrated 2 years of service delivery. I am very pleased to say that we have still had no residents testing positive to any alcohol and other drug use in Wandoo's over two years of operations. This is unprecedented in the context of the prison population. Well done to all our residents at Wandoo and to both the staff of Cyrenian House and the Justice Department.

Cyrenian House is invested in delivering quality services using evidence informed practice. To this end we have engaged with a Curtin University PHD student, who is conducting a study around the retention rates of residents in the first month of Therapeutic Community Treatment. This study will support our desire to improve outcomes for our consumers by integrating research evidence into informed practice.

Cyrenian House launched its new Stretch Reconciliation Action Plan 2020 - 2023 early this year after it was

approved by Reconciliation Australia. This was made possible with the support of Aboriginal Elders and feedback from Aboriginal staff, our Committee of Management and our RAP committee. A major commitment of our RAP is to develop and implement an Aboriginal Workforce Development Plan. We have partnered with Marr Moditj, an Aboriginal Training Organisation, to support the training of Aboriginal workers for the alcohol and other drug sector.

To support more effective systems of working, we have continued to build the capacity of our organisation by reviewing our structure and adding a second level to executive structure via three General Manager positions. This has allowed us to support our management team more effectively by focusing on the areas of residential treatment, non-residential services and our Justice programs.

Finally, it would be remiss of me not to mention the retirement of Peter Duncan, the Manager of our Non-residential Services. Peter has worked at Cyrenian House for just under 30 years. It is difficult for me to imagine a time when Peter was not there beside me, putting his heart and soul into supporting others to change their lives. He will be sadly missed on the front line, but also deserves a really good break. I wish you well my friend in your retirement.

Finally, I would like to acknowledge the work of the Committee of Management, our partners, the amazing staff, peer workers and volunteers who have worked tirelessly in the past year, particularly in relation to Covid-19, and the loyal consumers, family and friends, who continue to access our services on a regular basis. You all contribute to making Cyrenian House a leader in the delivery of alcohol and other drug services.



Carol Daws

CEO
Cyrenian House



Cyrenian House Strategic Plan

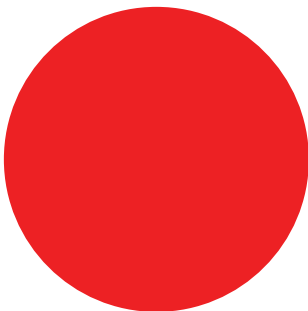
We have continued to achieve considerable advances in our provision of alcohol and other drug services to the West Australia community. Operating as a leading specialist AOD service, we are forward thinkers, driven by our passion to make positive and meaningful differences in the lives of people affected by alcohol and other drugs, aligned with the purpose and goals of our Strategic Plan.

The continuing challenges of the Covid-19 pandemic provided further opportunities for us to demonstrate great innovation and smart solutions in the delivery of our educational groups, programs, and services. In this year's annual report, we have aligned some of our key outcomes and achievements with our three Strategic Objectives. As we move forward to the next exciting 12-month period, we will commence reviewing our accomplishments and our status, as we develop a Strategic Plan for 2021-2024 to guide us on the next stage of our journey.

Objective

01.

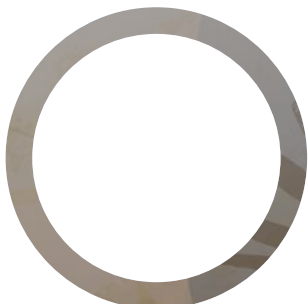
Deliver professional,
responsive and
innovative services



Objective

02.

Foster relationships that
improve services and
community engagement



Objective

03.

Optimise systems and resources that
support Cyrenian House's excellence and
sustainability



Alcohol and other Drug
and Human Services
Standard
QUALITY CERTIFIED
ORGANISATION

Accreditation Overview



Cyrenian House is unashamedly proud of their successes. Their core business is the provision of specialist services in the AOD sector. They are single minded and unwavering in their approach to their core, concentrating their efforts to ensure they meet their high standards and deliver the best they can to their base."

— ihca Audit Team

Cyrenian House undertook a Transition Audit against the Alcohol and other Drug and Human Services Standard (AODHSS) and a Maintenance audit against the Standard for Therapeutic Communities and Residential Rehabilitation Services (STCRRS) in late January 2021.

The audit conducted by the Institute for Healthy Communities Australia, was based on a sampling process of information provided to the auditors in accordance with the Audit Plan. We were very pleased to report that all Cyrenian House services achieved the "Met" rating, satisfying all the requirements of the Standards.

The Auditor findings reported "staff were of high quality, highly motivated and genuinely committed to the consumer's wellbeing". They also commented on the management and staff interviews conducted across the services reporting that both "management and staff demonstrated an active investment in evidence based, person-centred and culturally appropriate ways of working. It was evident staff were focused on best outcomes for the consumers they serve."

The Audit Team noted "Cyrenian House's organisational vision, purpose and values are entrenched in all its operations and are consistent with modern practice. Its operations and culture are built around making a measurable difference by delivering services, which enhance the inclusion, equity, and equality for its consumers."



Reconciliation Action Plan (RAP)

Together we all still have much work to do to close the gap, bring about justice and healing, and progress towards true reconciliation for Aboriginal and Torres Strait Islander peoples. We reaffirm our commitment to 'closing the gap' within the health area and wellbeing outcomes of Aboriginal and Torres Strait Islander people.

Having launched our second Stretch Reconciliation Action Plan (RAP), the last 12 months have provided many exciting opportunities to continue implementing our long-term strategies and working towards achieving the defined measurable targets and the goals of our RAP.

We have established a strong approach towards advancing reconciliation internally and within the organisation's sphere of influence with a focus on embedding reconciliation initiatives into our operational strategies, so they become *"business as usual"*.

Facilitating and fostering a tangible sense of Aboriginal Culture through education, cultural activities, and immersive experiences on Country, throughout our services has provided significant and meaningful opportunities for our consumers and staff to deepen their knowledge of the world's oldest continuous living culture.

Cultural events, activities, and educational opportunities we facilitated and engaged in throughout the year include:



National Apology Day

13 February 2021 commemorated Apology Day and the 12th anniversary of the Australian Government's apology. On this day, staff and consumers across the organisation were encouraged to acknowledge and reflect on the impacts affecting families and individuals by the State policy that implemented forced removal of Aboriginal children from their families – the Stolen Generation.



Cultural Awareness Training for all Cyrenian House staff

Facilitated by Nyoongar Leader, Danny Ford, this training provided opportunities for staff to understand how to better engage with Aboriginal people and demonstrate mutual respect to develop more effective relationships when working with Aboriginal consumers.



Sorry Day

26 May 2021 was another important moment across the organisation for staff and residents to remember and reflect on the sad and painful history of the Stolen Generation and recognise moments of resilience, healing and the power of truth telling.



Our passion is high and our commitment to reconciliation has never been stronger.



NAIDOC Week

NAIDOC Week is an important time within our organisation, where we celebrate the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. The 2021 theme, ***“Heal Country”*** was a call for all of us to seek greater protections for lands, our waters, our sacred sites and our cultural heritage from exploitation, desecration, and destruction.



Unfortunately, due to the Covid-19, four-day lockdown in July, some of our planned NAIDOC celebrations were rescheduled. Many services still had events happening during the week however our larger events such as our Smoking Ceremony had to be rescheduled for early August.



National Reconciliation Week (NRW)

27 May – 3 June 2021 marked almost three decades of the formal reconciliation process across the nation. The 2021 theme, ***“More than a word. Reconciliation takes action”***, provided an opportunity for all services to keep the conversation about reconciliation going. The importance of building and maintaining respectful relationships, not only within our service but within the wider community. Staff and consumers were encouraged to participate in several celebratory activities across all services giving thought to “what reconciliation means to you and why it’s so important.”



Midland Withdrawal & Intervention Centre (MWIC)



In May 2019 the State Government announced a \$5 million investment for an AOD crisis centre in Midland. This allocation was part of an overall package of \$42.5 million in response to the WA Government's Meth Action Plan. Cyrenian House was delighted to be awarded the contract to operate the service, in partnership with Richmond Wellbeing.

The Midland Withdrawal and Intervention Centre (MWIC) was officially opened on 30th March 2021 and welcomed its first consumer on 2nd April. The MWIC is a 6-bed low medical withdrawal service providing support to consumers for up to 21 days. The model is based on the integration of both medical and psychosocial services. The MWIC is staffed 24 hours per day, with a minimum of two staff on site at any given time. The purpose of the service is to provide a safe, therapeutic environment where consumers can withdraw from substances and receive other person-centered interventions.

The philosophy of the MWIC is to reduce barriers to service. This includes ensuring that the service is as comfortable and reassuring as possible. Consumers have their own ensuite, air-conditioned rooms and unlike more traditional residential rehab facilities, residents may have their own televisions and daily access to their mobile phones. Visits with children are accommodated during the week and other family members are welcome to visit during weekends.

A focus of the MWIC is to enable consumers to experience non-AOD related activities by facilitating weekly visits to the Art Gallery, Museum, State Library or other places of interest. Residents are also encouraged to join bush-walk outings along the Derbal Yirrigan (Swan River), Perth heritage trails and in the Swan Valley. Healthy living is also promoted through access to the local aquatic centre.

The MWIC provides assertive follow up and after-care support through its Consumer Connect Program. This program is designed to support consumers post treatment, linking them in with services as required, assisting consumers if they relapse and expediting re-entry into the MWIC if required.

Aligning with the Cyrenian House Strategic Plan:

Objective

01.

Deliver professional, responsive and innovative services

KEY ACTION Integrate consumer co-design and co-production principles into service development and delivery

As part of the design process for the MWIC service, Cyrenian House worked with its Consumer Advisory Group (CAG) and involved residents from our existing low medical withdrawal services and therapeutic communities to understand the main barriers to accessing services and how these might be overcome.

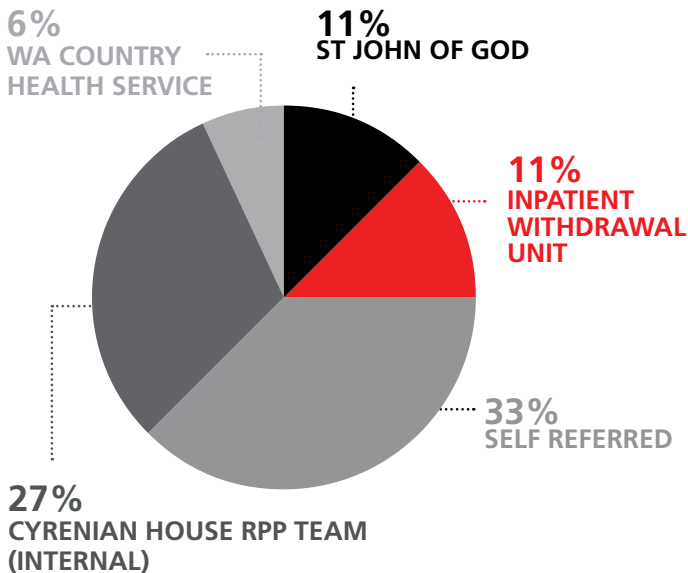
As a result, as well as making the MWIC service comfortable and ensuring ongoing connection to family and children during treatment, every effort is made to facilitate same or next day entry to the facility. The goal is to help people access treatment and support that works for them.



36

CONSUMERS PARTICIPATED IN
THE PROGRAM IN 2020 - 2021

SOURCE OF REFERRAL



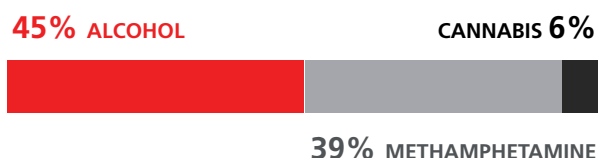
This service is one of
a kind...there's nothing
else quite like it!

— Midland Withdrawal and Intervention
Centre staff member

40

**AVERAGE AGE OF
CONSUMER IN THE PROGRAM**

PRIMARY DRUG OF CONCERN



MWIC

Connect Program

The MWIC Connect Program Client
data based on approximately 2
months of operation.



3.15

AVERAGE NUMBER OF
CALLS MADE TO EACH
CONSUMER

CALLS ARE MADE AT



3 days

1 week

1 month

3 months

6 months



9

consumers were
recorded as having
attended a TC
post MWIC

4

consumers were
contacted regarding
pre-entry TC support



From the heart by Tung

Consumer Story

Tung sits in the shade of an imposing Moreton Bay fig tree in Hyde Park, around the corner from Cyrenian House Non-residential Services. He is here to tell his story. When asked if he wants the details deidentified, Tung is adamant that he is happy to use his real name – **this is his story after all.**

Growing up

Tung is the son of Vietnamese refugees who were sponsored by the Australian government to come to WA in 1981. Tung was their first child, born in 1982. A second son followed, and the family unit was complete. Tung's parents worked hard and without pause – their focus was to provide a good life for their boys in a safe place removed from the trauma of war that they had both endured, and they did provide well for their sons. Tung attended a private school and was sheltered from some of the harsher realities of life. He was brought up to put family first and as the older sibling, he was often responsible for looking after his brother. Looking back now, it was a childhood weighed down by a sense of duty and responsibility. He can now recognise the feelings of resentment that he couldn't quite articulate back then.

A sense of connection

After he left school, Tung began to experiment with drug use. He found a sense of connection. He didn't feel quite so different anymore... the crowd he ran with accepted him and they had their drug use in common. He felt a sense of freedom that he hadn't felt before.

As he sits, deep in contemplation still shaded by the great Moreton Bay fig tree, Tung matter of factly states that for those years, he did what he had to do to support an increasingly voracious drug habit. In an interesting turn of phrase, Tung comments that 'meth got me'. Does he mean that the drug scene understood him in a way that he was not otherwise understood, or does he mean that meth grabbed him and brought him undone. Perhaps both....

Being a dad

Then he met someone, fell in love and became a dad. His sons were his love and his joy and Tung was determined to give his sons the carefree

childhood that he had yearned for, for himself. This was a second chance, a new beginning. But to his dismay, he found he didn't know how to do things differently. His use spiralled until he found himself on the wrong side of the law. He was sentenced to a prison term and whilst inside, he was clean and sober for two years. He voluntarily participated in prison-based drug programs, and he felt better than he had for a long time. He had beaten his demons. A new start on the outside beckoned. Two weeks after release, he relapsed. He breached his parole and was mandated to attend counselling. Let's fast forward to the day that his Holyoake counsellor told him that he needed rehab. Tung wasn't convinced but agreed, thinking that he would do it to get his parole officer off his back. He would do the program, but he wasn't expecting much. The first two weeks were hellish. He was in withdrawal, and it was tough. But he was determined to stay – he had been an addict for seventeen years and he was tired of it.

The hardest thing I've ever done

When asked if being in prison or being in a Therapeutic Community (TC) was harder, Tung doesn't hesitate. Prison was easy – he still ran with the same crowd, he was in control of the image he presented, he knew the routine and he didn't have to think too deeply. The TC, on the other hand, was tough. He had no choice but to unpack his pain. He had to search deep into himself and confront emotions that he had locked away. Tung grieved for the trauma that had silently enveloped his youth, he cried for the time lost and the damage done. He cried for the loss of his dad, who died at the young age of 54, and for whom Tung had never really grieved, until now. The TC community held Tung in his grief and slowly, he began to recognise the change that was happening within



him – his self-esteem grew, he spoke in group and as he progressed through the TC stages, he became a senior resident and a role model for newer residents. Whilst in the program, Tung's partner requested a separation. Tung knew that if he were to survive the break-up without relapse, he needed to be in the TC. So, he stayed and he grieved for the loss of that relationship, but he did so clean and sober. At about this time, Tung realised a new truth – up to then, he told himself that he was doing rehab for the sake of his family. Now it dawned on him that he was in fact doing rehab for himself. And he knew that for now, the TC was his safe space.

Transition

After a year at the Rick Hammersley Centre TC, Tung moved to a Cyrenian House Transitional Housing and Support Program (THASP) house.

It was just what he needed. It was a safe transition from the TC to the wider community and he felt supported to be with peers who had been through their own recovery journeys. Tung embraced the opportunities that presented themselves to him.

He went to 12 step meetings, and he volunteered at Cyrenian House information groups as part of the Peer Support Plus program. He also completed a Certificate IV in Community Services. Tung began to glimpse what the future might hold for him.

A new role

After more than two years of sobriety, Tung applied for, and was appointed to a Peer Support Worker role at the new Midland Withdrawal and Intervention

Centre. A new transition began....from consumer to worker. Tung credits the other staff who had travelled that road before him for their support in helping him to move from one role to the other.

In my heart, I'm happy

Tung is matter-of-fact about the harm that he has done to others because of his drug use. He regrets the hurt that he has caused, but he also knows that this is his time to give back. For whatever wrong he may have done in the past, he is doing something right, now. He is passionate about helping others to find their own way back from drug use. By sharing his story, he helps others to see what he wished he had been able to see himself all those years ago...it will be ok, and for Tung, it is ok now. He knows who he is and that is enough.

With gratitude

Tung embraces gratitude. He is grateful for the support that he has been given and that his life is good. He is grateful to Cyrenian House. When it is put to Tung that Cyrenian House is grateful to him for his generosity in helping others, he is surprised – he never thought of it that way before.

And so, in recognition of what you give to others when you give your story, Tung, Cyrenian House says thank you. We are grateful.



Non-residential Services (NRS)

Non-residential services (NRS) is a vibrant hub at the geographic and symbolic centre of Cyrenian House. At any time, most days of the week, NRS is busy as individuals and families attend groups, counselling sessions or just call in for some support and advice.

Many consumers begin their recovery journey at NRS, and the service is a vital link for consumers, offering them the full suite of Cyrenian House services – as well as delivering counselling and group programs, NRS provides many of the assessments and pre-entry supports for the Cyrenian House Therapeutic Communities and Low Medical Withdrawal Services. It also provides aftercare support for consumers leaving residential treatment as well as support for the Transitional Housing and Support Program (THASP). Through its Peer Support program, some people who have progressed in their recovery journey reconnect with NRS as peer volunteers or peer workers.

This year, the NRS Inner City Alcohol and Drug In-reach, Outreach and Thru-care Services program (known as the Street Doctor program) celebrated its three-year anniversary. Launched in 2018, the service is a partnership with 360 Health and provides AOD workers who work alongside the mobile Street Doctor GP service and other community services in Perth. The Cyrenian House outreach workers have built a reputation for their ability to connect with people who are reluctant to engage in mainstream services. In a true in-reach approach, they go where the consumers are – for example, the Emergency Department and drop-in services – at times that work for consumers, including evenings and Saturday mornings. They provide flexible and person-centred access to Cyrenian House services, including Therapeutic Community assessments. Of note is the fact that almost 30% of people who assess for TC treatment through the Street Doctor program complete the assessment process and successfully enter residential treatment. This percentage is comparable to the percentage of consumers who complete the more traditional assessment process. Specifically, during the period, 25 consumers who engaged with the Street Doctor program entered residential treatment.

Aligning with the Cyrenian House Strategic Plan:

Objective

03.

Optimise systems and resources that support Cyrenian House's excellence & sustainability

KEY ACTION Refine governance & quality systems and resources that support Cyrenian House's service provision and accountability

2020/2021 was a time of change and rejuvenation at NRS. An organisational restructure provided an opportunity to strengthen the clinical oversight of NRS services as well as enhancing the professionalism and productivity of the service. In the ongoing Covid-19 climate, NRS continued to use the strategies that had worked well during the earlier phase of the pandemic – online groups for support and assessments meant that NRS were as accessible as possible for as many people as possible.

Additionally, Cyrenian House was one of eleven AOD treatment organisations that worked with the sector peak body, Western Australian Network of Alcohol and Other Drug Agencies (WANADA) to conceptualise, develop, and implement a new data and outcomes management system, called Pharos. The preparation for introducing Pharos across most of Cyrenian House services was managed through NRS.



2,172

CONSUMERS ACCESSED
**NON-RESIDENTIAL
SERVICES**



CONSUMERS ACCESSED THE
STREET DOCTOR PROGRAM



17 CONSUMERS identify as
Aboriginal or Torres Strait Islander

PRIMARY DRUG OF CONCERN

29% ALCOHOL

45% METHAMPHETAMINES

8% CANNABIS



THASP THRIVES

Cyrenian House has offered a Transitional Housing and Support Program (THASP) for several years. This has provided many consumers with a safe transition from residential treatment to independent but supported housing in the community.

During the year, Cyrenian House was awarded a contract to manage an additional five THASP houses. This brings the total number of Cyrenian House THASP houses to seven. They are an invaluable element of our seamless throughcare options program.



Counselling
and outreach

Assessments
and pre-entry
support

Low-medical
withdrawal

Continuing care,
counselling
and groups

THASP
houses

Residential
Rehab



Our Therapeutic Communities




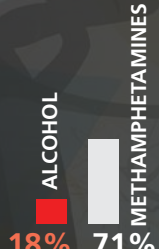
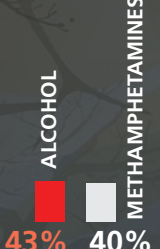
From the beach at Serenity Lodge to the natural bushland of the Rick Hammersley Centre and stretching south to the rolling countryside of the Kongal-Boyal Wirin in Nannup, each Cyrenian House therapeutic community offers a unique natural environment in which to recover and re-commence a full and meaningful life. Our therapeutic community in the Wandoo Women's Prison makes the most of the outdoor environment by cultivating native flower gardens that surround a central grass oval.

Each of our therapeutic communities maintains a strong adherence to the evidence-based Community as Method modality that draws on the collective strength and wisdom of the TC community itself to initiate and maintain positive behaviour change.



RICK HAMMERSLEY CENTRE THERAPEUTIC COMMUNITY (RHCTC)



	SARANNA WOMEN & CHILDREN'S PROGRAM	MIXED GENDER PROGRAM
 PARTICIPANTS	33	179
OCCUPANCY RATE	87%	62%
 AV. LENGTH OF STAY	122 DAYS	55 DAYS
 PRIMARY DRUG OF CONCERN	 ALCOHOL 18% METHAMPHETAMINES 71%	 ALCOHOL 43% METHAMPHETAMINES 40%

Where it all began...forty years ago, Richard Hammersley worked tirelessly to establish Cyrenian House as a small residential facility in Newcastle Street in Perth – in memory of his daughter Julie, who passed away because of a drug overdose. Today, the Rick Hammersley Centre TC is stronger than ever and forms an integral part of the suite of specialist alcohol and other drug treatment services provided by Cyrenian House!

Aligning with the Cyrenian House Strategic Plan:

Objective 01.

**Deliver professional,
responsive and innovative
services**

KEY ACTION Reflect diverse consumer and community needs in service planning

Cyrenian House is keenly aware of the unique treatment needs, and barriers to AOD treatment for women with young children. It is for this reason that Cyrenian House first developed the Saranna Program and more recently established the Saranna Early Childhood Education and Care Centre. During the last year, Cyrenian House continued to respond to the treatment needs of women with children by undertaking a comprehensive review of the Saranna program. This resulted in increased understanding of the goals of the program.

These goals are now clearly articulated:

- To provide AOD treatment to mothers for whom the care of young children may have been a barrier to treatment
- To provide a safe, supportive environment for children. Children do not receive direct treatment per se but they do benefit from the treatment their mother receives. There is assertive referral to appropriate services where issues or developmental delays are identified.
- To support mothers to build their capacity to parent effectively and manage a family/ household: parenting skills (homework, morning/evening routines, supporting positive behaviours), budgeting skills, meal planning, cleaning etc.

The service created a Family Support Worker role to support program goals.

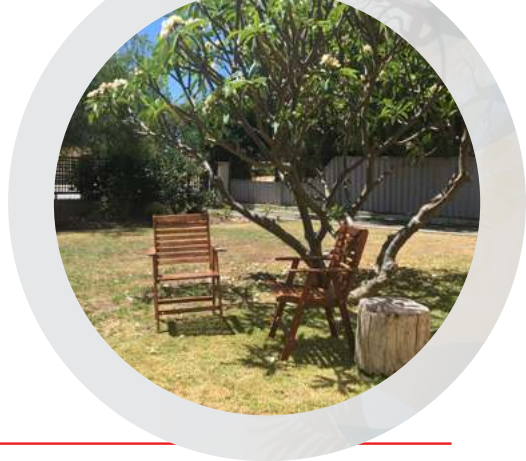
Another key development that has led to improved treatment responses for women with children has been the merging (wherever possible) of the Gnangara (previously the Mixed Gender program) and Saranna programs to effectively create a single Therapeutic Community. This change means that Saranna residents benefit from the fact that they are now effectively receiving treatment from up to 50 more peers. Previously the “recovery culture” in the Saranna program could fluctuate dramatically in response to the motivation levels of a small number of individuals. The culture of a TC of 60 residents is far less prone to massive fluctuations. Individuals who are less engaged in treatment are far more likely to internalise the pro-social values of the TC when the TC is comprised of more members. These same individuals may previously have had sufficient influence to create a less recovery focused culture.

Additionally, both programs now capitalise on the skillsets of all clinical staff. Previously the two programs differed greatly in how “community as method” was operationalised.





SERENITY LODGE THERAPEUTIC COMMUNITY



During the past year, Serenity Lodge embraced the learnings of the early phase of the Covid-19 pandemic to enhance accessibility to the program.

Whilst all assessments were previously done through Non-Residential Services in Perth, Serenity Lodge has successfully trialled and now implemented an option for assessments to be done locally, including on-site where this makes it easier for consumers to access treatment. "Jock" is evidence of the success of this approach. Worn down from heavy drug use, homeless and feeling increasingly helpless, "Jock" turned up at Serenity Lodge seeking support. He was seen there and then, assessed, and linked in with pre-entry support until he was able to enter the program. Several months on, "Jock" is enjoying his sober and clean lifestyle and is a valued member of the Serenity Lodge community.

The team have also reviewed the first stage of the program. Previously this was termed 'assessment phase', however, resident feedback indicated that the term was misleading and led to a feeling of ongoing scrutiny whilst new residents were trying to settle into the rigours of the program. Recognising the power of language and words, a collective decision was made to shorten the first phase of the program and to rename it "Wanju" – or the 'Welcome' phase. The new name is more aligned with the therapeutic and nurturing intent of the program.

At the other end of the treatment spectrum, Serenity Lodge has strengthened the role of graduate Therapeutic Community volunteers. The volunteer role is a significant one, whereby individuals who have successfully completed the program return as designated volunteers to support the program. They fulfil a number of key functions, including co-facilitation of groups and sharing their learnings with newer community members. They are connected to the Cyrenian House Peer Support Plus program so that they can continue to build their own peer skills and networks.

Aligning with the Cyrenian House Strategic Plan:

Objective

02.

Foster relationships that improve services and community engagement

KEY ACTION Grow community awareness of, and engagement with Cyrenian House

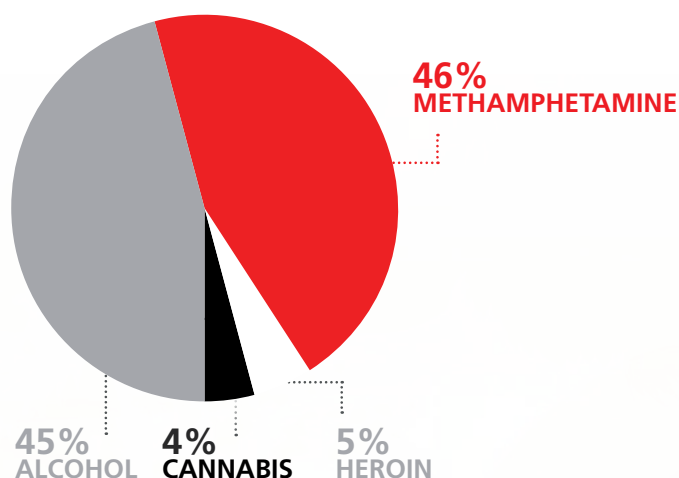
Reconnecting with the wider community is a key part of AOD recovery. Serenity Lodge is committed to building strong community partnerships to foster a sense of connection and belonging.

Over the course of the past year, Serenity Lodge worked with the local Bunnings store to make significant improvements to the facilities at the TC. The Bunnings Activity Coordinator enthusiastically organised support for new lighting and seating at the facility and a Bunnings team worked with TC residents to create and cultivate a thriving veggie patch. The initiative helped build confidence in the TC community members but also served to raise the profile of the work of Serenity Lodge in the local community. What a great way to show the benefits of AOD treatment to the wider world. Cyrenian House extends our thanks and appreciation to the Bunnings team.





PRIMARY DRUG OF CONCERN



178

**CONSUMERS PARTICIPATED IN
THE PROGRAM IN 2020 - 2021**



11%

**OF CONSUMERS
identify as Aboriginal
or Torres Strait
Islander**

What Serenity Lodge means to me

I had been struggling with a drug and alcohol addiction for 15 years. I had been experiencing a serious drug psychosis and had been admitted to hospital. After getting out of hospital, I realised that I needed help...fast, so I rocked up to Serenity Lodge on a Wednesday...walked through the front door and said "what do I need to do to get into rehab?"

Right there on the spot, I was offered an assessment so that's what I did and then I left hoping that Serenity Lodge would have a bed for me sooner rather than later. I got a phone call on the following Monday to offer me a bed and I entered the Lodge on the Wednesday.



I have been at the Lodge for five months now and feel the best I have ever felt in over 15 years, the healing I have had on my mind and heart is amazing.

I am now looking forward to my future and what is to come. I am so grateful for what the staff have done for me here at the Lodge, thank you so much for giving me the opportunity to get my life back on track. Thank you so much.

— D, Serenity Lodge resident



Kongal-boyal Wirin

NANNUP THERAPEUTIC COMMUNITY



The Nannup Therapeutic Community has only been operational for a year but is already well established as a specialist AOD treatment service and as a part of the local community.

In its first year, the TC held three graduation ceremonies to celebrate the achievements of residents who each completed 32 weeks in program. One of the graduates successfully transitioned to one of the Cyrenian House Transitional Housing and Support Program (THASP) properties in the Perth metro area.



94

RESIDENTS PARTICIPATED IN THE PROGRAM IN 2020 - 2021

The service has developed strong relationships with the Undalup Association and Nyoongar Outreach Services and these relationships have helped the TC to become a culturally secure space. Aboriginal culture is celebrated through the use of Aboriginal words used in program and through Aboriginal art. The community celebrated NAIDOC week and the TC staff team participated in Cultural Security training facilitated by Undalup – a highlight of the training was the enjoyment of traditional Aboriginal food – kangaroo stew, damper, emu pie and bush tucker.

Noongar Outreach Services supports the TC by providing culturally secure transport to consumers located within the Perth metropolitan region, seeking to commence their residential treatment program at the Nannup TC.

The TC also has a strong connection to Richmond Wellbeing. A Cyrenian House staff member works part-time between the Richmond Wellbeing Step-Up Step-Down service in Bunbury and doing TC assessments in the local area. Up to 80% of assessments for treatment at the TC are now completed locally.

The strong sense of community within the TC also extends to the local Nannup community. The TC has intentionally worked to be an integral part of their surrounding community and in the past year staff and residents have enthusiastically engaged in local activities, including the Mental Health Week Busselton Jetty Walk, the Busselton Mardi Gras and the official opening of Nannup's Reconciliation Garden.

Aligning with the Cyrenian House Strategic Plan:

Objective

03.

Optimise systems and resources that support Cyrenian House's excellence & sustainability

KEY ACTION Strengthen Cyrenian House's workplace culture and wellbeing

As a new service, Cyrenian House has worked hard to build a strong workplace culture and foster the team's wellbeing. The Cyrenian House leadership team are regular visitors to the service, and in addition to the Cultural Security training enjoyed by the whole staff team, some team members also participated in the Australasian Therapeutic Communities Association TC training program. At a more informal level, the team enjoyed a Planning Day that culminated in a visit to the Busselton Tree Top Adventure, where the team got to know each other even better through games and fun activities.



19% OF CONSUMERS identify as **Aboriginal or Torres Strait Islander**

PRIMARY DRUG OF CONCERN

83% METHAMPHETAMINE

8% HEROIN

ALCOHOL 5%



SERENITY AND NANNUP (LOW MEDICAL) WITHDRAWAL SERVICES – SWU AND NWU

As part of seamless service delivery, Cyrenian House offers consumers the option of completing a low medical withdrawal on-site at one of our therapeutic communities. Both facilities are stand-alone services (consumers may progress to residential rehab treatment but alternatively may return to the wider community once their low medical withdrawal is complete). Assessments for the SWU and NWU are available at either Non-Residential Services in Perth or at local community-based services in either Rockingham or Bunbury.

Cyrenian House works in partnership with Richmond Wellbeing to deliver both services.

The core program includes:

- Education sessions regarding alcohol and other drug use
- Assertive referral to, and engagement with other services
- Medical care and supervision by Richmond Wellbeing nurses
- Counselling (and follow up support)

A key element of both programs is the interface with the adjoining therapeutic communities. Senior TC residents are available to attend the facilities to provide support and share their experience of withdrawal and rehab – this is often the most valuable part of the program for many SWU and NWU consumers. They are also available to 'buddy-up' with withdrawal service residents and accompany them to community-based 12-step and SMART recovery meetings if this is included in their treatment plans.

Aligning with the Cyrenian House Strategic Plan:

Objective

02.

Foster relationships that improve services and community engagement

KEY ACTION Develop Cyrenian House's collaborative working relationships across services and sectors

Cyrenian House has built a strong and collaborative partnership with Next Step Inpatient Withdrawal Unit (IPWU). This means that consumers may begin an inpatient withdrawal at Next Step and as their need for inpatient support decreases, they can transition to a Cyrenian House low medical facility. This means that services can be more responsive to individual consumer needs.



I thought, well, if he could do it, then I could. It helped me stay one more day, then another and another...I wouldn't have got through it otherwise".

— Withdrawal Service Resident





WANDOO WOMEN'S PRISON THERAPEUTIC COMMUNITY

"This program's boss, eh!" A resident at Wandoo Therapeutic Community offers succinct, but enthusiastic support for the program delivered at Wandoo Women's Prison.

The program accommodates up to 77 residents and offers a minimum 28-week program, during which the women have the opportunity to address entrenched AOD use issues and associated behaviours. Many of the women who engage in the program have been using AOD for many years, often in response to trauma related to adverse childhood events and patterns of family and domestic violence. It is very common that the women's offending behaviours are strongly linked to AOD use. The Wandoo program is the first time that many of the residents can genuinely hope for meaningful change in their lives.

The program is based on a strong partnership between Cyrenian House and the Department of Justice. Cyrenian House draws on its expertise in delivering an evidence-based therapeutic community program whilst the Department of Justice staff provide psychological support as well as peer support and an Aboriginal Mental Health Worker who facilitates regular yarning sessions for residents. In addition, North Metro TAFE attend to provide a range of certificate courses.

Residents within the program are adamant that what is on offer at Wandoo is different to other prison-based programs. This program is integrated into all aspects of day-to-day life within the facility. Women negotiate boundaries, practice effective communication skills, re-learn living skills and develop much greater self-awareness than they realised possible. Achievements are celebrated – there are monthly graduation ceremonies to recognise the journeys of the women who complete the program. Aboriginal dance and the voices of the Wandoo Warriors choir energise the atmosphere and family members are warmly welcomed so that they too can join in celebrating changed lives. What better way to instil hope in newer residents than to see those who have gone before them do so well.

Aligning with the Cyrenian House Strategic Plan:

Objective

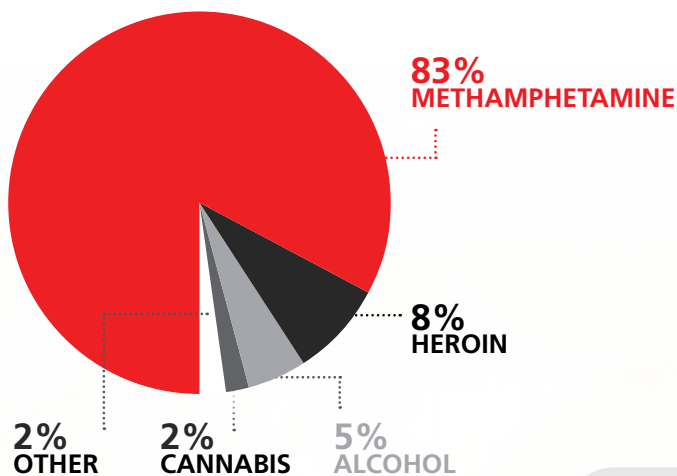
01.

**Deliver professional,
responsive and
innovative services**

KEY ACTION Reflect diverse
consumer and community needs
in service planning

Cyrenian House continually seeks to integrate all aspects of the Therapeutic Community model into the prison-based Wandoo service. This means using prison processes, such as the work program to support the "community as method" approach of the TC program and embracing prison-initiated activities such as weekend sports days to reinforce a strong sense of community within the program. The result of this collaborative approach is a vibrant and outcomes focused AOD recovery program.

PRIMARY DRUG OF CONCERN



83

RESIDENTS PARTICIPATED IN THE PROGRAM IN 2020 - 2021



23% OF CONSUMERS
identify as **Aboriginal or Torres Strait Islander**



What Wandoo means to me

Wandoo is a place of recovery; it gives us a second chance at life. It allows us to dig deep into our history and open up about all our troubles over the years.



It gives us a place of belonging.... it starts in this moment.

The Cyrenian Team give us an insight to how our behaviours not only affect us but also our loved ones who struggle through everyday life without us being there, but we are in the best of hands and I personally trust the Cyrenian team to help me through my fear of whether I am able to live without drugs and offending."

— Wandoo resident



From the heart by Joan

Consumer Story

"I found myself"...Joan's journey through addiction, poverty, violence and self-doubt eventually led her to Wandoo Women's Prison and ironically, it is behind the barbed wire fence of the prison perimeter that Joan found her freedom.

This is her story.

● "I was born in Perth, the oldest of four children. My childhood was fairly unremarkable. I remember my mum and dad splitting up when I was about ten. Mum moved us all down south but after a while, I moved back to Perth and grew up with my dad and step-mum. I still saw my mum and stayed with her in holidays.

I suppose it was when I left school that I started to feel a bit lost. I didn't know what to do. I went to TAFE and that was okay, I guess. But things weren't quite right – I now realise that I was highly anxious. Once, I couldn't breathe and I went to the hospital, but they just said that I was having a panic attack, like it was nothing much. They gave me a paper bag and left me to it. I didn't really seek any help again after that. I just got on with things as best I could. But the anxiety didn't really go away...it was always there in the background.

I fell in love when I was still young and had my first child at twenty-one. I went on to have three children with that partner and I loved those kids with all my heart. I still love all my kids more than I can even say. Throughout everything that came afterwards, I always had my kids. The relationship though wasn't so good. It was a miserable existence.... we were always scraping to get by. We were poor and I often went without food so that my kids could eat. Eventually, I left him and I moved to Rockingham with the kids. I worked at Woolies to support us.

I started a new relationship. He was extremely violent towards me, and he also introduced me to drugs. He was a drug user and I just slipped into using too. It was a way of coping with the violence and the abuse. I don't think I ever really realised what I was getting into. Then he left – he got on a plane, and he left, and that was the best part of the whole relationship.

I was still working and only using a bit at the weekends. But it was still reasonably under control at that point. With my parents' help, I bought a house. Before too long, things started to spiral out of control. I was still using and struggled to pay my mortgage and hold everything together. I met someone else and there was more violence in that relationship. Even though we were only together for a short time, we had another two children. Now, I had five children under ten. I loved them fiercely. But it was all so overwhelming....I was in a state of sheer exhaustion. My drug use crept up again, but that meant that things were getting even more chaotic.

So, when the opportunity presented itself to do some dealing, I didn't really give it a lot of thought. It was a way out of the chaos, as I saw it. But it sucked me in even more. Over the coming years, I lost my house and I got caught up in the justice system. I ended up serving three prison terms. This is my third. Each time I got out though, I always got my kids back. I would manage to get through my parole, but always ended up falling back into old habits. It was the only way of life that I knew.

This sentence is the longest I've served – six years. I've done programs in prison before, but they didn't work for me. They focused on making choices, but for me it was like there were only bad options to choose from. I couldn't see past surviving – surviving the violence of past partners, the poverty, the pain of it all. When that's your life, it doesn't feel like you have much to choose from. So, when I had the chance to do the Wandoo program, I thought it would at least be better than the other programs that hadn't worked before. My plan was to come in, do the program and get through the rest of my sentence.

When I arrived, it was all very confusing. There was so much going on, and it all seemed so intense.



I remember being so surprised that everyone said good morning to each other. There are up to 70 of us women in here at any time and people actually greeted each other. This was so different to how I was used to being – my strategy had been to stay in my own bubble, keep my head down and get through my sentence. But this program burst that bubble!

Here I had to open up to others and that was so hard at the start. But it was a new feeling to feel heard. I had put up barriers that were ten feet high to protect myself, but this program went about bringing those barriers down, bit by bit. I started to feel my feelings. Gradually I began to be stronger and see my own worth.

Now, after ten months in the program, I am different. I'll give anything a go. Before, I wouldn't try doing things because I didn't think that I could do them. Now, I will try new things. I have started running in here and one of my goals when I'm released is to do park runs. I want one of those tee-shirts that says, "I've done 50 park runs!"

In here, I've worked through my grief and my sadness at lost opportunities. Things could have been so different if I had this chance years ago. But I truly didn't know that I could ask for help and I didn't really think that I was worth it anyway. I know better now.

Do I miss drugs? No, I don't think so. For a while I thought that I missed the lifestyle and the money but actually, I have what I need now. I have plans for the future. I have my Cert II in cleaning and I'm going to be

doing my Cert III. I want to work on the mines when I get out. I could do that - I never would have thought so before. I've learnt how to break down my goals and plans into small parts so that I can see what I've done and what the next step is.

While I'm still here, I can make a difference. I now support the newer women coming in and I reach out to them if I see that they are struggling. I want them to get the benefits from this program that I've got."

Joan has lived through tough times. It could have been different. If the violence wasn't there, chipping away at her soul, if the poverty wasn't so draining and if there were more signposts for help along the way...it could have been different. But when Joan talks about her time at Wandoo, there is no bitterness, no regret and no shame. There is a recognition that she has made mistakes and that she could perhaps have chosen a different path if things had been different. Most of all, there is an acceptance that this is her now. And she's good with that. She's got her whole future ahead of her.

We are cheering her on all the way! Joan, run after your dreams... they are within your reach!



ADAPT • Prison to Community

ALLIED DRUG AND ALCOHOL PROGRAMS AND TREATMENT

The ADAPT program is a partnership between Cyrenian House and Holyoake. Both organisations bring many years' experience to supporting individuals in prison to address their AOD use.

In the last year, the ADAPT team facilitated the Pathways Group programs at Wooroloo, Karnet, Bandyup and Casuarina prisons. The Pathways program is an evidence-based, CBT manual-guided treatment program for adults with a history of criminal conduct and AOD issues. It adopts an interactive approach where participants are encouraged to challenge ideas and concepts as well as practicing new behaviours in a safe group environment.

ADAPT also provides through-care counselling at Wooroloo, Karnet, Casuarina, Hakea, Bandyup and Boronia prisons as well as at Non-Residential Services in Perth and at Holyoake, Victoria Park. The program also offers a methamphetamine group for consumers seeking support to address their meth use.

Parole in-reach Program (PiP)

This is a new initiative by the Department of Justice that forms part of the broader Justice Reform Program, aimed at increasing suitable access to parole.

The PiP is aimed at providing treatment opportunities for short-sentenced prisoners who would otherwise be ineligible and would therefore have less opportunity to address their treatment needs before their parole date. The program commenced in November 2020 and delivers the Moral Reconnection Therapy (MRT) group program as a through-care intervention at Wooroloo and Acacia prisons, and at Holyoake Victoria Park in the community.

What ADAPT means to me



I have just completed the Pathways Program at Casuarina Prison. The program has changed my life for the better in so many ways. It has given me the confidence, skills and tools I desperately needed to find a direction and drive in my life."

"I am glad to have participated in this course. It has opened my eyes on a lot of problem things going on in my life. I would like to thank the facilitators for what they have taught me through the last eight weeks."



461

CONSUMERS ENGAGED IN THROUGH CARE COUNSELLING

Full time	7	3
STAFFING	Cyrenian House	Holyoake
Part time	5	10



20

PATHWAYS PROGRAMS DELIVERED

5 METHAMPHETAMINE GROUPS FACILITATED
(reduced number of groups due to Covid restrictions)



Cyrenian House Milliya Rumurra (CHMR)

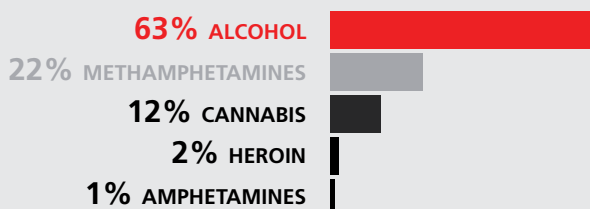
CHMR is a partnership between Cyrenian House and Milliya Rumurra Aboriginal Corporation, delivering alcohol and other drug treatment and prevention services to parts of the West Kimberley region since 2012.

Nine years on... A key challenge in regional and remote parts of Western Australia is continuity of service. A notable success of the CHMR program is that for nine years CHMR has provided a consistently high-quality service with a reputation for reliability and responsiveness to the unique needs of people in remote communities. Working in a regional and remote environment requires a flexible and collaborative approach to service-delivery. This way of working is firmly embedded in the CHMR approach.

● ● ● What CHMR means to me

Cyrenian House has been very supportive to me throughout the years. They have taught me how to manage my feelings 'n my addiction and how to be aware of my triggers. I wouldn't have managed it alone and I'm very thankful for Cyrenian House for their big support. Thank you for all your help."

PRIMARY DRUG OF CONCERN



90% OF CONSUMERS
identify as **Aboriginal or Torres
Strait Islander**

Aligning with the Cyrenian House Strategic Plan:

Objective

01.

**Deliver professional,
responsive and
innovative services**

KEY ACTION Enhance culturally secure and inclusive practices

The CHMR team is small in number but big in impact – during the year, its counselling team of three (including the service manager) conducted 48 visits to the remote communities of Bidyadanga and on the Dampier Peninsula. They provided direct support to 128 individuals. The CHMR counsellors are warmly welcomed in communities, where they adjust their approach to suit each individual – they are as likely to be found yarning under the shade of a verandah as they are in a counselling room in the local health centre – it all depends on what works best for the consumer.

CHMR also works to build local capacity. During the year, the team worked in partnership with Men's Outreach Service to deliver the **"Change 'Em Ways"** program to those in families who use violence or who are impacted by another's violence. CHMR delivered training in brief interventions and Motivational Interviewing to program staff. The CHMR team also co-facilitated nine of the groups and delivered the alcohol and drug education component of the program to participants. **100% of participants surveyed reported "an increased intention to change drinking behaviour".**



Being part of the bigger Cyrenian House team is important. It means we feel connected and that matters a lot — CHMR Team



North Metro Community Alcohol and Drug Service (NMCADS)

The integrated NMCADS is a partnership between Cyrenian House and Next Step. Cyrenian House provides counselling and support for individuals and families and Next Step provides medical and psychological services. NMCADS provides a comprehensive specialist AOD treatment service to consumers in the northern corridor of the Perth Metropolitan region.

During the year, NMCADS continued to deliver its core services. This report offers a snapshot of initiatives that strengthen partnerships and relationships and consequently, optimise outcomes for consumers.



3,157
CONSUMERS TREATED

PRIMARY DRUG OF CONCERN

40% ALCOHOL

24% CANNABIS



METHAMPHETAMINES 13%



16,857

OCCASIONS OF SERVICE (including for assessment, counselling, medical review, case management and psychotherapy)

NMCADS Aboriginal Family Support Program (AFSP) seeks to improve health and wellbeing outcomes for Aboriginal people and their families, living with co-occurring mental health issues and/or problematic alcohol and drug use. **During the year, consumers who accessed the service included:**

49

INDIVIDUALS

12

FAMILIES

Aligning with the Cyrenian House Strategic Plan:

Objective

02.

Foster relationships that improve services and community engagement

KEY ACTION Develop Cyrenian House's collaborative working relationships across sectors & services

Youth AOD use and co-occurring AOD and mental health issues more broadly continue to be key focus areas for NMCADS. NMCADS works closely with Headspace to provide AOD support to young people with co-occurring mental health issues. The collaboration includes the NMCADS youth counsellor attending weekly clinical review meetings as well as providing weekly in-reach sessions. Also boosting NMCADS responses to youth AOD issues is the service's engagement with local schools in the area, for whom NMCADS is an ongoing source of AOD information and support. NMCADS' presence at community events and school expos are further examples of the service's commitment to increasing community engagement.

NMCADS has a long history of supporting consumers who engage in AOD diversion programs by providing support opportunities for people apprehended by police, appearing in courts or who have an alcohol interlock condition on their driver's licence. The NMCADS diversion workers engage in close collaboration with the police, courts and other services to support consumers to access the services that will best meet their needs. NMCADS has a presence in the Joondalup and Perth Magistrates' Court as well as in the Perth Start (Mental Health) Court. Previously, consumers who had attended the Start Court were sometimes ineligible for residential AOD treatment due to difficulties in managing their medication whilst in the program. A new Start Court initiative whereby mental health nurses attend residential services to administer medication and conduct mental health reviews has removed this barrier to AOD treatment for consumers with co-occurring mental health issues.



Peer Support Plus Project



Cyrenian House recognises and values the significant role of our Peer Support Workers in supporting recovery for others.

In October 2020, seven volunteer Peer Support Workers completed a six-day peer training program. Five consumers came to the training from their own lived experience of recovery via therapeutic communities and one participant came via the Cyrenian House ADAPT program. The training is co-facilitated by previous graduates of the program. We are delighted that several volunteer Peer Support Workers took up paid employment across a number of Cyrenian House sites, or with other organisations. Two Peers Support Workers who were engaged in TAFE studies completed their work placements with Cyrenian House. Another two Peer Support Workers gained full scholarships to undertake the TAFE Cert IV in Mental Health Peer Work.

The volunteer Peer Support Workers continued to co-facilitate Peer Groups and other groups held at NRS, including the Information Sessions for Residential Treatment, the Assessment Group, Road 2 Recovery and the Next Step Information Sessions. Other volunteer activities included transporting consumers from the in-patient withdrawal unit to the therapeutic communities, accompanying the Outreach Team and volunteering at the therapeutic communities.

During the periods of Covid-19 when consumers were not able to attend in person, the "Living Recovery Peer Support Group" ran twice a week online via Zoom. This continued to prove to be a highly utilised service by group members, including those in the fourth stage of the therapeutic communities' programs.

The Peer Support team enjoyed social outings when restrictions permitted, including bush walks, Christmas Beach Picnic and attendance at the Mental Health Week Art Exhibition. The volunteer Peer Support team also helped to facilitate Cyrenian House's Memorial Service in Hyde Park for the International Overdose Awareness Day in August 2020.

.....

We wish to acknowledge the contribution that John Harrison made to the Peer Support Plus program. John sadly passed away in November 2020. Being in the first ever round of Peer Support trainees, John participated closely in the co-design and co-production of many elements of the PSP program, including the Living Recovery Peer Support and Drop-In Peer groups. He then became one of our first paid Peer Support Workers at NRS. May he rest in peace.

.....

● ● ● What Peer Support means to me



When I arrived today, I was full of myself and my problems, now I am connected, I care about others, I am hopeful and grateful, I am aware of my strengths and what a miracle it is that I am alive and clean."



Always welcoming and supportive. Been a big part of my recovery for over a year now."

"I felt safe, welcomed and accepted. That for me was immensely calming and helpful."





Saranna Early Childhood Education & Care Centre (SECECC)

Nestled in natural bushland near the entrance to the Rick Hammersley Centre is the exceptional Saranna Early Childhood Education and Care Centre (SECECC).

The original vision for the SECECC was to provide high-quality day care for the Saranna program children so that their mums could engage in AOD treatment knowing that their children were thriving in a warm, nurturing and respectful environment. In the last year, the SECECC reaffirmed its commitment to this vision. The pre-ambles of the revised service philosophy states: ***"We acknowledge our Saranna residents as our community's primary focus and are committed to support and champion their journey of rehabilitation in any way we can..."***

The SECECC continues to work collaboratively with the Saranna program to offer seamless parenting support to Saranna mums. Examples of innovation in the last year include offering a Mindful Parenting course that brought educators and mums together to learn stress-free healthy cooking for busy mums as well as increased SECECC flexibility for childcare hours so that Saranna mums can find the balance for them that best supports their parenting and recovery journeys. After the challenges of Covid in 2020, where the service was closed to children from the wider community for a period of time, occupancy rates have increased from 51% to 92% which is a tremendous achievement and an indicator of the esteem in which the program is held by the wider community.

A further indicator of the SECECC's practice excellence is its role as Ambassador for the **'Thrive by Five'** initiative which is spearheaded by the Minderoo Foundation. The initiative seeks to make the Australian early learning childcare system high-quality and universally accessible. This means that all children, regardless of socio-economic status or geographical location have access to childcare that invests in their wellbeing and development. Being an ambassador for the initiative is recognition of the quality of work that the SECECC does in the early learning space.

Aligning with the Cyrenian House Strategic Plan:

Objective

01.

Deliver professional, responsive and innovative service

KEY ACTION Access and facilitate research that benefits evidence-based work practices

In the last year, SECECC introduced the KIDDO program into its curriculum. KIDDO is a specialist, evidence-based program developed by academics from Exercise and Sports Science in the School of Human Sciences at the University of Western Australia. Designed to help develop physical literacy in children aged birth to eight years, KIDDO provides information, practical resources and skills for parents, teachers and early learning educators.

SECECC will be closely monitoring outcomes from the KIDDO program to assess its benefits for participating children. In the meantime, the children at the SECECC are thoroughly enjoying the fun-based physical games and activities that comprise the KIDDO program!





Diversity and Inclusion

Embrace it, share it, celebrate it.

At Cyrenian House we value diversity of thought and experience and believe that our inclusive culture contributes to our success.

Rainbow Tick

Cyrenian House is committed to being an inclusive, intersectional organisation and this year we have continued our journey towards achieving Rainbow Tick accreditation.

The Rainbow Tick is a national accreditation program owned and developed by Rainbow Health Victoria (formerly GLHV). The Rainbow Tick Standards have been specifically designed to suit health and community organisations that are committed to safe, inclusive practice and service delivery for LGBTQI+ people.

For us to receive accreditation, we will need to meet the requirements outlined in the Rainbow Tick Standards.

- The Cyrenian House Rainbow Committee consists of members from each service, who meet bi-monthly to progress the work of the organisation in the LGBTQI+ space. Over the last 12 months, the Rainbow Committee has spent time working through Rainbow Tick Standards 1 – 3 and reviewing current practice at individual sites. This process has been extremely valuable in determining strengths within services together with areas for improvement and policy development.
- Our Compliance Manager has also been actively involved in the WA 'Rainbow Tick' Community of Practice (CoP), hosted by Richmond Wellbeing. This CoP brings together a range of mental health, community health, alcohol and other drug (AOD) and disability service providers to build capacity, cohesion and responsiveness to LGBTQI+ inclusive practices in the community services sector in Western Australia.

It provides key opportunities for:

- Relevant information sharing
- Learning about and contributing to continued development of good practice
- The opportunity to have a role in identifying and establishing strategies for collaboration to enhance local and regional community services, collegial support, pathways and responsiveness to the needs of LGBTQI+ people, communities and families

LGBTQI+ Events

The organisation recognised and celebrated many LGBTQI+ events across the organisation over the past 12 months, including:

IDAHOBIT

(International Day Against Homophobia, Biphobia, Interphobia and Transphobia)

Wear it Purple Day

Pride Month





Celebrating 40 years of Cyrenian House

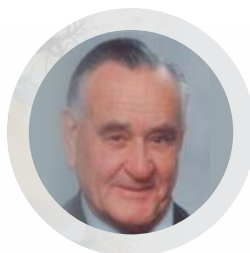


+5

1981

Cyrenian House was launched by Rick Hammersley, a former Bookmaker, following the death of his daughter Julie, due to an alcohol and other drug overdose.

- Residential services located at 419 Newcastle Street.
- Cyrenian House established at a time when there was limited AOD support in WA. It was established as a not-for-profit non-government organisation to deliver professional, ethical, and effective alcohol and other drug (AOD) treatment services to the WA community. Originally Cyrenian House only provided a residential program & offered non-residential support & aftercare.
- Halfway House was established sometime later.
- Dr Chris Hammersley (Rick's son) was the President of the Committee of Management.



1991

- Secured a 5-bed house on Aberdeen Street to supplement the 2nd stage of the Residential Program.
- Plans in progress to relocate the Residential Program to the Santa Maria Estate in Cullacabardee in February 1992.
- Commenced working with major metro prisons – Offender Development Program was established.
- Submitted a request for funding to establish the Saranna Detoxification Unit at Cullacabardee. This later became the Saranna Women and Children's Program (SWCP).

1987 - 88



New staff appointments

Halfway House Coordinator Carol Daws

Night/Weekend Supervisor Mitch Peasley

- A much needed crèche was established in 1988. This allowed staff access to childcare and allowed clients to access childcare whilst attending counselling.
- Total of 13 staff members.

1990

- Total funding from Alcohol and Drug Authority (\$329K) and other sources including fundraising \$1,167,000.

1988 - 89



Committee of Management

- President – Chris Hammersley
- Secretary – N F Sisson
- Treasurer – F B Clarke
- Members – Mark Popham, Aung Myint, D J McIntyre

- **Staff and ex clients** – renewed commitment to the principle "Whenever and wherever a suffering addict needs help to recover from addiction the hand of the house must be extended"
- **New initiatives introduced** - "Start up" and Family Groups
- Properties located at 21 Palmerston Street were leased to Cyrenian House by the State Planning Commission on 5-year lease on condition they were renovated. The Residential Program located at 419 Newcastle Street, Perth was relocated to 21 Palmerston Street, Perth.
- Alcohol & Drug Authority provided \$40K for renovations.
- Extra funds were received from Telethon & Rotary.
- Took over occupancy in October 1988 as this became the primary residential facility.

1991 - 92



Committee of Management

- President – Chris Hammersley
- Secretary – D J McIntyre
- Treasurer – Mark Popham
- Members – M McWaters, P Popham

Executive Director Arthur Toon commenced

- Stage 1 of the Santa Maria project was completed, providing multipurpose facilities at Cullacabardee. This included office space, counselling rooms and a crèche.
- Stage 2 was the planned completion of the SWCP.
- Eight cottages were built to accommodate one family in each.
- Average contribution collected towards board and lodging was \$66.
- Average cost to the service per client over a 6-week period was \$2272.
- Family Program at Non-residential Services established.
- **March 1992** A joint project with Homeswest further enhanced the facilities at Santa Maria including the addition of a new 12-bed shared accommodation unit.

10
YEARS
ANNIVERSARY



12

● ● ● 1992 - 93

Committee of Management
Chris Hammersley resigned from Board



● ● ● 1993 - 94



Committee of Management

- President - Mark Popham
- Secretary - G Moriarty
- Treasurer - J Wyndham
- Members - Dr Anne Irvine and Chris Hammersley

Executive Director Arthur Toon

New staff appointments

Counsellor Peter Duncan

Conditional Program Counsellor Kerry Prunster

Administration Jill Rundle

Overall admissions doubled in 2 years.

Major change in Government funding:

- Final year funding was received through the Alcohol & Drug Authority.
- **1994** funding was provided directly from the Department of Health.
- **1995** funding through a tendering process was introduced.

● ● ● 1996 - 97



Committee of Management

- President - John Wyndham
- Secretary - Dr Anne Irvine
- Treasurer - Tony Fotiades
- Members - Mark Popham, Paula Coleman, Anne Barblett and Ross Lonnie

Director Arthur Toon

New staff appointments

Administrator Ofilia Leadbeater

Administrative Assistant Malvina Limb

- Relocation of administration, outpatients, crèche and 2nd stage Residential Program to 343 - 353 Newcastle Street.
- Crèche reduced to part-time due to limited space at new location.
- SWCP opened in September 1996, however only partial funding was available - so it was used as crisis accommodation initially.
- First group of cottages for the SWCP were officially opened on the 7th of October 1996.



Prime Minister John Howard visited the Rick Hammersley Centre to officially rename it on the 30th of July 1999.
This is an excerpt from his speech.

Amongst the things that I've done here in Perth was something I did this morning. I visited Cyrenian House just on the outskirts to rename that magnificent centre the 'Rick Hammersley Centre' in memory of somebody who made a great contribution to fighting the drug problem. Very importantly, I spent 20 minutes or so with some of the people who were there, away from the glare of the media, getting their reactions and talking with them about how they said that it was a facility that gave them, for the first time, **a sense of security.**

These are people who decided to do something to break the habit. They decided to go there as a residential facility and I said, "what's good about it?" and they said "what's good about it is that it gives us a sense of support and safety and security while we grapple with trying to beat this devastating habit".

This kind of facility is a great example of how governments, the business community, the welfare sector and individuals **working together to achieve community goals can realise great things.**

● ● ● 1995 - 96



Committee of Management

- President - Mark Popham
- Secretary - Dr Anne Irvine
- Treasurer - John Wyndham
- Members - Paula Coleman, Helen Fowler, Ross Lonnie

Executive Director Arthur Toon

New staff appointments

Supervisor James Snell

- **April 1996** Northbridge Tunnel works commenced.

● ● ● 1997 - 98

- Sudden death of Richard Hammersley on 28th July 1998. "Rick is fondly remembered for his determination to stay in the race and his strong desire to be of use and make a difference" - Arthur Toon.
- Prison to Parole Program was funded.
- Tenders were called for Community Drug Service Teams.
- SWCP became fully functioning at end of 1998.
- The Santa Maria Service was renamed the **"Rick Hammersley Centre"** (RHC) in memory of Richard Hammersley.

● ● ● 1999 - 20



Committee of Management

- President - John Wyndham
- Secretary - Anne Barblett
- Treasurer - Paula Coleman
- Members - Mark Popham, Ross Lonnie, Dr Anne Irvine, Les Cooper

Director Arthur Toon

- Carol Daws, Peter Duncan and James Snell travelled to NSW to familiarise themselves with the Therapeutic Community Model (Community as Method). Came back and established the TC Model at Rick Hammersley Centre including the Work Program.
- Women's Prison Counsellor Project commenced in December 1999.



● ● ● 2000 - 01

- Fire swept through Rick Hammersley Centre Therapeutic Community (RHCTC). We lost a shed and truck and received some building damage.
- Evacuated the RHCTC to Palmerston Farm and Serenity Lodge.
- Lotterywest funded 2 new vans for the RHCTC.
- Received funding for Court Assessment Treatment Program (CATS) 3 beds at the RHCTC.
- Celebrated our 20th anniversary.

● ● ● 2001 - 02



Committee of Management

Graham Edwards joined as Patron

New staff appointments

Counsellor Wendy Shannon

Welfare Worker Linda Santiago

Executive Director Arthur Toon resigned as Executive Director and was replaced by Clinical Services Manager Carol Daws as the new Executive Director



- Cyrenian House joined WANADA.
- Arthur moved to Alice Springs after 15 years of service.

● ● ● 2002 - 03



Committee of Management

- President – John Wyndham
- Deputy President – Paula Coleman
- Secretary – Anne Barblett
- Treasurer – Mark Popham
- Members – Les Cooper, Ross Lonnie, Lynton Piggott, John Simpson

New staff appointments

Volunteer Kate Weller

- Purchased new building on the corner of Fitzgerald and Vincent Street as the new Head Office and Non-residential Service (NRS).
- Toll Transport leased over half the floor space of the new building.
- Received funding for a new building at RHCTC – new counselling rooms and 2nd stage building for SWCP.

● ● ● 2003 - 04



Committee of Management

- President – John Wyndham
- Deputy President – Paula Coleman
- Secretary – Lynton Piggott
- Treasurer – Mark Popham
- Members – Les Cooper, Ross Lonnie, Lynton Piggott, John Simpson

New staff appointments

Counsellor Eric Nordberg

- Arthur Toon passed away in Alice Springs.
- Opened the Head Office and NRS building on the corner of Fitzgerald and Vincent Street.
- Additional funding received to open a crèche facility on site at RHCTC.

● ● ● 2004 - 05



Committee of Management

- President – John Wyndham
John resigns as President after nearly a decade of service
- Vice President – John Simpson
- Secretary – Lynton Piggott
- Treasurer – Mark Popham
- Vice Treasurer – Jill Rundle
- Members – Les Cooper and Ross Lonnie

New staff appointments

Relief Supervisor Kathryn Hodges

Supervisor Ian O'Brien

Counsellor Tom Darby

- Increase in bed capacity by 6 beds at RHCTC.

● ● ● 2005 - 06



Committee of Management

- President – John Simpson
- Vice President – John Wyndham
- Treasurer – Jill Rundle
- Secretary – Lynton Piggott
- Members – Mark Popham, Les Cooper, Ross Lonnie, Sally Thomas, Jenny Rogers

New staff appointments

Counsellor Educator Theo Semumtu



- Department of Housing commenced building a further 6 new cottages as part of the SWCP.
- Established a partnership with Aboriginal Alcohol & Drug Service (AADS) to dedicate 6 beds at RHCTC to Aboriginal clients and established 2 full-time Aboriginal Worker Positions.
- Staff attended Cultural Security Training at AADS.



● ● ● 2006 - 07

Wendy Shannon takes over as Manager at Rick Hammersley Centre.

● ● ● 2007 - 08



Committee of Management

Matthew Van Riessen commences as Treasurer of the Committee of Management

Life Member Mark Popham

New staff appointments

Comorbid Project Officer Charl Van Wyk

Receptionist NRS Jodie Smart

Counsellor Educators Louann Mokrzycki, Sally Saunders, Tom Hopkins

Supervisors Patrick Williams, Richard Hammersley

Crèche Worker Judy Gordon

- Rules governing the crèche made it impractical to operate.
- Planning commenced to establish a childcare centre at RHCTC.
- Funding received for extra 10 beds at RHCTC.
- Refurbishments to RHCTC buildings are completed.
- Establishment of an Aboriginal Meeting Place at RHCTC.
- Integration of the Perth and Northern Drug Services Team into North Metro Community Drug Service (NMCADS) and was officially launched by John Hyde in June 2008.
- Warwick building inadequate – seeking to lease another premise in Joondalup.
- Department of Housing & Works commence building 6 new cottages at RHCTC.
- RHCTC increased capacity from 30 to 40 beds.



● ● ● 2008 - 09



Committee of Management

Life Member John Wyndham

New staff appointments

Manager of NMCADS Deb Slade

Clinical Counselling Coordinator
Nicola Iannantuoni

- Commencement of "Moving on from Dependency" Programs in prisons.
- Received additional funding for the Drug and Alcohol Through Care Service (DATS) previously referred to as Prison to Parole (PPP).
- Established relationships with Holyoake and Women's Health Services.
- Capacity within the Saranna Women and Children's Program increased from 8 families to 14 families due to expansion in number of cottages.

● ● ● 2009 - 10

- Minister for Mental Health, Graham Jacobs, officially opened the 6 new Saranna cottages on the 12th of May 2010.
- Approval received to commence construction of the childcare centre, whilst funding is sourced.
- RHCTC volunteered to be one of the first TC's in Australia to complete the ATCA TC Standards Quality Improvement framework.
- Cyrenian House launched their first Strategic Plan.

**30
YEARS
ANNIVERSARY**

● ● ● 2010 - 11

- Plans developed for expansion of RHCTC.
- Cyrenian House celebrated its 30th anniversary.

2011 - 12



Committee of Management

- Elise Croft joined the Committee of Management
- Members - Ross Lonnie, Georgie Hammersley, Chris Hammersley, Mark Popham, John Wyndham

New staff appointments

- David Lonnie commenced employment

- Cyrenian House partnered with MilliYa Rumurra for the Northwest AOD Support Program, delivering AOD services in Broome over a 3 year period.
- 1st Golf Day was held on 12th April at Meadow Springs Golf and Country Club.
- Approximately \$2.2million was secured for the building of the Childcare Centre. Minderoo Foundation, Jodie Fewster and family, State Government and Lotterywest were among the major funders for this project.
- A transition house in Bedford was given to Cyrenian House by the Department of Housing.
- New Enterprise Bargaining Agreement registered with the Department of Commerce.
- Volunteer Drug and Alcohol Counsellors' Training Program was established in 2012.



2013 - 14



Committee of Management

Kim Ledger joined the Committee of Management

Life Member Les Cooper

New staff appointments

Chief Finance Officer Stephen Scarrott

Manager of Serenity Lodge Therapeutic Community David Lonnie

Operations Manager Colette Wrynn

- Cyrenian House built 3 special purpose buildings at RHCTC. An IT room, group room and new counselling rooms.
- Lotterywest provided funding for a new purpose-built kitchen and dining hub at RHCTC.
- DAO amalgamated with the Mental Health Commission.
- **July 2013** Saranna Early Childhood Education and Care Centre signed off practical completion on the 16th July 2013 and opened for business in February 2014.
- Helen Morton officially opened SECECC in January 2014.

2014 - 15



Committee of Management

- President – John Simpson
- Vice President – Jenny Rogers
- Treasurer – Matthew Van Riessen
- Members – Les Cooper, Kim Ledger, Elise Croft, Karen Ward

New staff appointments

Corporate Support Natalie Prowse

- Renovations and refurbishments at Serenity Lodge were completed and operating at full capacity.

2012 - 13



Committee of Management

- Karen Ward joins the Committee of Management
- John Wyndham resigned due to poor health, after 17 years of service

- **2013** Cyrenian House launched its first Reconciliation Action Plan (RAP).
- Cyrenian House was successful in the tender request for Serenity Lodge Therapeutic Community in 2013.
- Increased funding from DAO allowed the expansion of AOD support services in the Kimberley region - CHMR
- Electronic lift installed at NRS to support people accessing the building with access issues.
- Funding received for the Partner in Recovery Program (PIR), supporting clients with severe and persistent mental health issues.

2015 - 16



Committee of Management

- Karen Ward resigned from the Committee of Management
- Josh Cox and John Stockbridge join the Committee of Management

President and Treasurer

Matthew Van Riessen

- NMCADS commenced in Joondalup.
- John Simpson passed away on 23rd November 2015.
- John Wyndham passed away on 12th December 2015.
- Georgie Hammersley passed away on the 11th May 2016.

2018 - 19

- New logo was launched.
- Commenced the development of the second Stretch Reconciliation Action Plan.
- **July 2018** Wandoo Women's Prison commenced and the Premier of Western Australia, Hon. Mark McGowan MLA, officially opened the service in August 2018.



●●● 2016 - 17



+4

- Cyrenian House established Serenity Withdrawal Unit (SWU) providing 4 low medical withdrawal beds at the Serenity Lodge location.
- SWU was officially opened on Friday 13th of October by Ray Peters from MHC.
- Funding secured for 10 extra residential beds at RHCTC and 6 at Serenity Lodge TC.
- Building works for the Kitchen Hub and 3 transportable building at RHCTC were completed.
- Commenced Moral Reconciliation Therapy (MRT).
- Received funding for the establishment of a Consumer Advisory Group (CAG) and the Peer Support Plus Program (PSP).



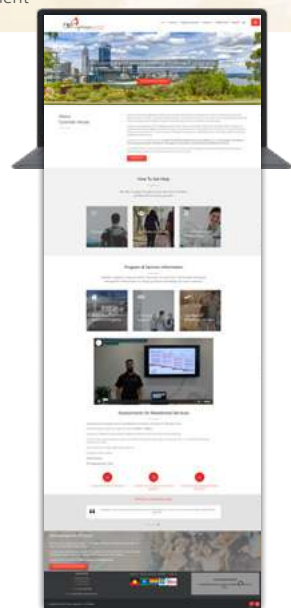
●●● 2019 - 20



Committee of Management

- Bill Meeke joined the Committee of Management

- The Government of Western Australia declared a State of Emergency and a Public Health Emergency in response to the Covid-19 pandemic.
- With 4 large residential treatment services and a similar number of non-residential treatment centres the challenges brought by Covid-19 were extreme and involved a complete reimagining of the way services were delivered.
- **July 2019** Nannup Therapeutic Community, Kongal-boyal Wirin (Spirit of the South-West) and Nannup Withdrawal Unit commenced operation in partnership with Richmond Wellbeing and Noongar Outreach.
- The service was officially opened by Hon. Alanna Clohesy MLC, on 25th October 2019.
- Funding was received to operate 5 new THASP houses.
- New supervisors' cottage built at RHCTC.
- New website and Facebook page were launched.
- **June 2020** Purchased Nannup TC property.



●●● 2017 - 18



Committee of Management

Josh Cox resigned from the Committee of Management

New staff appointments

Chief Operating Officer James Hunter

- Launched a new Strategic Plan 2018 – 2021.
- Road to Recovery Group developed and commenced.



**40
YEARS
ANNIVERSARY**

●●● 2020 - 21



Committee of Management

- Barbara Hostalek joined the Committee of Management

- Launched our second Stretch Reconciliation Action Plan 2020 - 2023.
- Celebrated our 40th anniversary with a Gala Dinner at Crown.
- Cyrenian House, in partnership with Richmond Wellbeing, were successful in a tender bid for the Midland Withdrawal and Intervention Centre (MWIC).
- MWIC was officially opened by the Hon. Stephen Dawson MLC, on the 30th March 2021 and operates as a 6-bed low medical withdrawal service.
- **July 2020** Nannup Therapeutic Community, Kongal-boyal Wirin (Spirit of the South-West), celebrated one year of service delivery.
- Renovation works were completed including a kitchen upgrade, relocation of staff workstations, renovation of the staff room and the addition of an extra counselling room.
- **July 2020** Wandoo Prison Therapeutic Community, celebrated 2 years of service delivery.
- Developed and implemented an Aboriginal Workforce Development Plan.
- Established a partnership with Marr Moditj, to support training Aboriginal workers in the alcohol and other drug sector.





Treasurer's Report

The 2020/21 financial year results are not very comparable to prior periods with many factors intertwined in the resultant outcome. Notwithstanding this, the financial outcome for the 2020/21 year, while less than the prior period, is an exceptional result.

This was the first full year of owning and operating the Nannup Residential Therapeutic Community and shortly after the time of purchase, Western Australia again went into lockdown. Significant impacts to revenue occurred over the early months of the 2020/21 financial year with 10% and up to 50% reductions for the various services. Without government assistance a very different outcome may have resulted.

Early in the 2020/21 financial year and having purchased Nannup in June 2020, a bold large capital development program commenced to make the Nannup TC a purpose-built facility. This also included development plans for a stand-alone Nannup Withdrawal Unit which was commenced, but not quite completed as at 30 June 2021. The Committee of Management also approved the purchase of a house in Bunbury to support our residents transitioning from the Nannup TC.

Like most of the Western Australian economy, the second half of the financial year came back stronger than anticipated and Cyrenian House also commenced new services at the Midland Withdrawal and Intervention Centre. This tender was awarded by the WA Mental Health Commission in early 2021 after Cyrenian House tendered to provide the service in August 2020.

Covid-19 impacted not only service delivery but costs in ensuring the safety and wellbeing of our staff and clients. This resulted in wild gyrations in expenditure across various items during the year in response to service delivery changes, supply shortages and impacts experienced by the wider community generally.

New capital planning is now underway, cognisant of requirements that the pandemic has highlighted that need to be addressed as part of future service delivery. This is all occurring even after undertaking capital expenditure of over \$1.5M during the current financial year.

Sadly, fundraising completely ceased this financial year but fortuitously unsolicited donations more than offset the shortfall.

Cyrenian House remains eternally grateful of the unsolicited donations it receives and significant assistance of the multifarious supporters in the community that help us make a difference to people impacted by alcohol and other drug addiction.

I present to you our audited financial statements in the Annual Report.

Matthew Van Riessen

Treasurer
Cyrenian House





Financial Statements

For the
year ended
30th June 2021



W.A. Council on Addictions
T/as Cyrenian House



STATEMENT OF COMPREHENSIVE INCOME

FOR THE YEAR ENDED 30TH JUNE 2021

	NOTE	2021 (\$)	2020 (\$)
REVENUE			
	4	3,235,353	2,889,989
		16,746,332	15,343,729
		2,343,782	2,593,109
		91,863	49,671
		115,736	249,162
		46,385	13,277
		-	36,768
		187,467	81,195
		22,766,918	21,256,900
EXPENDITURE			
Administration and finance costs	4	638,732	646,960
Employment, education and training expenses		15,055,800	13,682,235
Cost of services and sale of goods		3,980,049	3,696,563
Depreciation and amortisation expenses		1,363,780	1,155,636
Fundraising expenses		984	22,552
		21,039,345	19,203,946
NET SURPLUS			
	2	1,727,573	2,052,954
OTHER COMPREHENSIVE INCOME			
Other Comprehensive Income		-	-
TOTAL COMPREHENSIVE INCOME FOR THE YEAR		1,727,573	2,052,954



STATEMENT OF FINANCIAL POSITION

FOR THE YEAR ENDED 30TH JUNE 2021

ASSETS		2021 (\$)	2020 (\$)
CURRENT ASSETS			
Cash and cash equivalents		16,182,009	13,389,530
Trade and other receivables		5,442	52,797
Other current assets		104,072	531,516
TOTAL CURRENT ASSETS		16,291,523	13,973,843
NON-CURRENT ASSETS			
Other non-current assets		-	1,320
Land and buildings - cost	2,527,282	2,527,282	2,377,282
Freehold improvements	8,499,718		
less: Accumulated depreciation	(2,197,066)	6,302,652	6,336,963
Leasehold Improvements	820,362		
Less Accumulated depreciation	(698,623)	121,739	244,793
Plant & equipment at cost	3,233,175		
less: Accumulated depreciation	(1,796,025)	1,437,150	1,031,592
Motor vehicles - at cost	1,247,852		
less: Accumulated depreciation	(685,585)	562,267	601,732
Right-of-use assets - at cost	1,835,699		
less: Amortisation	(649,600)	1,186,099	1,514,095
Works in Progress		134,589	29,108
TOTAL NON-CURRENT ASSETS		12,271,778	12,136,885
TOTAL ASSETS		28,563,301	26,110,728
LIABILITIES			
CURRENT LIABILITIES			
Income In advance		27,860	-
Unexpended grant funds		298,146	5,250
Lease liabilities		276,537	45,254
Other liabilities		113,208	100,571
Taxation liabilities		395,374	145,512
Client funds held in trust		4,800	2,400
Trade creditors		237,308	143,636
Provision for employee entitlements		2,153,582	1,788,669
TOTAL CURRENT LIABILITIES		3,506,815	2,231,292
NON-CURRENT LIABILITIES			
Lease liabilities		908,081	1,429,066
Provision for employee entitlements		411,022	440,560
Provision for right-of-use restorations		80,000	80,000
TOTAL NON-CURRENT LIABILITIES		1,399,103	1,949,626
TOTAL LIABILITIES		4,905,918	4,180,918
NET ASSETS		23,657,383	21,929,810
ACCUMULATED FUNDS			
Accumulated surplus		23,455,174	21,727,601
Reserve for future services		202,209	202,209
TOTAL ACCUMULATED FUNDS		23,657,383	21,929,810



● ● ● **Our Vision**

Healthy, inclusive
and harm-free
communities





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