



Finally, I can be a good mother and a role model in constant recovery. Munda Mia gave me love, hope, life, freedom. I'm ever so grateful and blessed to have been given a chance at a real life.

How to access this service

If you would like to know more or enter the program please contact Cyrenian Central on (08) 9328 9200.



Our Services

Munda Mia Therapeutic Community

Contact us through Cyrenian Central

Cyrenian Central

318 Fitzgerald Street, Perth, 6000

P: (08) 9328 9200 **E:** enquiry@cyrenianhouse.com **B:** Bus Routes 19 or 960

Rick Hammersley Centre Therapeutic Community Gnangara Program & Saranna Women & Children's Program

Contact us through Cyrenian Central

Serenity Lodge Therapeutic Community

Contact us through Cyrenian Central

Serenity Withdrawal Unit

P: (08) 9527 9335 **E:** enquiry@cyrenianhouse.com

Nannup Therapeutic Community

Contact us through Cyrenian Central

Nannup Withdrawal Unit

P: (08) 9756 0100 **E:** nannup@cyrenianhouse.com

Midland Withdrawal & Intervention Centre

P: (08) 6155 2668 **E:** receptionmwic@cyrenianhouse.com

North Metro Community Alcohol & Drug Service

Joondalup

10 Clarke Crescent, Joondalup, 6027

P: (08) 9301 3200

T: Joondalup Train Line

Warwick

26 Dugdale Street, Warwick, 6024

P: (08) 9246 6767

B: Bus Routes 446 or 447

Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725

P: (08) 9192 6400 **E:** CHMRreception@cyrenianhouse.com

Saranna Early Childhood Education & Care Centre

920 Gnangara Road, Cullacabardee, 6067

P: (08) 9302 6444 **E:** SECECCadmin@cyrenianhouse.com

Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150

P: (08) 9218 7926

cyrenianhouse.com



Munda Mia Therapeutic Community



Healthy,
inclusive and
harm-free
communities

Cyrenian House is a not-for-profit non-government organisation that has been operating within the alcohol and other drug (AOD) treatment sector since 1981. Cyrenian House has demonstrated an enduring capacity to deliver a professional and effective treatment service and is one of the leading AOD treatment services in Western Australia.

Cyrenian House supports and upholds a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTQI+ communities.

*All services provided
are confidential
and free of charge*

Cyrenian House acknowledges the past, present and future custodians of this land and recognise our services are situated on Nyoongar and Yawuru Country.



Cyrenian House is certified against the Alcohol and Other Drug and Human Services Standard and the Australasian Therapeutic Communities Association Standard.

Munda Mia Therapeutic Community

Located in Kalamunda, where the foothills of the coastal plains meet the Darling Scarp and a lookout that offers sweeping views that stretch to Perth's city skyline, Munda Mia offers a long-term residential treatment program to women looking to address the harms associated with their alcohol and other drug (AOD) use.

Munda Mia Therapeutic Community (TC) is a 20 bed women's only treatment service providing education and support to women with the option to bring their children (5 years and under) into treatment with them.

The program focuses on family and domestic violence education, support with homelessness, parenting skills and co-occurring mental health concerns.

With an emphasis on social learning and mutual self-help, individuals will address their alcohol and other drug issues in a holistic way. A strengths-based approach, therapeutic interventions and positive peer support will teach and encourage self-responsibility and guide individuals towards optimal health and wellbeing. Treatment at Munda Mia TC consists of a four-stage program and individuals can tailor their treatment experience to meet individual needs and identified goals.



Life is amazing and doors are opening for me. I finally have freedom in my heart and soul and the knowledge to keep going.

Program Elements

- Treatment plans based on individual needs
- Therapeutic groups
- Education groups on family and domestic violence, parenting skills, health and body image, self-esteem, emotional regulation skills, relapse prevention.
- 1:1 counselling
- Multidisciplinary case management
- Facilitated links to community self-help groups

This service is suitable for:

- Women 16 years and up who are looking to address their alcohol and other drug issues. The program also focuses on family and domestic violence education, homelessness, parenting skills and mental health concerns.
- If women are bringing their children to the treatment service, children must be 5 years and under.

The naming of Munda Mia

With the support of Neville Collard, an Aboriginal Elder on the Nyoongar Outreach Services board, we conducted a smoking ceremony and renamed the facility in Kalamunda, **'Munda Mia Therapeutic Community'**, which translated means "Munda's Place" or "Munda's Home". Munda was a prominent local Aboriginal leader who lived around the time of white settlement of the Kalamunda region.

