



2024 Calendar

2022 - 23 | Annual Report



Acknowledgement of Country

Ngaala kaaditj Noongar moort keyen kaadak nidjar boodjar. We acknowledge Noongar people as the traditional custodians of this land.

Cyrenian House respectfully acknowledges the past, present and future custodians of the land that our services are situated on, the Whadjuk Nyoongar Country, Bibbulmun Country and Yaruwu Country. We pay our respects to Elders past and present.



Acknowledgement of Artwork

Artist: Loretta Egan was born in Carnarvon and is a proud Yamatji woman who speaks the Wajarri language.



President's Report

The 2022/23 year has seen Cyrenian House strengthen and consolidate its position as WA's leading alcohol and other drug (AOD) treatment provider. In 2022/23 we again provided high quality treatment services to over 4,000 people, in the process helping many of them on their journey to recovery and a better future.

As President of the Community of Management it was my pleasure to support a number of initiatives to grow and improve our services throughout the year. These enhancements have included the successful tender for the Immediate Drug Assistance Coordination Centre (IDACC). During the year we also completed practical but important projects including the paving of the entry road to our Nannup Therapeutic Community facility, and upgrading the kitchen and dining facilities at Serenity Lodge.

In June this year the Committee of Management were able to experience in more detail the wonderful outcomes that are being achieved in our services when we participated in a day of presentations on each of the 14 distinct services we now provide. This event allowed the Committee of Management to gain a more detailed understanding of our service operations. It was also very clear from this day that our services are provided by a team of skilled, experienced, and genuinely committed managers and staff.

In addition to the continued good work done by our services, this year has also seen significant achievements and developments in our organisation.

Cyrenian House's new Strategic Plan, which we briefly introduced in our last Annual Report, was endorsed by the Committee of Management early in the year following an in-depth review period. Our Strategic Plan has demonstrated our constant striving towards our vision, our preparedness for the future, and continues to ground our staff and services in the organisational values.

I would like to thank our CEO Carol Daws and her Executive Team, for their excellent work in leading the organisation through another exciting and busy year.

Our independent and diverse Committee of Management has continued to support strong governance, sustainability, effective risk management and strategic direction through the 2022/23 year. I extend this appreciation to current Committee of Management members Jenny Rogers, John Stockbridge and Barbara Hostalek, and welcome recent 2023/24 appointment Nina Atiya. I also acknowledge the contributions of recent previous Committee of Management members Kim Ledger, Bill Meeke and Julia Knapton.

After 16 years of commitment to the organisation, I have recently made the difficult decision to not renominate for the Cyrenian House Committee of Management. Reflecting on my time with Cyrenian House, I am greatly proud of its continuing transformation into a larger and more impactful organisation, and ongoing commitment to the delivery of specialist AOD services. I wish my colleagues on the Committee of Management and the Cyrenian House executive all the best as they continue this journey, with a shared and clear commitment to our values and mission, and to our core purpose of providing excellence in AOD treatment services to communities across Western Australia.

Matthew Van Riessen

President
Cyrenian House



Our Committee of Management

The Cyrenian House Committee of Management (COM) meets bimonthly and oversees our strategic governance.

Our highly skilled, committed and values-based COM are volunteers who have worked diligently to meet our strategic goals and achieve our vision.

We thank the following COM members for their generous and voluntary commitment to our organisation in the 2022 – 2023 financial year.

Current Members
as at October 2023



MATTHEW VAN RIESSEN

16 years of commitment and support



JENNY ROGERS

18 years of commitment and support



JOHN STOCKBRIDGE

8 years of commitment and support



BARBARA HOSTALEK

4 years of commitment and support



NINA ATIYA

First year of commitment and support



CEO's Report

Cyrenian House is a specialist alcohol and other drug (AOD) service that strives for excellence in service delivery and is committed to the best possible outcomes for our consumers. As the CEO I am very fortunate to lead a team of dedicated staff, who are also well supported by a strong Committee of Management, executive and management team, to deliver a range of evidence-based interventions to the community. Our strategic objectives are always focussed on a culture of continuous quality improvement and better outcomes for the community of people who access our services.

Early in the financial year, Minister Sanderson tabled the Independent Review of WA Health System Governance Report (the Review) in Parliament. The Review provided recommendations on roles and responsibilities within the health system and how governance arrangements may be strengthened to enable the best possible experience and outcomes for patients, their families, and the health workforce. The purpose of the review was to examine the operational and practical effectiveness of governance structures set out in the Health Services Act 2016 and their impact on patient experiences and outcomes. The review has recommended significant changes to current arrangements for the alcohol and other drugs and the mental health systems.

Cyrenian House has experienced another year of sustained growth in the past 12 months, culminating in the Mental Health Commission awarding us the single biggest contract to an alcohol and other drug organisation since its inception. We were extremely pleased to have been successful in our tender application for the Immediate Drug Assistance Coordination Centre through a consortia approach with Cyrenian House as the lead agency.

The Immediate Drug Assistance Coordination Centre has been developed to support individuals experiencing a crisis related to their alcohol and other drug use to immediately access care and support in a coordinated and seamless way. This will be achieved through the provision of an immediate access "Drop in Hub", short term crisis beds and an assertive outreach care and

coordination team. Whilst all of these components have not been delivered together by one service in Australia, individually Cyrenian House has experience in delivering all of these aspects of this service. We look forward to launching this service in 2025.

As one of the largest providers of specialist AOD services in Western Australia, we pride ourselves in supporting other organisations to develop their skill set in AOD service delivery. In the past year we have supported Wunan Foundation, an Aboriginal corporation who are looking to develop their skills in AOD. Specifically, we are providing clinical expertise to assist Wunan is setting up a low medical withdrawal unit in Kununurra, a much-needed AOD service in this region.

Cyrenian House has considerably increased the size of its operations and workforce in a relatively short period of time. In order to transform the back end administrative systems in line with this growth and to cease using manual and paper-based processes that limit the ability of the organisation to grow, a new Enterprise Resource Planning (ERP) was purchased. This ERP system will result in efficiency gains from the automation of processes and administrative tasks. Many thanks to Stephen Scarrott and David Vlahov, for their diligence and determination in sourcing this package. Special thanks to John Stockbridge, Committee of Management, for your guidance in this acquisition.

The ongoing maintenance and upgrade of our facilities has continued throughout the last 12 months. Serenity Lodge Therapeutic Community received a long overdue renovation of their kitchen, dining room and bathroom facilities. I would like to acknowledge Deb McManus, her staff team and the residents for their patience during this process. I think we would all agree it was certainly worth the wait.

Nannup Therapeutic Community (Kongal Wirin) was also the recipient of a new bitumen surface for the driveway and carpark. This major improvement has made navigation of the driveway much safer and has also had a significant impact on the amenity of the facility by reducing the level of dust in the buildings and the vehicles.

I am delighted to say that Cyrenian House celebrated a number of achievements throughout the year. CHMR, our outreach program delivering services to Bidadanga and the Dampier Peninsula celebrated 10 years of service to the North West Communities.

Congratulations to Sally Malone and her team for the ongoing work of supporting the Aboriginal communities with this amazing service.

Munda Mia, our new women and children's service in Kalamunda, also celebrated one year of service provision. We hope to formalise our celebration of this milestone later in the year with the Minister for Community Services Sabine Winton. Many thanks to Claire Coni and her team for the hard work in operationalising this new service.

As has become the tradition, Cyrenian House hosted its annual Charity Golf Day Fundraiser in March of this year. This year's event was a resounding success with sponsors for the Hole in One, one platinum sponsor, two gold sponsors, three silver sponsors and over 100 players. Special thanks to our new sponsors, FMG Fortescue for submitting so many teams.

As the CEO of Cyrenian House, I have the privilege of working with many talented and dedicated staff and this year has been no exception. On this occasion, I would really like to acknowledge my corporate and senior management team for supporting me through a very difficult year in terms of the HR issues. The support and leadership you all gave goes above and beyond your job descriptions and demonstrates the integrity and calibre of the team we have at Cyrenian House. Thank you.

In closing I would also like to acknowledge the Cyrenian House Committee of Management for their guidance and support over the past year, our partners, the amazing staff, peer workers and volunteers for their dedicated work and most importantly, our consumers for your ongoing patronage of our services.



Carol Daws
CEO



Strategic Plan

In 2022 the Committee of Management approved a new Strategic Plan for the organisation. This plan, developed after a review process involving the Management team will guide the organisation over the next three years.

Our new Strategic Plan, formally launched this year, refreshed our previous three-year plan, building on the solid goals we have in place and adjusting our core values to align with our organisational culture and our commitment to providing person-centred alcohol and other drug programs and services.

Most importantly, our new Strategic Plan demonstrates how we will adapt to changing environments and continue to deliver hope and recovery to people and families in our communities struggling with alcohol and other drug use.



Immediate Drug Assistance Coordination Centre

In early 2023, Cyrenian House was proud to be awarded the contract as the operator of the new Immediate Drug Assistance Coordination Centre (IDACC). This service is being commissioned by the Mental Health Commission as a centrepiece of the WA Government's response to alcohol and other drug issues in our community.

IDACC presents a unique opportunity to provide culturally appropriate and person-centred immediate access to treatment and support for individuals and significant others experiencing alcohol and other drug crisis. The IDACC service will comprise three key service components: a Drop in Hub; ten Short Term Crisis Beds; and an Assertive Outreach and Care Coordination Team.

This service, which will operate in the inner-city area 24 hours a day, 7 days a week, 365 days per year, will be delivered in partnership with Uniting WA, Nyoongar Outreach Services, 360 Health + Community, Multicultural Futures and Cambridge Clinic.

The IDACC is expected to open in 2025, following the completion of work to secure and fit-out an appropriate building to house the service.



**A DROP IN HUB
and AN ASSERTIVE
OUTREACH AND CARE
COORDINATION TEAM**



**TEN SHORT TERM
CRISIS BEDS**

**24/7
Service**

Our Vision

Healthy, inclusive and
harm-free communities



Our Mission

An organisation that provides the highest quality services to make a positive and meaningful difference in the lives of people affected by alcohol and other drugs.

Our Strategic Objectives

Strategic Objective 1

- ✓ Deliver professional, responsive and innovative services

Strategic Objective 2

- ✓ Foster relationships that improve services and community engagement

Strategic Objective 3

- ✓ Optimise systems and resources that support Cyrenian House's excellence and sustainability





Aboriginal Workforce Development Strategy

With the support of non-recurrent funding from the WA Primary Health Alliance, Cyrenian House established a project in February 2021 to progress key workforce elements of the Cyrenian House Stretch Reconciliation Action Plan 2020-2023 and contribute to a number of our strategic priorities.

The Aboriginal Workforce Strategy is intended to be a working document to support the implementation of the Cyrenian House Stretch Reconciliation Action Plan 2020 – 2023. Its development was overseen by a Working Group and included:

- ✓ review of current best practice
- ✓ review of comparable strategies in similar organisations
- ✓ review of existing workforce development activities, policies and procedures within the organisation
- ✓ engagement of appropriate Aboriginal consultants (Indigenous Workforce Consulting)
- ✓ working closely with the Cyrenian House Executive to ensure that the Strategy is well integrated with existing HR and workforce development activities in the organisation.
- ✓ exploration and development of innovative approaches such as Aboriginal traineeships in the organisation.

The Aboriginal Workforce Development Strategy outlines a range of thoughtful, practical and aspirational actions, grounded by seven key principles and accompanied by an Implementation Plan.



The Workforce Capability Support Project

The project was designed to contribute to the achievement of a number of strategic priorities for Cyrenian House and our services, these include:

- ✓ Delivering a service that provides consumer focussed, culturally competent practice and targeted interventions that meet consumer needs.
- ✓ Working towards reducing the 8-year life expectancy gap between Aboriginal and Torres Strait Islander peoples and non-Aboriginal and Torres Strait Islander people through equitable access to culturally appropriate treatment for alcohol and other drug use and co-occurring mental health issues.
- ✓ Providing and promoting opportunities for Aboriginal and Torres Strait Islander participation and employment.
- ✓ Ensuring equal access to our facilities, services and information is afforded to all Aboriginal and Torres Strait Islander peoples within the community.



Development of the Cyrenian House Aboriginal Workforce Strategy

Seven Principles identified for the Workforce Strategy



Priority areas to be addressed



Attraction and Recruitment



Workforce Development and Training



Workplace Culture



Retention and Career Pathways



Celebrating Inclusion and Diversity

Respect for people from all backgrounds, beliefs, orientations and views is foundational to our organisation's services and culture. We encourage diversity, appreciate its value across our workforce, and are proud to join with our local communities in celebrating inclusion, connection, and respect.

We proudly support staff and consumers across all our services in marking dates of significance – both within our services, and with our local communities. We host events that bring people together in a demonstration of unity and support, provide opportunities for reflection, sharing and learning. Throughout the year, Cyrenian House supported staff and residents to attend and contribute to events in our local communities, continuing our traditions of strong local engagement.

Get up! Stand up! Show up!

NAIDOC Week 2022 brought together the Cyrenian House team in supporting and amplifying the voices of Aboriginal and Torres Strait Islander communities.

Across Cyrenian House we celebrated NAIDOC week events in a variety of ways, including staff lunches and video viewings, on-site cultural events, and staff and resident attendance at local community events.

Our support of NAIDOC Week is one part of our broader commitment to cultural security and contribution to reconciliation, encompassed in our Reconciliation Action Plan. Through this Plan we recognise the rights of Aboriginal and Torres Strait Islander peoples to self determination and equitable participation, and value Aboriginal and Torres Strait Islander spirituality, cultures, language and heritage.



Pridefest 2022 - Shine theme



In 2022 we were excited to mark the fifth year of Cyrenian House's involvement in Pridefest celebrations. Our parade participation was again a highlight of the year, with a 100-strong Cyrenian House contingent attending to celebrate and support the LGBTQI+ community as the parade returned to the streets of Northbridge for the first time in nearly three years. Alongside the rolling version of the Cyrenian 'House', complete with (simulated) smoke belching from the chimney, Cyrenian House parade goes proudly sported the most recent Cyrenian House Pride T-shirt.

We strongly value our diverse workforce and community. Our support for Pridefest is one of several activities with which we seek to acknowledge and celebrate the LGBTQI+ community. Other events we have commemorated across the year have included the International Day Against Homophobia, Biphobia and Transphobia and Wear It Purple Day.



Shine 2022





Consumer Engagement and Feedback

– Consumer Advisory Group

Cyrenian House operates a Consumer Advisory Group as one of three core advisory groups in the organisation.

As an organisation, Cyrenian House recognises that consumer participation is an ethical and democratic right. Our consultative processes recognise the expertise of consumers, and establishes the common goal of working together to best meet consumer needs, maximise health and wellbeing outcomes, and contributes towards the continual improvement of our high-quality services.

The Consumer Advisory Group is a meeting aimed at gaining consumer input to provide advice, feedback and guidance on consumer needs and perspectives. The Group comprises of up to twelve consumer members. Current membership consists of consumers from various Cyrenian House services.

During 2022/23 the Consumer Advisory Group met every two months, and provided valuable input into how our services operate, informed our submission for IDACC, and provided a consumer lens and perspective on our policies and processes.

We wish to recognise and acknowledge consumers that have contributed via the Consumer Advisory Group over the past twelve months.



The Consumer Advisory Group provided valuable input into how our services operate, informed our submission for IDACC, and provided a consumer lens and perspective on our policies and processes



12
CONSUMER
MEMBERS



6
MEETINGS
YEARLY

"We wanted to personally thank the Cyrenian Central staff for your support with [client] and guidance for him to take the next step on his journey – it is so important to have great people such as yourselves to give hope/support and direction in a positive way. What you and all the staff do there really matters, and we Thank you all greatly."

CYRENIAN HOUSE CONSUMER



"This place is a life changing experience. From counselling, peer support, S.M.A.R.T group and Moral reconnection therapy. An excellent service for individuals, families and friends effected by Alcohol and other drugs. This is the place to get you well."

CYRENIAN HOUSE CONSUMER



Our Core Values

Cyrenian House values the uniqueness of individuals who may vary in many different ways, including race, ethnicity, culture, social class, gender, age, religious belief, sexual identity, mental and physical ability. We celebrate and promote this diversity as a strength of our organisation.

PROVIDE
EDUCATION & SUPPORT TO
EMPOWER



VALUE OTHERS
AND SHOW
RESPECT



BE PROUD OF YOUR
RESILIENCE



EMBRACE
RESTORE
& INSPIRE

HOPE TO GROW



PROVIDE, SHOW &
ACT WITH
INTEGRITY



"Their careful and methodical approach to identifying root cause and triggering issues as well as solid counsel has really helped me recover well. This was undertaken across several months through talking out major issues and stumbling blocks through to minor issues of irritation and annoyance where left unchecked would have prevented me from recovering quickly."

CYRENIAN HOUSE CONSUMER





A year at Cyrenian House



4,042 Total number of clients

305 Total number of clients entering Low Medical Withdrawal Services

598 Total number of clients entering Therapeutic Communities



"Life changing. Life saving service. Beautiful staff all with lived experience. Very much a safe and sacred place. I couldn't be more grateful. I feel so well equipped for a sober life. Huge smiles and many thanks."

CYRENIAN HOUSE CONSUMER

Gender

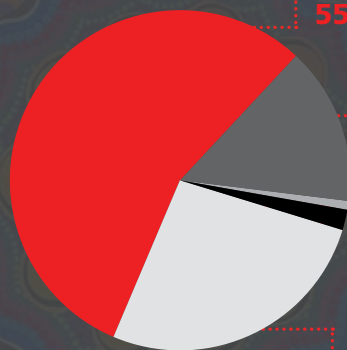


60.70% Male

38.86% Female

0.43% Transgender, Non-binary, Self described, Gender fluid

Age



Primary drug of concern



44% ALCOHOL

30% METHAMPHETAMINE

15% CANNABIS

11% OTHER

81%

Satisfied with service received

44%

Improved physical health

50%

Mental health improved on exit

43%

Improved confidence to reduce/stop AOD use

44%

Relationships improved on exit

91%

Treatment closed as planned

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26 Australia Day	27
28 	29	30	31			





Cyrenian Central

Cyrenian Central's Residential Pathways Program has continued to provide a high-quality assessment and case management service, providing many of the most vulnerable consumers in our community with compassionate support and practical advice. Our Counselling, Peer Support, Outreach and THASP programs have continued to excel and have seen excellent results with their consumer groups. We have also continued our partnership with Graylands Hospital, most recently undertaking some work at the Frankland Centre, the State's forensic mental health inpatient service.

With Cyrenian House successful in securing the new IDACC tender, this triggered a review and change to the Cyrenian Central management structure, with the implementation of a Cyrenian Central Manager role.

Looking forward, we continue to identify opportunities to improve and streamline our services as needed, and with the recent launch of the Therapeutic Communities / Residential Pathways Program Working Group, are aiming to foster further team work, coordination and communication across our residential and non-residential sites.



"I never feel judged in this group. It creates a safe space for me to share and be honest and vulnerable."

**PEER SUPPORT GROUP MEMBER,
CYRENIAN CENTRAL**

"I'm 49 and have battled addiction for more than 25 years. I am finally starting to understand addiction, behavioural change and more importantly myself and I owe this largely due to Cyrenian House and in particular my counsellor [Counsellor's name]."

CYRENIAN HOUSE CONSUMER



"[Cyrenian House service staff] are a dream to work with. I wish that all other service providers operated with the degree of compassion and professionalism that they do. It feels like we have additional members in our team."

**EXTERNAL SERVICE PROVIDER
(HOMELESS HEALTHCARE) - PARAPHRASED**

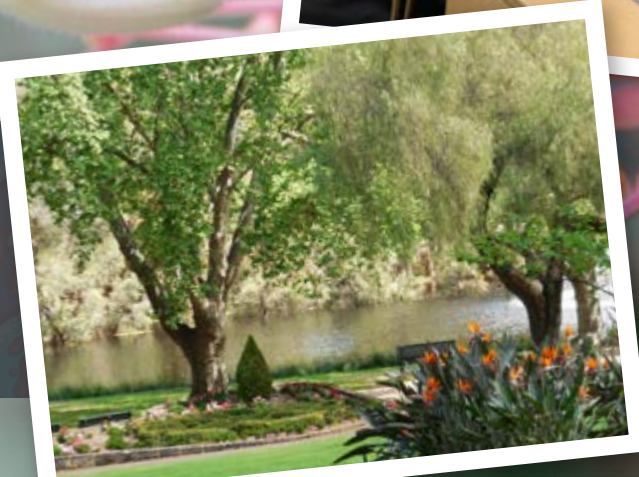
"Thank you! Obviously with certain decisions we make in life, they don't always have meaning/sense or much care for outcomes and consequences. Often you're treated like the mistake or people don't see past the person's appearance or mental health. Today my hubby and I walked into reception and for the first time in a setting like this (a vulnerable one at that) we were treated like humans. Trust me, your front staff make the difference between how I want my day to end today. I would like everyone in the service on their bad days to remember they made a difference to how someone's perspective may have been positively influenced when they left here compared to when they woke up."

CYRENIAN HOUSE CONSUMER



Thankyou Cyrenian house for giving me my life back, my son back, and a future I am happy to be present to enjoy.

CYRENIAN HOUSE CONSUMER



February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ANNIVERSARY OF THE NATIONAL APOLOGY TO THE STOLEN GENERATIONS</p> <p>A decade on, the National Apology to the Stolen Generations remains a momentous turning point that demonstrates the importance of historical acceptance in paving the road to reconciliation.</p>				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
		Anniversary of the National Apology to the Stolen Generations	Valentines Day			
18	19	20	21	22	23	24
25	26	27	28	29		
						



Training

AOD Lived Experience Representative Training

Cyrenian House has continued to deliver two Lived Experience Representative Training courses, with funding from the MHC.

This training supports consumer voice and representation, which are essential to enhance system responses to alcohol and other drugs. The training equips consumers with skills to engage in systems representation, such as sitting on advisory groups. Across the year, three foundation and two advanced courses were held for a total of 62 consumer participants.

ACROSS THE YEAR, THREE FOUNDATION AND TWO ADVANCED COURSES WERE HELD

62
consumer participants

"Very engaging! I loved the way the group was facilitated. Keep bringing your wisdom."

PROGRAM PARTICIPANT

"One of the best training days I've been to. Will take inspiration and strength."

PROGRAM PARTICIPANT

AOD Volunteer Counsellor Program

This year marked the 11th year of the Volunteer AOD Counsellors' Training Program. Graduates of this program provide a pool of skilled workers that benefit both Cyrenian House and the broader alcohol and other drug sector.

This year the training was delivered collaboratively by a range of presenters across several Cyrenian House services. Participants benefitted from the wide variety of skills and experience of these presenters, as well as gaining an understanding of the diversity of services and work available in the alcohol and other drug sector.



Participants felt "empowered and inspired" and found the trainings to be "very engaging", often praising the facilitators for their warm, patient, and gentle disposition throughout group discussions and questions.



Cyrenian House has a six-month training calendar to support staff upskilling and the delivery of evidence-based practice. In response to an identified need, we developed, delivered and expanded on several training offerings:

- ✓ We launched a new "Responding to Psychosis" training, which received positive feedback
- ✓ Naloxone training was expanded, allowing for the distribution of naloxone across two additional Cyrenian House sites (CHMR and Munda Mia). All Cyrenian House sites with the exception of Wandoo can now distribute this life saving product.
- ✓ We developed and launched a two-day family and domestic violence training, covering both understanding and responding to FDV, and working with perpetrators of FDV. In recognition of the importance of addressing this issue, we have subsequently made this core training for our staff.

CONFIDENCE TO BECOME A LIVED EXPERIENCE REPRESENTATIVE:



BEFORE TRAINING
Moderate



AFTER TRAINING
A lot

KNOWLEDGE INCREASED TO BECOME A LIVED EXPERIENCE REPRESENTATIVE:



BEFORE TRAINING
Moderate



AFTER TRAINING
A lot

INCREASED KNOWLEDGE OF AOD SERVICES:



BEFORE TRAINING
Moderate



AFTER TRAINING
A lot

HOW WOULD YOU RATE THE TRAINING?



HOW WOULD YOU RATE THE QUALITY OF THE COURSE MATERIAL?



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	
3	4 Labour Day (WA)	5	6	7	8 International Women's Day	9
10	11 Adelaide Cup Day (SA) Canberra Day (ACT) Eight Hours Day (TAS) Labour Day (VIC)	12	13	14	15	16
17 St Patricks Day	18	19	20 International Day of Happiness	21 National Close the Gap Day Harmony Day	22	23
24	25	26	27	28	29	30
31 International Transgender Day of Visibility Easter Sunday					Good Friday	Saturday Before Easter Sunday





North Metro Community Alcohol and Drug Service

The 2022/23 period has been an industrious and successful year for North Metro Community Alcohol and Drug Service (NMCADS) delivering alcohol and other drug (AOD) person-centred community treatment service provision across the northern corridor of Perth for adults, young people, and significant others.

A highlight of this period include recognition for a program that focuses on improving the health and wellbeing of Aboriginal people with alcohol and other drug and/or mental health issues. The NMCADS Aboriginal Family Support Program (AFSP) (funded by WA Primary Health Alliance) now in its fourth year of service provision was successfully shortlisted for the 'Innovative and Culturally Responsive Aboriginal AOD Program Award' at the 2023 Strong Spirit Strong Mind Aboriginal Alcohol and Other Drug Awards.

During the year there has also been increased opportunities for consumers to engage in groups to access support and psychoeducation, with the development of a new group for women on their alcohol and other drug recovery journey who have experienced childhood sexual abuse. Consequently, the Mental Health Commission has since endorsed the 'Strong Women's Support Group' for ongoing service provision with the possibility of a rollout of the group program at other Integrated Services.

An integrated service delivered in partnership between:



"When I first started I did not believe I would be able to make the changes to have a life without alcohol. I came in when my life was a mess, and I am glad to say that with (Counsellor's name) guidance I have a bright future with my two kids..."

NMCADS CONSUMER

"Overall, I have had a really positive experience at NMCADS. I have felt extremely welcomed by this service especially around gender identity and sexuality. I have always felt comfortable and safe in being honest and transparent with my clinician... (Counsellor's name) has been incredible and has helped me improve my situation regarding my unstable living situation and substance use."

NMCADS CONSUMER



2023 Aboriginal Workers Forum

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday	2 Easter Tuesday (TAS)	3	4	5	6
7 World Health Day Daylight Saving Time Ends (ACT, NSW, SA, TAS, VIC)	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 ANZAC Day	26	27
28 	29	30		ANZAC DAY Aboriginal Service People Military service and war is a significant part of Aboriginal history and current experience. Aboriginal and Torres Strait Islander people have served in large numbers in every conflict since Australia's Federation in 1901. Over 1000 Aboriginal and Torres Strait Islander people served in World War I (1914 - 1918) and around 70 fought at Gallipoli.		





Our Residential Services

Each year, hundreds of consumers contact Cyrenian House seeking residential treatment options to address their alcohol and other drug (AOD) issues. As WA's largest AOD residential treatment service provider, we offer consumers a choice of locations and specialist programs to meet their individual treatment needs.

Our residential services span the north, east and south Perth metropolitan area, to Nannup, one of the most picturesque areas of Southwest WA. Our Therapeutic Communities (TC)'s provide the environment, structure and support for life experiences that help residents learn, grow, and recover. Residents engaging in our TC programs stay for many months, sometimes more than a year, and receive individual counselling, group therapy, structured education and support during the time in treatment.

Residents work alongside our qualified and professional staff team to manage and operate the TC facility, contributing to the community, and developing new skills and behaviours in a safe learning environment where great change can occur.



"I am so grateful that I attended Munda Mia Rehabilitation Centre in Kalamunda. I was desperate and had hit rock bottom. I had lost respect for myself, depressed & no longer knew who I was. Luckily I found Munda Mia and being an all ladies facility I felt at ease & welcomed. The staff were supportive and they could relate to us as some of them had been in addiction themselves. The work given was tough but rewarding. I started to find my true self that I lost in addiction. I am now nearly 12 months sober for the first time in years. I believe the hard work done & advice to follow AA in recovery, being meetings, sponsor and step work has saved me from this deadly addiction."

CONSUMER MUNDA MIA



Munda Mia Therapeutic Community

Munda Mia Therapeutic Community (TC) has reached its one year anniversary, a significant milestone which the organisation is excited to formally celebrate in late 2023.

Having settled in over the past year, our experience in delivering the service has informed a program review to ensure that the service continues to meet the needs of consumers.

Program enhancements implemented over the first year have included residents attending the Alcoholic Anonymous and Narcotics Anonymous meetings, the introduction of a family and domestic violence workbook for residents, and an enhanced system of the 'buddy system' in use across all our TC programs.

A range of property improvements have been completed in the past year, including painting, and the renovation of the laundry to open up an existing window and increase storage. These works contribute both to the functionality of the property, as well as enhance the general amenity, with the buildings looking beautiful, welcoming and fresh.

A highlight for the year was celebrating the graduation of a resident who had been in program since August 2022. She spoke of feeling so grateful to have been surrounded by kindness, compassion and respect and it was a beautiful and proud moment for all.

Similar to other Cyrenian House services and across the alcohol and other drug sector, the housing crisis remains a prominent issue for the residents of Munda Mia TC. A continuing focus for 2023/24 is addressing the housing needs of our residents for when they leave Munda Mia.



The program includes a 25 bed alcohol and other drug residential treatment service for young women who may be able to bring their children with them



The service also addresses housing, homelessness, domestic violence and co-occurring mental health conditions

Cyrenian Café

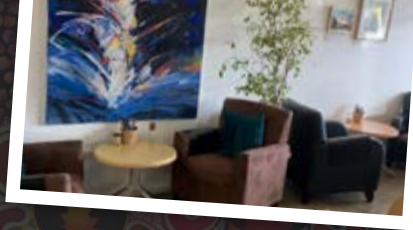
Cyrenian Café has continued to deliver quality food and beverages to the local Kalamunda community during its first full year under the Cyrenian House banner. With the introduction of new uniforms, along with signage flags, the Cyrenian Café brand is becoming more prominent. Works in the café this year included new storage shelves both front and back of house.

A key goal of the Café was to support residents at our services to be able to volunteer and develop their skills and tickets and help build their job readiness and experience. We are proud to have recently realised this goal, with our first volunteer recently commencing at the Café.

The Cyrenian Café continues to grow, with the cozy and relaxed setting, comfy atmosphere, enthusiastic team, and friendly and engaging customers providing an advantage for residents seeking to volunteer there.



May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NATIONAL VOLUNTEER WEEK National Volunteer Week (NVW) is the annual celebration to acknowledge the generous contribution of our nation's volunteers. Our volunteers freely offer their time and skills to support many of our vital community services and activities. #NVW2024		1	2	3	4
5	6 Labour Day (QLD) May Day (NT)	7	8	9	10	11
12 Mothers Day	13	14	15	16	17 International Day Against Homophobia, Biphobia and Transphobia (IDAHOBIT)	18
19	20 National Volunteer Week	21 National Volunteer Week	22 National Volunteer Week	23 National Volunteer Week	24 National Volunteer Week	25 National Volunteer Week
26 National Sorry Day National Volunteer Week	27 Reconciliation Day (ACT) National Reconciliation Week	28 National Reconciliation Week	29 National Reconciliation Week	30 National Reconciliation Week	31 National Reconciliation Week	





Rick Hammersley Centre Therapeutic Community

This year saw some minor developments at the RHCTC without the need for major changes. The biggest of these was the expansion of the parenting course (Circle of Security – Parenting) to include all Gngangara Program and Saranna Program residents.

This year also saw the introduction of Moral Reconnection Therapy (MRT) as part of the Program. Delivering MRT will bring all programs in line in terms of content offered to residents and work continues across the entire Cyrenian House team to ensure there is consistency in delivery.

We continued our tradition of strong engagement with broader community celebrations including NAIDOC and Reconciliation Weeks that involved various activities both on and off-site. Harmony Day saw staff and residents from a diverse range of cultural backgrounds preparing traditional food for the community to share. The Pride Parade was very well attended and Wear it Purple Day provided an op-shopping excursion for the entire community in preparation.

In early 2023, the Rick Hammersley Centre played host to twelve representatives of the judiciary from the Maldives including members of their Drug Court as well as members of other judicial services. They enjoyed almost a full day on site learning about our program and the Community as Method approach to drug treatment more broadly. This was a wonderful relationship building experience as members of the Western Australian Drug Court also participated.

“It’s truly a beautiful, safe and peaceful place that allows you to work on you with your children as well. My favourite part is the staff!! Majority have been through the program and can relate to my addiction issues and help in a non judgemental way. THANK YOU Cyrenian House for helping me get my life back!” **CONSUMER SARANNA PROGRAM AT RHTC**



Once again RHCTC was well represented at broader community celebrations including, for example, the Pride Parade and NAIDOC week. NAIDOC activities were held both on and off-site and all consumers were keen to actively participate.



Serenity Lodge Therapeutic Community and Serenity Withdrawal Unit

This year saw substantial renovations, with a new kitchen and bathrooms for Serenity Lodge. These wonderful additions provide residents with access to high quality amenities during their stay.

Serenity Lodge TC introduced two notable changes to the program during the year. The introduction of Moral Reconnection Therapy late this year we feel will bring value to all our residents and aligns Serenity Lodge with our other TCs. Secondly, with funding from the MHC Serenity Lodge completed a two-year successful pilot to support people on Opioid Substitution Therapy to access the TC.

The Serenity Withdrawal Unit continued to deliver a program of low medical withdrawal, amidst a period of continuing high demand. Of note, alcohol was the most common primary drug of concern during the year, almost twice as common as methamphetamine. This trend of alcohol being an increasing primary drug of concern is not isolated to SWU, but rather is common across many of our sites.



“Amazing staff they are very understanding and provide education, strategies, mindfulness and support etc. I enjoyed my stay at the SWU in Rockingham. I left feeling confident that I’ve got this as I have regained control of my life again.”

CONSUMER SERENITY WITHDRAWAL UNIT



“[Service] have had an established relationship with Serenity Lodge for several years. We have found this to be valuable resource and has been mutually beneficial allowing our clinicians to access specialist support and AOD advice and allowing for specialist interventions to support clients in their rehabilitation journey. Of particular value, is the facilitation of local suitability assessments, both in the community and within our [service] as this has provided a smoother pathway to access AOD recovery treatments.”

BUSINESS PARTNER, SERENITY LODGE



June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 <p>MABO DAY Mabo Day occurs annually on 3 June and commemorates Eddie Koiki Mabo, a Torres Strait Islander whose campaign for Indigenous land rights led to a landmark decision of the High Court of Australia.</p>				<p>1</p> <p>National Reconciliation Week</p>
2 National Reconciliation Week	3 World Health Day Western Australia Day (WA)	4	5	6	7	8
9	10 King's Birthday (ACT, NSW, NT, SA, TAS, VIC)	11	12	13	14	15
16 Refugee Week	17 Refugee Week	18 Refugee Week	19 Refugee Week	20 Refugee Week	21 Refugee Week	22 Refugee Week
23	24	25	26	27	28	29
30						





Nannup

Therapeutic Community
and Nannup Withdrawal Unit

The Nannup TC facility, which operates the Kongal Wirin (Spirit of the South) TC program, continues to deliver a quality, culturally secure program for both men and women. The work element of the TC program is significantly higher than other TCs given the location and demands of running a rural property. This work therapy focus has been embraced by the residents who find it extremely grounding.

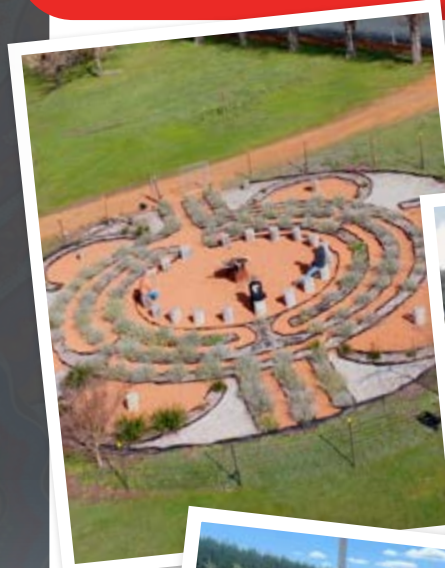
The Nannup Withdrawal Unit is becoming busier, supported by a now-stable nursing contingent. The addition of an Aboriginal Liaison and Support Worker has resulted in an increase of referrals especially to the Nannup Withdrawal Unit and an increased knowledge of Cyrenian House services across local Aboriginal agencies.

A key development in the year was the paving of the property's very long driveway and carpark, which was a welcomed and well-timed achievement coming into the winter months. This project has dramatically reduced the wear and tear on vehicles, and the amount of dust and dirt entering the facility.



"The most rewarding and amazingly empowering experience of my life which was made possible by all of the staff at Nannup and Cyrenian House as a whole."

CONSUMER NANNUP TC



"This place is excellent for anyone seeking abstinence from substance abuse. They are extremely compassionate with a gentle yet effective approach. Excellent people at the Nannup facility. I highly recommend 100%, YOU CAN DO IT and if you're reading this you're already on the right track."

CONSUMER NANNUP TC



"[Counsellor] is patient, sensitive, insightful, non-judgmental and unlike experiences I have had in the past does not counsel from a text book but rather a combination of education and life experience. I cannot speak more highly of the integrity of [Counsellor] and the team at Cyrenian House."

CONSUMER NANNUP TC



July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 NAIDOC Week	8 NAIDOC Week	9 NAIDOC Week	10 NAIDOC Week	11 NAIDOC Week	12 NAIDOC Week	13 NAIDOC Week
14 International Non-Binary People's Day	15	16	17	18	19	20
21	22	23	24	25	26	27
28 	29	30	31	 <p>NAIDOC WEEK NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community.</p>		





Wandoo Rehabilitation Prison

Therapeutic Community

450
Total intakes
since 2018



48
Completed
program in the
last 12 months

24%
identified as
Aboriginal



Pathways Program

The Pathways program (Strategies for Self-Improvement and Change) is a group psychotherapeutic and psychoeducational program designed to address AOD use and offending behaviour.

It is a 100-hour program delivered across 25 days by two co-facilitators. The program is a cognitive-behavioural therapy-based program that aims to challenge participants' unhelpful thinking patterns and build relationship and community skills. Prisoners are referred onto the program by the Department of Justice and those who are referred onto the program must complete the program as a parole requirement.

Wandoo Rehabilitation Prison Therapeutic Community commenced operation in August 2018 as a dedicated alcohol and other drug (AOD) rehabilitation facility for women to help them break the cycle of addiction. We are celebrating five years of service provision this year as we continue to provide an AOD Therapeutic Community for women at Wandoo Prison.

In 2023 Wandoo celebrated five years as Western Australia's only dedicated alcohol and other drug rehabilitation prison. Wandoo TC is the only ATCA accredited stand-alone prison based Therapeutic Community (TC) in Australia. It is a medium security prison, operated as a partnership between the Department of Justice and Cyrenian House, housing up to 77 women.

To celebrate this milestone, Cyrenian House hosted a reunion event for ex-Wandoo residents who are in the community. The women who attended spoke about the significance that Wandoo TC had in their recovery. Women shared the difficulties of leaving prison and having to change their whole way of living to stay in recovery. The Department of Justice hosted 5th birthday celebrations at Wandoo for current residents, attended by 7News. The 5-year statistics mirror the current year – reporting positive outcomes for women.

80% of women who entered the Wandoo program complete the full 28-week intensive program. 88% of women in the program report increased motivation to and confidence to establish and maintain an alcohol and other drug free, prosocial lifestyle.

In five years, Wandoo TC has provided treatment to 450 women, of which 48 have completed the program in the past 12 months). 24% of women accessing the program have identified as Aboriginal.

The recidivism rate for women who have completed the Wandoo TC program has been 6.7% (i.e. returned to custody within 2 years on new charges), compared to a State average of 35.4%.



"I would highly recommend this service for any stage of recovery. I have benefited greatly with the help and great insight from counselling with [Counsellor] upon my release from prison."

ADAPT/PRISON SERVICES CONSUMER

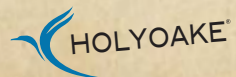


Allied Drug and Alcohol Programs and Treatment

The Allied Drug and Alcohol Programs and Treatment (ADAPT) program, a partnership between Cyrenian House and Holyoake, has been running since April 2018. Funded through the Department of Justice, this service delivers alcohol and other drug (AOD) rehabilitation programs in the public Perth metropolitan prisons in Western Australia.

A partnership between:

ADAPT
ALLIED DRUG & ALCOHOL PROGRAMS & TREATMENT
Prison to Community



August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>INTERNATIONAL OVERDOSE AWARENESS DAY</p> <p>This day aims to raise awareness of overdose and reduce the stigma of a drug-related death & acknowledges the grief felt by families and friends remembering those who have died or suffered permanent injury due to drug overdose.</p>		1	2	3
4 National Aboriginal and Islander Children's Day (NAICD)	5 Bank Holiday (NSW) Picnic Day (NT)	6	7	8	9 International Day of the World's Indigenous People	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25  cyrenian HOUSE ALCOHOL & OTHER DRUG TREATMENT SERVICE	26	27	28	29	30 Wear it Purple Day	31 International Overdose Awareness Day





Enhancing services and systems

Cyrenian House strives to continually improve the services we operate, to best meet the needs of our communities. As the largest provider of specialist alcohol and other drug (AOD) services in the state, we also are proud to contribute to addressing broader issues impacting the whole AOD sector.

- ✓ Over the past year, we have commenced or enhanced a range of exciting initiatives that improve people's access AOD services, and foster the sustainability of the broader AOD sector.
- ✓ We are proud to be continuing our partnership with Marr Mooditj Training to increase employment opportunities for Aboriginal people seeking a career in the alcohol and other drug sector. These include supporting program reviews and student scholarships.
- ✓ We acknowledge that the availability of low medical withdrawal services is a key capacity constraint within the alcohol and other drug system. Cyrenian House is excited to be supporting Wunan Foundation in the development of a much-needed low medical withdrawal unit for the East Kimberley.
- ✓ Cyrenian House has partnered with Bethesda Health Care to support access to AOD programs and services in Cockburn and surrounding areas.
- ✓ In support of the continual improvement of our services, we have explored a range of pilots that increase access and our capability to respond to the complex needs of consumers. Over the past year, Cyrenian House has successfully completed:
 - ✓ a two-year pilot to support people on opioid substitution therapy to access TC
 - ✓ trial of the supported self-review trial of the family and domestic violence and AOD intersecting capability review tool, to assess and identify opportunities to improve our capability to respond to FDV in our clinical settings.



Cyrenian House Supports:



- ✓ Cyrenian House is an active supporter of peak bodies including the WA Network of Alcohol and Other Drug Agencies (WANADA), the Australasian Therapeutic Communities Association (ATCA) and Community Employers WA (CEWA). Over the past year, we have contributed clinical practice expertise to the work of these organisations in representing the collective views of their sectors and membership in areas such as: AOD sector governance; funding sustainability; service model design and reviews; procurement reform; and data and outcomes.



Parole in-reach Program (PiP)

As part of a broader Justice Reform Program, Parole in-reach Program (PiP) was established in November 2020 to increase the number of offenders who are considered suitable for release on parole by the Prisoners Review Board and at the same time reduce their likelihood of reoffending in the community.

The past year has been a large success for PiP, with many of the supporting structures around the program now established. In collaboration with the Department of Justice, Cyrenian House and Holyoake have worked closely with the program participants as well as their Community Corrections Officers, resulting in a steady stream of participants being released on parole and attending the MRT community group program.

Cyrenian House in partnership with Holyoake deliver the Moral Reconciliation Therapy (MRT) group program as the treatment program for PiP. As a rolling group program, MRT is delivered in a through-care format, with group programs delivered in Wooroloo and Acacia prisons, and a group program delivered at Holyoake's office in Victoria Park.

To date, 76 participants have completed PiP of which 38 completed the program in 2022-23. All of the graduates attended MRT groups in prison and in the community for a period of at least four to six months and successfully completed 12 steps of the MRT program.



76

Total intakes since November 2020

38

Completed program in 2022/23

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Father's Day	2	3	4	5	6	7
8	9	10 World Suicide Prevention Day	11	12 R U OK? Day	13	14
15	16	17	18	19	20	21
22	23 Celebrate Bisexuality Day King's Birthday (WA)	24	25	26	27	28
29 	30	 <p>R U OK? DAY R U OK? inspires and empowers everyone to meaningfully connect with the people around them and start a conversation with anyone who may be struggling with life.</p>		 <p>WORLD SUICIDE PREVENTION DAY Every 40 seconds, someone loses their life to suicide. World Suicide Prevention Day raises awareness and provides worldwide commitment and action to prevent suicide within our communities and shares our support for the people that need it.</p>		



Midland Withdrawal and Intervention Centre

Over the last financial year the team at the Midland Withdrawal and Intervention Centre (MWIC).

MWIC has been providing low medical withdrawals up to a maximum of 21 days for adults aged 18 and above for the last three years. This 24 hour residential care offers a structured but flexible program that includes medical and psychosocial support offered by experienced alcohol and other drug/Mental Health clinicians. The service has an MOU with SJOG Hospital in Midland where priority is placed on beds allowing for a step down from a medical facility directly into low medical withdrawal.

There is a current emphasis on networking with external service providers to build good working relationships and appropriate referrals to other service providers. This has also included consultation with Aboriginal service providers and Aboriginal professionals in order to continue to improve MWIC's culturally secure and inclusive practices.

Alcohol remains the predominant reason for people accessing the MWIC service, with the service also providing services to people with methamphetamine and cannabis dependence.



Groups run four times per week (Monday, Tuesday, Wednesday, and Friday) on-site.

Topics are generally psychoeducational in nature, covering AOD basics such as:

- ✓ Harm Reduction
- ✓ Relationships and drug use
- ✓ Stages of Change
- ✓ Addiction (stages of use)
- ✓ Goal Setting and Relapse
- ✓ Prevention

In addition to education groups consumer also undertake enrichment activities such as:

- ✓ One outing on Thursday and 1 or 2 outings over the weekend
- ✓ Visits to the art gallery
- ✓ Visits to the WA museum
- ✓ Visits to local heritage sites
- ✓ Bush and river walks

In addition to the groups that clients attend, consumers also participate in check in and check out at the beginning and ending of each days. Consumers also attend each week.

- ✓ Peer support group
- ✓ Narcotic anonymous (each Sunday in Scarborough)
- ✓ Alcoholics Anonymous (in house each Thursday)
- ✓ Wungening Solid Ground (each week on a Wednesday on their premises)
- ✓ Visit from 3rd or 4th stage residents from RHCTC once per fortnight
- ✓ Hep C Testing and Treatment once per fortnight from Cockburn Integrated Health services



21 days
Maximum length of stay

24 hour
residential care



Alcohol remains the predominant reason for people accessing the MWIC service



I can't express enough how grateful I am to have had the opportunity to attend the Detox program at Cyrenian House's Midland Withdrawal Intervention Centre (MWIC). This organisation, without a doubt, saved my life. I wholeheartedly recommend the Detox program at Cyrenian House, Midland Withdrawal Intervention Centre to anyone who is struggling with substance issues.

CONSUMER MWIC

1:1

- ✓ Each consumer is offered 1:1 sessions with the clinical coordinators taking a more individualised plan
- ✓ Exit planning
- ✓ Family visits can occur on the weekends

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
6 Daylight Saving Time begins (ACT, NSW, SA, TAS, VIC)	7 King's Birthday (QLD) Labour Day (ACT, NSW, SA)	8	9	10 World Mental Health Day	11 National Coming Out Day	12
13	14	15	16	17	18	19
20	21	22	23	24 United Nations Day	25	26
27 	28	29	30	31 Halloween		





Cyrenian House Milliya Rumurra (CHMR)

In the ten years that Cyrenian House Milliya Rumurra (CHMR) has been in service the team has built strong working relationships with a range of communities and service providers in an ever-changing service environment.

The Cyrenian House CHMR team have had another successful and productive year. The team provide counselling, prevention and capacity building services to the remote communities in the West Kimberley.

Successes over the past 12 months include receipt of a grant from the Australian Drug Foundation to deliver, as part of a Local Drug Action Team, a prevention project targeting Fetal Alcohol Spectrum Disorders (FASD). The Project seeks to deliver education sessions about prevention of FASD as well as improve access to pregnancy testing and contraception. As part of this project the team have delivered interactive sessions at the Women's Centre in Bidadanga, at the Women's Group in Lombadina - Djarindjin, at a Women's Health Week in One Arm Point and with young people in Beagle Bay at the Health Centre.

While being a small team in an at-times very challenging service environment, the CHMR team have continued to develop strong relationships across Cyrenian House as employees, striving to support each other, the community and the broader organisation.



"Sally Malone and her team from Cyrenian House in Broome, have been providing consistent support to clients and families living in Bidadanga for many years. They also provide workshops to staff and community members, in addition to speaking at community meetings on issues around addiction, which have been beneficial to all involved."

We appreciate the services provided by Sally Malone and her team and look forward to these continuing for years to come."



"Our community has benefited for many years with the relationship/ partnership we have with Cyrenian House, their willingness to tackle the hard questions and provide counselling and information sessions is desperately needed in these changing times. Cyrenian House always looks to the person first and the harm second, its our people who are suffering that need the reassurance they get from Cyrenian House, we have seen lives changed in our community and it's because of organisations like Cyrenian House that provide the outreach and follow up that give back to us our loved ones. CHMR has done a good job looking after their clients, I see it happen. I'm so grateful for the services they provide."



November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	
3	4 Recreation Day (TAS)	5 Melbourne Cup (VIC)	6	7	8	9
10	11 Remembrance Day	12	13 World Kindness Day	14	15	16
17	28	19	20	21	22	23
24 	25	26	27	28	29	30





Saranna Early Childhood Education & Care Centre (SECECC)

During this year the centre has had a change to the staff and with it a fresh outlook. All staff currently employed are able to provide an exceeding level of care to the children and families.

We are adjusting to and learning the new Early Years Learning Framework and implementing this into our curriculum with the assistance of a consultant. All rooms are up to date with their curriculum planning and developmental observations on all children attending the service.

The babies yard was extended and now includes a large tree and lots of grass for the children to explore in the natural environment. With the addition of new toys and equipment, it has been very exciting for the children.

During 2022/2023 we secured an Innovative Solutions Grant for behaviour management which will enable us to have another consultant visiting the service weekly and assisting the educators with practice around children with high trauma backgrounds. This will also see workshops that will include additional behaviours such as those associated with children on the Autism spectrum and ADHD.

Key plans for 2023/2024 include developing options for building a new nature based outdoor area to cater for the two-to-five-year-old children. This playground would also cater for children with high trauma backgrounds giving them an outlet for their big emotions.

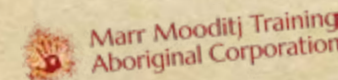
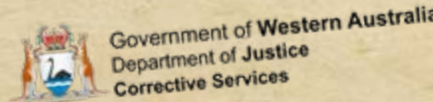
We continue to strengthen our partnership with the Saranna Women and Children's program through the development of policies and procedures and a communication process that ensures the health, safety and wellbeing of the children in the program.







Our Service Partnerships



Cyrenian House increasingly works alongside other like-minded community sector organisations to provide high quality services that draw the specific expertise that different providers can bring to the table. We would therefore like here to acknowledge those organisations where we work in close partnership with either integrated service approaches or subcontracting arrangements.



December 2024

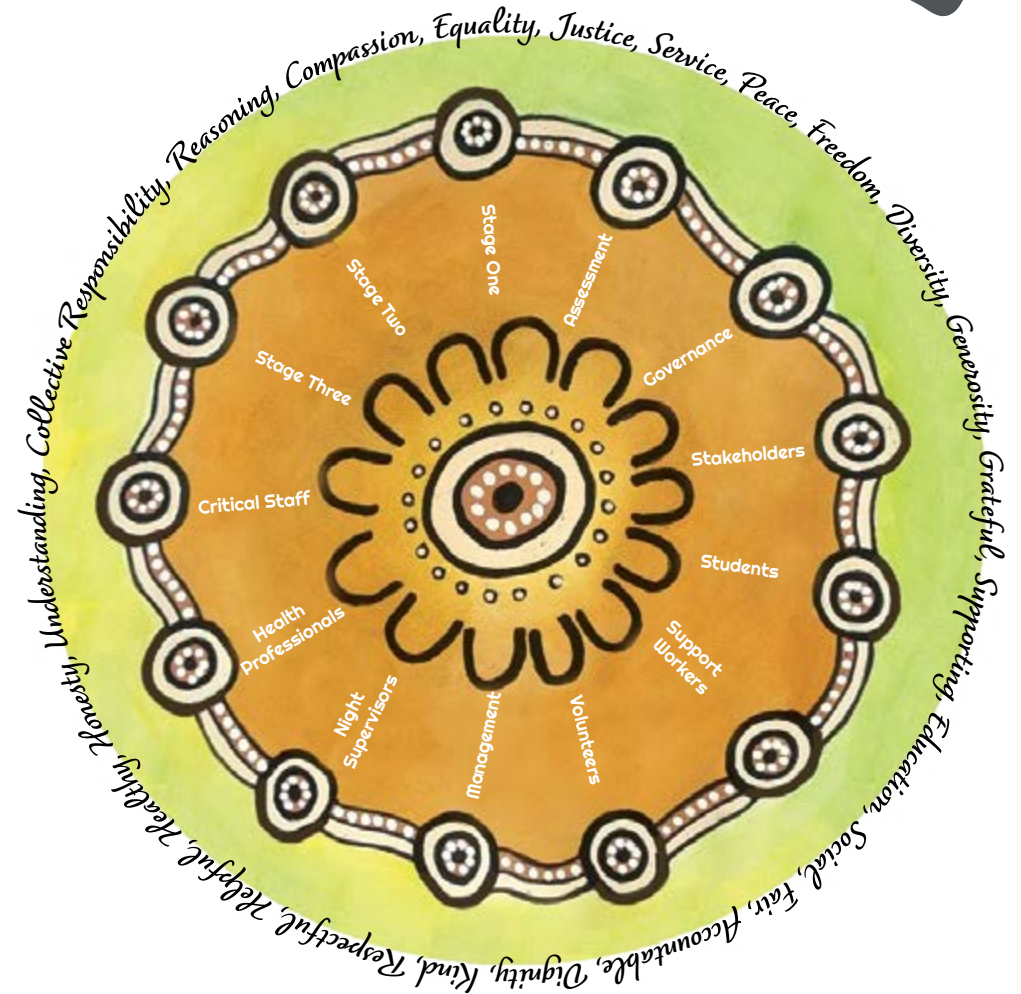
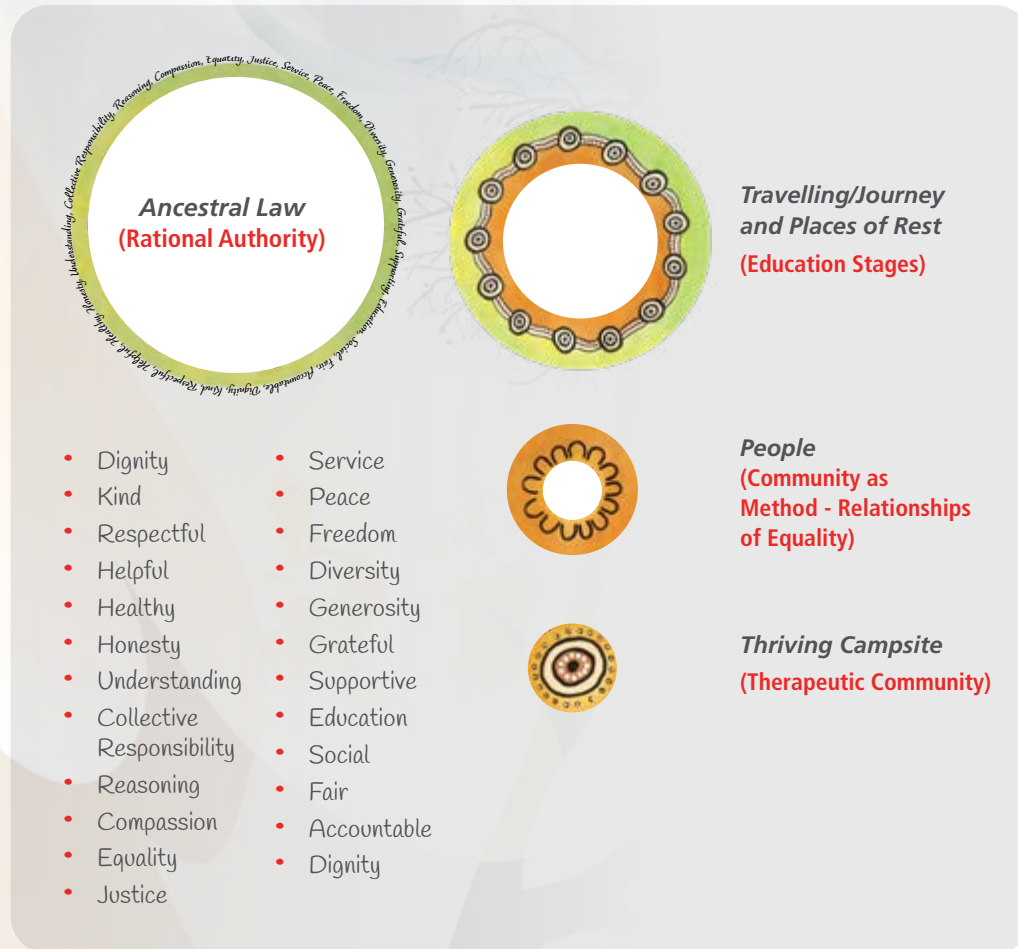
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Christmas Eve (NT, QLD, SA)	25 Christmas Day	26 Boxing Day Proclamation Day (SA)	27	28
29 	30	31 New Year's Eve				





Indigenous Mapping of the Therapeutic Community Model

Indigenous Knowledge Systems ensure the safety and cultural connection to our land rests with the notion that all people work together for the benefit of the whole. Everyone holds equal responsibility in caring for each other so there is no need for people to assume the role as "boss" and instead share knowledge that helps the welling of the community.



CYRENIAN HOUSE MILLIYA RUMURRA OUTREACH (CHMR)

CHMR is a partnership between Cyrenian House and Milliya Rumurra Aboriginal Corporation. It delivers alcohol and other drug prevention services to parts of the West Kimberley region. Our service provides individuals and their families with improved access to alcohol and other drug services on an outreach basis, servicing the communities north of Broome along the Dampier Peninsula and also south to Bidyadanga.



RICK HAMMERSLEY CENTRE TC

Since 1981, Cyrenian House has offered residential programs at the RHCTC, located 30 minutes north of Perth on 32 acres of natural bushland. RHCTC offers 2 residential programs: Gngara Program & Saranna Women and Children's Program

MIDLAND WITHDRAWAL & INTERVENTION CENTRE (MWIC)

The Midland Withdrawal & Intervention Centre (MWIC) offers highly responsive same, or next day admission to consumers seeking low medical withdrawal and associated services, including support for their families and significant others.

NORTH METRO COMMUNITY ALCOHOL & DRUG SERVICE (NMCADS)

NMCADS is a partnership between Cyrenian House who provides counselling and support for individuals & their families and Next Step who provides medical and psychological services.

IMMEDIATE DRUG ASSISTANCE AND COORDINATION CENTRE

In development, stay tuned for future announcements.

CYRENIAN CORPORATE SERVICES

Newly located close to Cyrenian Central, Corporate Services includes executive, human resources, finance and facilities services for the organisation.

MUNDA MIA TC

Located 30 minutes from Perth in the foothills, Munda Mia TC is a unique specialist women's AOD residential treatment service, with a strong focus on family and domestic violence issues and trauma.

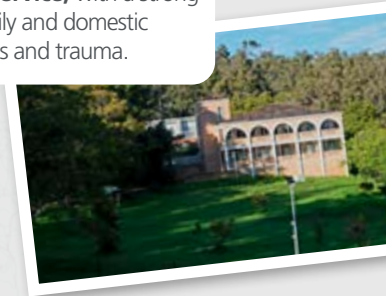


WANDOO REHABILITATION TC

Wandoo Rehabilitation Prison is WA's first dedicated Alcohol and other Drug (AOD) rehabilitation prison for women in custody. This program is available to female prisoners at Wandoo Prison with a minimum of 6 months imprisonment remaining to be served.

CYRENIAN CENTRAL

Located in the inner metropolitan area, Cyrenian Central provides a range of non-residential services for individuals, families and groups. Programs cover assessment and pre-entry, counselling, transitional housing, prison programs, aftercare and continuing care.



SERENITY LODGE TC

Providing residential treatment to the WA community since 1977. Serenity Lodge TC offers a four-stage program that follows the TC model of treatment, supporting individuals affected by alcohol and other drug use.

NANNUP THERAPEUTIC COMMUNITY

Our 90 acre Nannup TC is located 13km from the Nannup town centre in one of the most picturesque areas of South West WA. With an emphasis on social learning and mutual self-help, you will address your alcohol and other drug issues in a holistic way.

NANNUP WITHDRAWAL UNIT

Nannup Withdrawal Unit (NWU) is designed to provide a self-contained low medical withdrawal service for people experiencing difficulties as a result of their substance use. The service offers a person centred "no wrong door approach" to support.

SERENITY WITHDRAWAL UNIT

Based on the Serenity Lodge site in Rockingham, Serenity Withdrawal Unit offers you the opportunity to complete a fully supervised low medical withdrawal.



Indigenous Mapping of the TC Model - Ms Trade Pushman,
Aboriginal Support and Liaison Worker, Nannup TC,
Photography - Aludnor Productions and Dorian Bennett,
Graphic Design - Eclipse Designs

Acknowledgements

*Cyrenian House is certified against the Alcohol and other Drug and
Human Services Standard and the Australasian Therapeutic Communities
Association Standard for Therapeutic Communities and Residential
Rehabilitation Services.*



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