

“ RHCTC has helped me rebuild a lot of confidence within myself and awareness of my actions upon others in the community. I'm happy with everything and the staff here are amazing. Best rehab ever, help is never a hassle when needed. ”

### How to access the service?

- Information groups are held weekly for people wanting to find out about Cyrenian House TC programs.
- Assessments, support and preparation for entry to the TC programs are provided at Cyrenian Central in Perth.
- Telephone / online assessments can be conducted for people living in regional, rural and remote areas.
- Visit our website for more information. An information video and testimonial videos about our TC programs are available on our website and YouTube channel.

### For further information or to arrange an assessment

for the RHCTC or any of Cyrenian Houses' TC programs, please contact Cyrenian Central on (08) 9328 9200.

## Our Services

### Cyrenian Central

318 Fitzgerald Street, Perth, 6000

**P:** (08) 9328 9200 **E:** enquiry@cyrenianhouse.com

**B:** Bus Routes 19 or 960

### Rick Hammersley Centre Therapeutic Community Gngangara Program & Saranna Women & Children's Program

Contact us through Cyrenian Central

### Munda Mia Therapeutic Community

Contact us through Cyrenian Central

### Serenity Lodge Therapeutic Community

Contact us through Cyrenian Central

### Serenity Withdrawal Unit

**P:** (08) 9527 9335 **E:** enquiry@cyrenianhouse.com

### Nannup Therapeutic Community

Contact us through Cyrenian Central

### Nannup Withdrawal Unit

**P:** (08) 9756 0100 **E:** nannup@cyrenianhouse.com

### Midland Withdrawal & Intervention Centre

**P:** (08) 6155 2668 **E:** receptionmwic@cyrenianhouse.com

### Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725

**P:** (08) 9192 6400 **E:** CHMRreception@cyrenianhouse.com

### Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150

**P:** (08) 9218 7926

### North Metro Community Alcohol & Drug Service

#### Joondalup

10 Clarke Crescent, Joondalup, 6027

**P:** (08) 9301 3200

**T:** Joondalup Train Line

#### Warwick

26 Dugdale Street, Warwick, 6024

**P:** (08) 9246 6767

**B:** Bus Routes 446 or 447

### Saranna Early Childhood Education & Care Centre

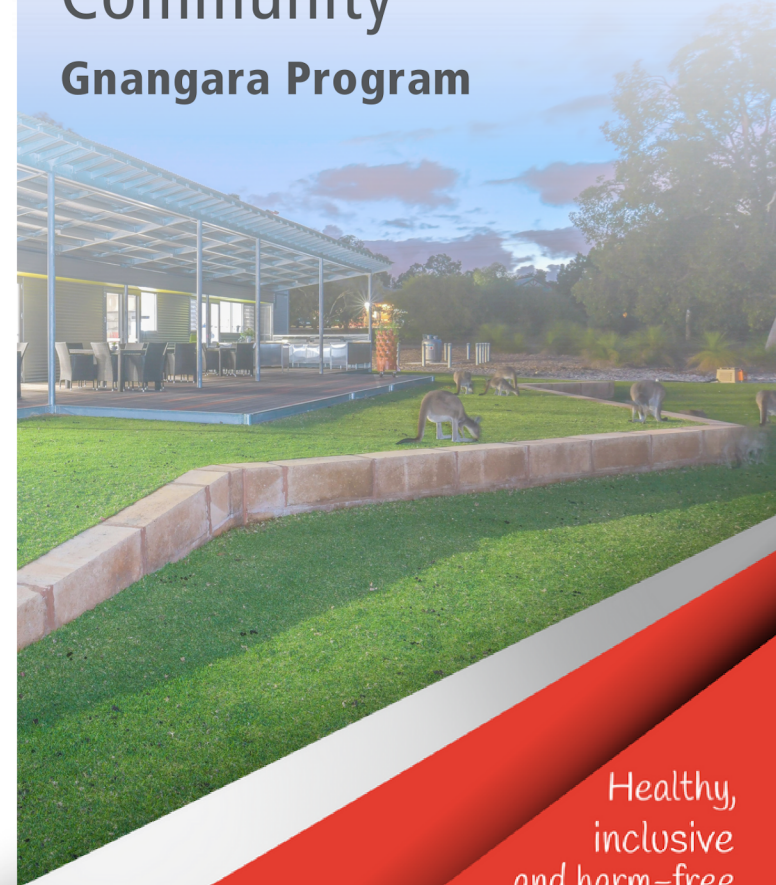
920 Gngangara Road, Cullacabardee, 6067

**P:** (08) 9302 6444 **E:** SECECCadmin@cyrenianhouse.com

[cyrenianhouse.com](http://cyrenianhouse.com)



## Rick Hammersley Centre Therapeutic Community Gngangara Program



Healthy,  
inclusive  
and harm-free  
communities



## Cyrenian House

Cyrenian House is a not-for-profit non-government organisation that has been operating within the alcohol and other drug (AOD) treatment sector since 1981. Cyrenian House has demonstrated an enduring capacity to deliver a professional and effective treatment service and is one of the leading AOD treatment services in Western Australia.

Cyrenian House supports and upholds a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTIQ+ communities.



Cyrenian House acknowledges the past and present Traditional Custodians of this land and recognise our services are situated on Whadjuk Nyoongar Country, Bibbulmun Country and Yawuru Country.

*Cyrenian House is certified against the Alcohol and Other Drug and Human Services Standard and the Australasian Therapeutic Communities Association Standard.*

## About us

Set in 32 acres of semi-rural bushland 30 minutes north of Perth on Whadjuk Nyoongar Country, the Rick Hammersley Centre offers a residential treatment program for people (over 18 years) experiencing problems as a result of their alcohol and/or other drug (AOD) use. The program utilises the evidenced based Therapeutic Community (TC) model of treatment.

In the TC, we use active participation in group living and activities to drive individual change and the attainment of therapeutic goals. The program encourages self-responsibility and guides the individual towards optimal health and wellbeing.

Treatment consists of a four-stage program where residents are supported to meet their identified needs and goals.

The Rick Hammersley Centre Therapeutic Community (RHCTC) is a smoke and vape free environment. Support and assistance with remaining smoke and vape free is included in the treatment program.

“ The TC Program has helped me not only with my alcohol issue but also with my own self-care. My work has improved and relationships with family and friends have improved. ”

## Program elements include:

- Structured residential treatment program using the Therapeutic Community Model
- Treatment plans based on individual needs and goals
- Therapeutic and educational groups
- Counselling
- Case management and welfare support
- Life skills and work therapy
- Recreation and fitness programs
- Art and other creative activities
- Participation in community-based self-help groups
- Access to medical services
- Exit planning and referral to aftercare supports

