

We welcome you to the Cyrenian House Therapeutic Community

Requirements for admission into all TC programs:

- Please make sure that your Centrelink payments are in place, and you are registered for Centrelink's online services (if applicable)
- Current medication scripts and enough medication for at least one week
- Nicotine patches/inhalers if required
- A current ATM card
- Medicare card and Healthcare card (if applicable)

Requirements for admission to:

- **Rick Hammersley Centre Therapeutic Community Mixed Gender (MG) Program**
- **Serenity Lodge Therapeutic Community (SL) Program**

- Admission fee
- Current medical certificate (if applicable)
- Current ambulance cover

Due to limited storage we ask you to bring the bare essentials:

Items you may bring:

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|---|---|
| <input type="checkbox"/> Comfortable clothing – seasonally appropriate; no revealing clothing items | <input type="checkbox"/> Max. 2 CDs: 1 meditation / 1 relaxation (Serenity Lodge) |
| <input type="checkbox"/> Hat - for sun protection | <input type="checkbox"/> Max. 5 CDs (RHTC only) |
| <input type="checkbox"/> Bathing/board shorts | <input type="checkbox"/> Photos |
| <input type="checkbox"/> Protective/enclosed shoes | <input type="checkbox"/> Alarm clock |
| <input type="checkbox"/> Toiletries | <input type="checkbox"/> Mug |
| <input type="checkbox"/> Towels | <input type="checkbox"/> One mobile phone & charger |
| <input type="checkbox"/> Stationery – Pens, pencils, envelopes and stamps | <input type="checkbox"/> Additional Bed Linen (Basics supplied) |
| <input type="checkbox"/> Max. 2 books | |

Additional items to bring if you are entering the Saranna Women & Children's Program:

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|--|--|
| <input type="checkbox"/> Admission fee and food costs as discussed at assessment | <input type="checkbox"/> Medicare & healthcare cards displaying child/ren(s) details |
| <input type="checkbox"/> Child/ren(s) birth certificates | <input type="checkbox"/> DVDs (G or PG ratings only) |
| <input type="checkbox"/> Child/ren(s) health books (Purple book) | <input type="checkbox"/> Child/ren(s) clothing (including hats) |
| <input type="checkbox"/> School Bag, lunch box and school books | <input type="checkbox"/> Stroller – Recommended for young children |
| <input type="checkbox"/> Child/ren(s) medications and prescriptions | <input type="checkbox"/> Toys, books, games etc. for children |

Please do not bring any of the following items:

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|---|---|
| <input type="checkbox"/> Cigarettes/tobacco products and lighters/matches | <input type="checkbox"/> iPod/iPad, MP3 player, laptops, radio |
| <input type="checkbox"/> Non prescribed drugs, drug paraphernalia and alcohol – Includes herbal remedies i.e. rescue remedy and flower essences | <input type="checkbox"/> Clothing or other material depicting violence, crime, alcohol/tobacco branding or is sexually explicit/offensive |
| <input type="checkbox"/> Mouthwash containing alcohol | <input type="checkbox"/> Junk food – e.g. Lollies, cool drink, chocolate |
| <input type="checkbox"/> Excessive Luggage | <input type="checkbox"/> Vehicles |
| <input type="checkbox"/> Furniture | <input type="checkbox"/> Electric blanket |
| <input type="checkbox"/> Tools or machinery | <input type="checkbox"/> Pets |
| <input type="checkbox"/> Candles, incense or other flammable materials | <input type="checkbox"/> DVDs (MG & SL programs only) |

Please contact the Welfare Officer when you have been allocated an admission date to confirm and discuss your entry to the TC:

Rick Hammersley Centre Therapeutic Community

P: (08) 9302 2222

Serenity Lodge Therapeutic Community

P: (08) 9527 9999

Doc Name	Version	Date of Review	Next Review Due
Cyrenian House Admission Checklist	v2	31 May 2019	31 May 2020