Our Services

Cyrenian Central 318 Fitzgerald Street, Perth, 6000 P: (08) 9328 9200 E: enquiry@cyrenianhouse.com B: Bus Routes 19 or 960

Serenity Lodge Therapeutic Community Contact us through Cyrenian Central

Serenity Withdrawal Unit P: (08) 9527 9335 E: enquiry@cyrenianhouse.com

Rick Hammersley Centre Therapeutic Community Gnangara Program & Saranna Women & Children's Program Contact us through Cyrenian Central

> Munda Mia Therapeutic Community Contact us through Cyrenian Central

Nannup Therapeutic Community Contact us through Cyrenian Central

Nannup Withdrawal Unit P: (08) 9756 0100 E: nannup@cyrenianhouse.com

Midland Withdrawal & Intervention Centre P: (08) 6155 2668 E: receptionmwic@cyrenianhouse.com

Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725 P: (08) 9192 6400 E: CHMRreception@cyrenianhouse.com

Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150 P: (08) 9218 7926

North Metro Community Alcohol & Drug Service

Joondalup 10 Clarke Crescent, Joondalup, 6027 P: (08) 9301 3200 T: Joondalup Train Station Innaloo 21 Wotan Street, Innaloo, 6018 P: (08) 9246 6767 T: Stirling Train Station

Saranna Early Childhood Education & Care Centre

920 Gnangara Road, Cullacabardee, 6067 P: (08) 9302 6444 E: SECECCadmin@cyrenianhouse.com

cyrenianhouse.com



Serenity Lodge Therapeutic Community

SERENITY LODGF

Healthy, inclusive and harm-free communities

How to access the service?

- Information groups are held weekly for people wanting to find out about Cyrenian House TC programs.
- Assessments, support and preparation for entry to the TC programs are provided at Cyrenian Central in Perth.
- Telephone / online assessments can be conducted for people living in regional, rural and remote areas.
- Visit our website to read more information or view videos about our service.

For further information or to arrange an

assessment

for the SLTC or any of Cyrenian Houses' TC programs, please contact Cyrenian Central on (08) 9328 9200.



Cyrenian House

Cyrenian House is a not-for-profit non-government organisation that has been operating within the alcohol and other drug (AOD) treatment sector since 1981. Cyrenian House has demonstrated an enduring capacity to deliver a professional and effective treatment service and is one of the leading AOD treatment services in Western Australia.

Cyrenian House supports and upholds a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTQI+ communities.



Cyrenian House acknowledges the past and present Traditional Custodians of this land and recognise our services are situated on Whadjuk Nyoongar Country, Bibbulmun Country and Yawuru Country.

Cyrenian House is certified against the Alcohol and Other Drug and Human Services Standard and the Australasian Therapeutic Communities Association Standard.

About us

Set in landscaped gardens close to the ocean and Rockingham café precinct, Serenity Lodge Therapeutic Community offers a residential treatment program for people (over 18 years) experiencing problems as a result of their alcohol and/or other drug (AOD) use. The program utilises the evidenced based Therapeutic Community (TC) model of treatment.

In the TC, we use active participation in group living and activities to drive individual change and the attainment of therapeutic goals. The program encourages self-responsibility and guides the individual towards optimal health and wellbeing.

Treatment consists of a four-stage program where residents are supported to meet their identified needs and goals.

Serenity Lodge is a smoke and vape free environment. Support and assistance with remaining smoke and vape free is included in the treatment program. Serenity Lodge changed my life. Looking back, I can see how the program changed me and it changed things for my kids too.

Program elements include:

- Structured residential treatment program using the Thereputic Community Model
- Treatment plans based on individual needs and goals
- Therapeutic and educational groups
- Counselling
- Case management and welfare support
- Life skills and work therapy
- Recreation and fitness programs
- Art and other creative activities
- Participation in community-based self-help
 groups
- Access to medical services
- Exit planning and referral to aftercare supports

