

## How to access the service?

If you would like to know more or enter the program please contact Cyrenian Central on (08) 9328 9200

f Finally I can be a good mother and a role model in constant recovery. Munda Mia gave me love, hope, life, freedom. I'm ever so grateful and blessed to have been given a chance at a real life.



## **Our Services**

#### **Cyrenian Central**

318 Fitzgerald Street, Perth, 6000 P: (08) 9328 9200 E: enquiry@cyrenianhouse.com B: Bus Routes 19 or 960

## **Munda Mia Therapeutic Community**

Contact us through Cyrenian Central

## Rick Hammersley Centre Therapeutic Community Gnangara **Program & Saranna Women & Children's Program**

Contact us through Cyrenian Central

## **Serenity Lodge Therapeutic Community**

Contact us through Cyrenian Central

#### **Serenity Withdrawal Unit**

P: (08) 9527 9335 E: enquiry@cyrenianhouse.com

## **Nannup Therapeutic Community**

Contact us through Cyrenian Central

#### **Nannup Withdrawal Unit**

P: (08) 9756 0100 E: nannup@cyrenianhouse.com

#### Midland Withdrawal & Intervention Centre

P: (08) 6155 2668 E: receptionmwic@cyrenianhouse.com

## Cyrenian House Milliya Rumurra Outreach Service

Pembroke Road, Broome, 6725 P: (08) 9192 6400 E: CHMRreception@cyrenianhouse.com

## Wandoo Rehabilitation Prison Therapeutic Community

Murdoch Drive & Bramanti Road, Murdoch 6150 P: (08) 9218 7926

## **North Metro Community Alcohol & Drug Service**

#### Joondalup

10 Clarke Crescent, Joondalup, 6027 P: (08) 9301 3200

T: Joondalup Train Station

# Innaloo

21 Wotan Street, Innaloo, 6018 P: (08) 9246 6767 T: Stirling Train Station

## Saranna Early Childhood Education & Care Centre

920 Gnangara Road, Cullacabardee, 6067 P: (08) 9302 6444 E: SECECCadmin@cyrenianhouse.com

cyrenianhouse.com



# Munda Mia

Therapeutic



communities

# **Cyrenian House**

Cyrenian House is a not-for-profit non-government organisation that has been operating within the alcohol and other drug (AOD) treatment sector since 1981. Cyrenian House has demonstrated an enduring capacity to deliver a professional and effective treatment service and is one of the leading AOD treatment services in Western Australia.

Cyrenian House supports and upholds a robust standard of cultural competence by recognising cultural needs and reviewing programs to ensure they meet the needs of Aboriginal, Torres Strait Islander, CaLD and LGBTQI+ communities.







Cyrenian House acknowledges the past and present Traditional Custodians of this land and recognise our services are situated on Whadjuk Nyoongar Country, Bibbulmun Country and Yawuru Country.

Cyrenian House is certified against the Alcohol and Other Drug and Human Services Standard and the Standard for Therapeutic Communities & Residential Rehabilitation Services.

## **About us**

Munda Mia Therapeutic Community offers a residential treatment program to women experiencing problems as a result of their alcohol and other drug (AOD) use. The program utilises the evidence based Therapeutic Community (TC) model of treatment.

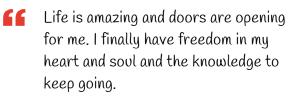
In the TC, we use active participation in group living and activities to drive individual change and the attainment of therapeutic goals. The program encourages self-responsibility and guides the individual towards optimal health and wellbeing.

Treatment consists of a four-stage program where residents are supported to meet their identified needs and goals. The program includes support and education for family and domestic violence (FDV), housing, parenting skills and co-occurring mental health conditions.

The Munda Mia TC is a smoke and vape free environment. Support and assistance with remaining smoke and vape free is included in the treatment program.

#### This service is suitable for:

- Women 16 years and over who are looking to address their AOD issues.
- If women are bringing their children to the treatment service, children must be 5 years and under.



# **Program Elements**

- Structured residential treatment program using the Thereputic Community Model
- Treatment plans based on individual needs and goals
- Therapeutic and educational groups
- Counselling
- Case management and welfare support
- Life skills and work therapy
- Recreation and fitness programs
- Art and other creative activities
- Participation in community-based self-help groups
- Access to medical services
- Exit planning and referral to aftercare supports
- Family and domestic violence (FDV) education and support
- Parenting skills development and support
- Access to childcare services

