

# CONSUMER FEEDBACK

### **NMCADS**

"Been very helpful in giving me strategies to manage my addiction as well as other areas of my life. I value this great service."

### WANDOO THERAPEUTIC COMMUNITY

"We get treated like people not prisoners. Being at Wandoo is a blessing and has changed my life."

## MIDLAND WITHDRAWAL & INTERVENTION CENTRE

"" recommend MWIC or any of the Cyrenian House locations. The team at Midland are absolutely amazing and I couldn't be happier with the help, support and methods to help with cravings / lapses / relapses."

### **NMCADS**

"My experience was fantastic, my helper made the information and assistance that I received make sense to me and allowed me to fully grasp all the information.

They really made me feel heard and made sure I was understood."

# MUNDA MIA THERAPEUTIC COMMUNITY

"Honestly Cyrenian House saved my life but most importantly Munda Mia.

Munda Mia is such a truly magical TC. The parenting programs and family and domestic violence programs really helped increase my knowledge around keeping myself safe and learning my rights and how to implement boundaries with those around me. I was able to also identify my triggers and the impact and effects that my usage had on my family and loved ones. I highly recommend Cyrenian House and will forever be grateful for the programs which they offer."

### SARANNA WOMEN & CHILDRENS PROGRAM

"Treatment was really healing for me. I got a lot out of it, it was a therapeutic experience that helped me work through a lot, I felt supported and understood, and it made a big difference."

# SERENITY LODGE THERAPEUTIC COMMUNITY

"I would like to thank Cyrenain House and all the staff. The men's program at Serenity Lodge is top notch. The counsellors there are professional and friendly.

Once again thank you from myself and my family"

### WANDOO THERAPEUTIC COMMUNITY

"I am so lucky to get a second chance in life and feel privilege to be here. I know I can become the best version of myself here and get back my life.
I'm extremely grateful."

# CYRENIAN CENTRAL

"The service provides a safe place to feel heard and validated. Exceptional customer service, accommodating and attentive, helpful staff. Gained valuable insight and tools to navigate through my situation. Thank

### CHMR

"Inanks heaps CHMR. You are amazing and I have grown to love and appreciate your care"



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# Acknowledgement of Country

Ngaala kaaditj Noongar moort keyen kaadak nidjar boodjar. We acknowledge Noongar people as the traditional custodians of this land.

Cyrenian House respectfully acknowledges the Traditional Custodians of the land that our services are situated on, Whadjuk Nyoongar Country, Bibbulmun Country and Yaruwu Country. We pay our respects to Elders past and present.



# Acknowledgement of artwork

Artist Loretta Egan was born in Canarvon and is a proud Yamatji woman who speaks the Wajarri language.



# CHAIRPERSON'S REPORT

It gives me great pleasure to present the Chair's Report for Cyrenian House for the 2024–25 year - a period that has seen our organisation demonstrate remarkable resilience, compassion, and innovation in the face of continuing social and economic challenges.

At the heart of everything we do remains our unwavering commitment to supporting individuals and families affected by alcohol and other drug dependence. This year, more than ever, Cyrenian House has continued to stand as a beacon of hope - delivering services that are evidence-based, personcentred, and grounded in respect and recovery.

# **Our Achievements and Impact**

Over the past twelve months, our services have reached more people than ever before. Across our portfolio of services we have continued to deliver high-quality care and support.

The change to an all-male service at Serenity Lodge Therapeutic Community (TC) has been a particularly proud milestone this year. At the Saranna Women and Children's Program, the integration of trauma-informed care and parenting support has continued to transform lives, helping mothers rebuild both confidence and connection with their children.

Our Justice Programs have also seen strong outcomes, working closely with the Department of Justice to support individuals to break cycles of substance use and reoffending. These initiatives not only change lives - they also reduce pressure on the justice system and build safer communities.

We look forward to progressing our Immediate Drug Assistance Coordination Centre (IDACC) which will be one of the largest projects we have undertaken.

# **Our People and Partnerships**

None of these achievements would be possible without our extraordinary staff. Across every service, from frontline counsellors to clinical and administrative teams, the professionalism, dedication, and compassion of our people continue to inspire. They embody the Cyrenian House values every day - responding with empathy, dignity, and determination to those who seek our support.

I also wish to acknowledge Carol Daws, our Chief Executive Officer, and her excellent executive team who continue to lead with vision and integrity. Carols' steady guidance and commitment to both operational excellence and consumer wellbeing have been instrumental in maintaining Cyrenian House's reputation as one of Western Australia's most trusted and respected community treatment services.

We are also deeply grateful for our partners in government, health, and community sectors, including the Mental Health Commission, the Department of Justice, Department of Communitues, and numerous local service providers. Their collaboration ensures that Cyrenian House remains at the forefront of integrated, wrap-around care.

# **Governance and Strategic Direction**

This year, the Board has continued to focus on strengthening governance, sustainability, and workforce wellbeing. We have overseen significant developments in quality assurance, data systems, and strategic planning to ensure that Cyrenian House remains strong and future-ready.

The Board is also mindful of the challenges ahead - the increasing complexity of consumer needs, cost-of-living pressures, and the importance of ensuring equitable access to services across metropolitan and regional areas. Through sound governance and continued advocacy, we remain committed to addressing these challenges head-on.

# **Looking Forward**

As we look to the year ahead, we do so with optimism and resolve. The work of Cyrenian House continues to change lives, reunify families, and strengthen communities. Our success rests not only in our programs, but in the collective belief that recovery is possible - and that every person deserves the opportunity to live with dignity, hope, and purpose.

On behalf of the Board, I extend my heartfelt thanks to all our staff, volunteers, supporters, and community partners for their tireless efforts and enduring commitment to the people we serve.

Cyrenian House stands today as a testament to what can be achieved when compassion, professionalism, and perseverance come together for a common good.

John Stockbridge - Chairperson, Cyrenian House Board of Directors



# CEO REPORT

On 1 July 2024, the Mental Health Commission (MHC) officially opened the new Office of Alcohol and Other Drugs (OAOD) which was established as a dedicated domain to better represent the alcohol and other drug (AOD) sector. Naomi Hendrikson, well known for her role in prevention in the AOD sector, was appointed as the Director of the OAOD. This has been a pleasing outcome for the Cyrenian House and the AOD sector as a whole.

The past 12 months has been a year of consolidation. After purchasing a building on Scarborough Beach Road in Innaloo, to replace our Warwick office for the North Metro Community Alcohol and Drug Service (NMCADS), Lotterywest provided a grant to fit-out the building with the support of the MHC. The new office was operationalised on 20 March 2025 and was officially opened by the Honourable Pierre Yang MLC, Parliamentary Secretary to the Minister for Health; Mental Health on 21 May.

Our biggest project, the Immediate Drug Assistance Coordination Centre (IDACC), is still in its early stages of development. We are still experiencing substantial delays while the Mental Health Commission negotiates a Building Grant Agreement. At this stage we are looking at late 2026 early 2027 for this service to be open for consumers.

Serenity Lodge Therapeutic Community (TC) has undergone a significant change of focus in the past 12 months transitioning to an all-male facility. The decision was made to rebalance the services we offer to men given two of our services, Munda Mia Therapeutic Community and Saranna Women and Children's Program are specifically for women. The new male focussed TC has been well supported by our consumers.

As part of our commitment to deliver professional, responsive and innovative services, Cyrenian House promotes practices that build worker capacity to better respond to consumer needs. To this end we allocated substantial funds to upskill our workforce in leadership training by offering all our Managers, Clinical Coordinators and other senior staff access to the Modal Diploma in Leadership and Management Training. This is a fabulous opportunity of our senior staff to hone their skills, build solid relationships with their peers and enhance their opportunity for advancement both within and outside the organisation.

In addition to the Leadership and Management Training, we have also completed the role out of Family and Domestic Violence (FDV) training for all staff regardless of their role. Alongside the training, Cyrenian House has developed an FDV Strategy to provide a foundation and guide to our organisational approach to addressing and responding to the issue of FDV for our consumers and staff.

To enhance the ongoing growth of operations and increase in workforce in the past few years we have further developed our Enterprise Resource Planning (ERP) supports. These include the introduction of MYOB Advance Accounting package, Trail D for invoicing and supplier management and negotiating a new Employment Agreement to support our staff. These new systems have greatly enhanced our efficiency through automated processes and allow us to prepare for further growth in the future.

We hosted our 12th annual Cyrenian House Charity Golf Day fundraiser in March this year. I am pleased to say that the day was another resounding success with a Hole in One sponsor, one platinum, one gold, six silver, one bronze, one hole sponsor and over 100 players. Many thanks to Fortesque who continue to offer us ongoing support through sponsorship, raffle prizes and teams to play.

As always, none of our achievements would be possible without the support of our amazing staff team. Cyrenian House has been fortunate to attract and retain exceptional people across all areas of service provision. Our staff are dedicated to delivering quality, professional and person-centred services to enhance the well-being of those who present to our organisation. As the CEO of Cyrenian House I am privileged and incredibly proud of the way our staff embrace our mission and values in all their interactions with both our consumers, partners and the community as a whole.

In closing, I would like to acknowledge and thank our Chairperson John Stockbridge and the Board for their ongoing support and guidance over the past year. They give of their time freely

with grace and diligence to ensure that good governance remains a central tenant of our success. Thank you to my talented executive and management team, staff and peer workers and volunteers for the tireless work you do on a daily basis and most importantly, thank you to our consumers who continue to patronise our services.

**Carol Daws** 

Cyrenian House CEO - Chief Executive Officer



# **RECONCILIATION**

Cyrenian House continues to build upon our commitment to cultural security and Reconciliation. Our passionate and active Reconciliation Action Plan (RAP) Committee this year focussed on how the organisation can extend our commitment to Reconciliation, and how this can be practically translated across all our services. This includes a focus on practical and meaningful actions linked to service and community outcomes. The coming year will translate our Committee's work into practice across the organisation, and we are excited to follow a path for

reconciliation that truly reflects the Cyrenian House

values and the needs of consumers.

Across the year, Cyrenian House continued our support for reconciliation, with particular focus on enhancing service access for Aboriginal peoples, incorporating cultural considerations into our new Enterprise Agreement, and hosting events to mark days of significance. A highlight was the NAIDOC event at Rick Hammersley Centre Therapeutic Community, which attracted over 100 participants from our services, partners and community.

Cyrenian Central and NMCADS celebrated NAIDOC week together, treated to a feast of traditional bushtucker including kangaroo, emu, crocodile and damper. The highlight of the day was two testimonials of recent Therapeutic Community (TC) graduates, sharing how support from the Senior Aboriginal Support Worker, assisted them in their journey into TC and shared some advice to our workers on how to best support our Aboriginal consumers.

Cyrenian HOUSE core values





Across 2024-2025, Cyrenian House continued in our commitment to provide accessible, welcoming and safe services for people from the rainbow community. Our Rainbow Committee has undertaken a significant whole-of-organisation review of our capabilities and identified a range of opportunities for improvement to enhance our inclusive service delivery.

Cyrenian House services continued our commitment to recognising and celebrating key dates of significance, including IDAHOBIT and Wear it Purple. Residents and workers came together to share in meals, art and other activities to raise awareness and contribute to inclusivity.

A particular highlight was the PrideWA Parade, with Cyrenian House represented by 100 workers and residents, all adorned with our latest Pride shirt, inspired by the theme 'Together go west'. Everyone had an amazing time celebrating our Cyrenian House rainbow community and the incredible community across WA. We can't wait to attend again in late 2025.

In 2024, we were excited to continue our longrunning participation in PrideWA's PrideFest celebrations. Our annual stall at the Pride Fairday was well attended; thank you to the many staff who volunteered your time to

promote Cyrenian House services to the

community.



**MINCLUSIVE** 

**ACCEPTING** 

**WELCOMING** 

**SAFE SPACE** 

**FOR EVERYONE** 

















# STRATEGIC DEVELOPMENTS

Across 2024-2025 Cyrenian House initiated or continued a range of strategic developments to further enhance the services we provide to Western Australian communities.

- We continue to progress development of the Immediate Drug Assistance Coordination Centre (IDACC). Over the year, we have worked with the Mental Health Commission (MHC) to conduct select site works to facilitate engineering assessments. With these works now complete, we continue to conduct preparatory activity to progress to build.
  - Our new Innaloo site for NMCADS was proudly opened in May 2025, following extensive renovations funded by Lotterywest and the MHC. This project was delivered alongside the transition of Next Step Alcohol and Drug Services from the Mental Health Commission to East Metropolitan Health Service.
- Serenity Lodge Therapeutic Community (TC) commenced an all-male program. This project
  was strongly informed by residents and workers, and has achieved exceptional results to
  date.
- In recognition of the range of issues that closely intersect with alcohol and other drug (AOD) use, Cyrenian House has implemented a range of organisation training and capability enhancements, including but not limited to: family and domestic violence; gambling; and cognitive impairment. In addition, we have continued to support the WANADA-led Hepatitis C Capability Project through whole of organisation capability reviews and implementation of identified improvements.
- Across several of our services, we reviewed opportunities to enhance access, as well as commenced an extensive research project with the EnAble Institute to explore retention factors.
- Our service delivery has been underpinned by a comprehensive update of our human resource, finance and enterprise systems, including a revised Enterprise Agreement. In addition, Cyrenian House has invested in our leadership, with managers, coordinators and senior staff funded to undertake a Modal leadership program that will result in a Diploma of Leadership and Management.
- We proudly continued our partnership with Wunan Health, which has included training, mentorship, development assistance and intellectual property sharing. Kununurra Withdrawal and Intervention Centre commenced operating in 2025 and we are excited to continue to support this important addition to the AOD service system in the KimberJey.

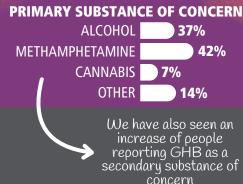
# **CYRENIAN CENTRAL**

The Residential Pathways Program (RPP) team has seen significant improvements and changes over the last year. The team undertook a massive review of the assessment and case management process, looking for ways to streamline the process and improve the outcomes of prospective Therapeutic Community (TC) residents. They successfully revised the assessment process and incorporated a waitlist into our consumer database. Their work has already resulted in better experiences for both workers and consumers. Wait times for assessments have significantly decreased, and the number of assessments provided has increased.



GENDER

male 56% female 43% other 1%



# RPP completed an additional **215** this year assessments compared to last year.

Cyrenian Central successfully secured funding and recruited a Aboriginal Outreach Counsellor who works alongside both the Street Doctor program and the Residential Pathways Program.



We have now begun a new therapeutic group Brain Training. This has been very popular: Brain Training is now on its fourth official round and recently peaked with over 20 consumers on the waitlist wanting to engage.

Collaborating with the Parent Drug Support Service has resulted in a both a peer led support group and a structured six-week psychoeducation group '6 STEPS' for our consumers' family members and loved ones.

We are fully staffed with a balanced roster of workers who are holding a strong work culture, resulting in some great client experiences as noted from recent Google reviews and monthly feedback surveys.

# **THASP**

We are excited to have successfully secured the funding from the Commonwealth Government's Housing Australia Future Fund (HAFF) for two purpose-built THASP properties for graduates of our women's and children's programs. Construction will shortly commence, and we hope to have our first families moving in by the second half of 2026.

# PRIMARY SUBSTANCE OF CONCERN ALCOHOL 31% METHAMPHETAMINE 60% OTHER 9% GENDER male 63% female 37%

# **NMCADS**

### NORTH METRO COMMUNITY ALCOHOL AND DRUG SERVICE

The 2024/25 period has been a highly successful year for NMCADS, delivering person centred, community-based alcohol and other drug treatment services across the ever-expanding northern corridor of Perth's suburbs.

Highlights from the WANADA Alcohol & Other Drug (AOD) Conference:

- The Aboriginal Family Support Program being named a finalist in the category of 'Excellence for Improving AOD Outcomes for Aboriginal People'.
- NMCADS Joondalup winning the 'Excellence Award in Translating Research into Practice' for the improved AOD outcomes following implementation of the ACE and BEAT, a cognitive screening initiative.

These awards highlight Cyrenian House services as leaders in innovation and evidence-based practice.

A significant highlight of the year was relocating to Innaloo from our previous office in Warwick. Our new location is larger and more modern, enhancing NCMADS capacity for clinical service delivery and allowing further space for colocating services, volunteers and students.

The official opening in May 2025, was officiated by the Hon. Pierre Yang, Parliamentary Secretary to the Minister for Health: Mental Health. Incredible feedback has been received since this transition, and we look forward to the possibilities this new location brings.

(AOD)

AN INTEGRATED SERVICE DELIVERED IN PARTNERSHIP BETWEEN



male 59% female 40% other 1%



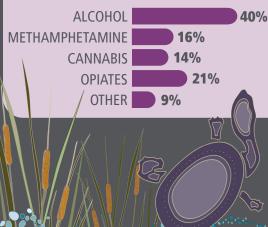
COMMUNITY
ALCOHOL & DRUG

**NORTH METRO** 

**SERVICE** 



# PRIMARY SUBSTANCE OF CONCERN



# 2024-2025 at cyrenian HOUSE



5,152 total consumers 4,269

NON-RESIDENTIAL SERVICES

711

THERAPEUTIC COMMUNITIES

388

LOW MEDICAL WITHDRAWAL UNITS

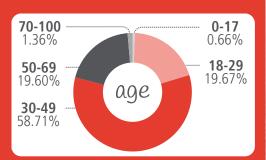
# GENDER IDENTITY

**60.48%** male

**39.24%** female

**0.28%** other







38%

# cyrenian HOUSE

**ALCOHOL** 

**53**%

**LOW MEDICAL WITHDRAWAL** 

**ALCOHOL** 

**45**%

THERAPEUTIC COMMUNITIES

**ALCOHOL** 

38%

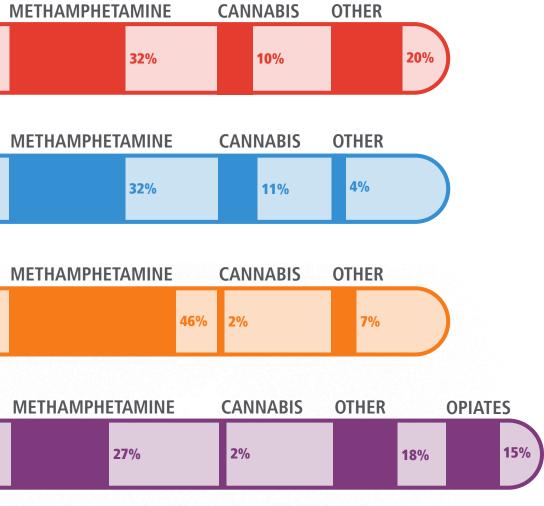
**NON-RESIDENTIAL SERVICES** 

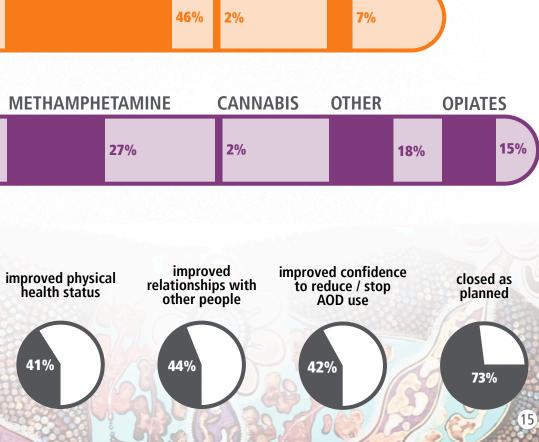
sati<mark>sfi</mark>ed with service provided improved mental health status



14

# PRIMARY SUBSTANCE OF CONCERN

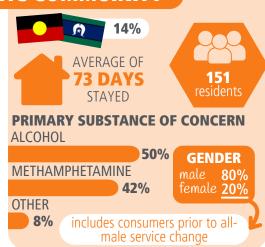




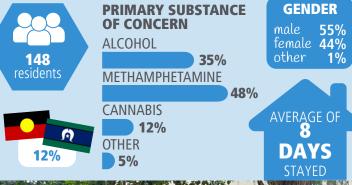
# SERENITY LODGE THERAPEUTIC COMMUNITY

This year has seen a big change for Serenity Lodge Therapeutic Community (SLTC), in March this year we transitioned to an all-male program. Since its inception, we have developed some changes with a focus on men's issues creating a safe and supportive environment for men to focus on recovery and build healthy relationships within SLTC, their family and the wider community. This year has also seen Serenity Lodge add Brain Training - a cognitive enhancement program, Healthy Relationships, and Men's Gathering groups to our timetable.

Retention rates of residents has remained steady during these changes to the program.



# **SERENITY WITHDRAWAL UNIT**



The Serenity Withdrawal Unit (SWU) remains busy and receives referrals from various government agencies and health services as well as consumers who self-refer. SWU and SLTC continue to have a positive and cooperative relationship with local health services



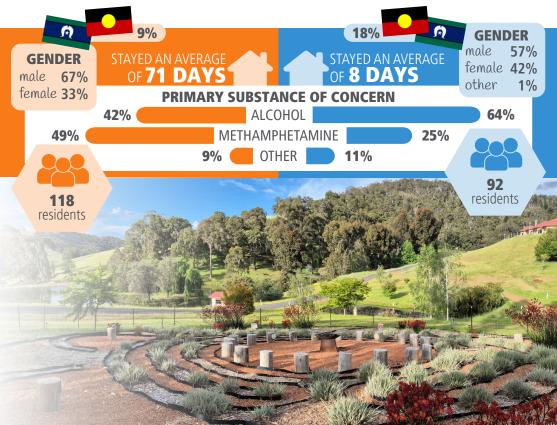
# **NANNUP**

# THERAPEUTIC COMMUNITY & WITHDRAWAL UNIT

Both the Nannup Therapeutic Community — also known as the Kongal Wirin program, meaning Spirit of the South — and the Nannup Withdrawal Unit (NWU) continue to deliver quality and culturally secure programs for consumers in the South West. The Kongal Wirin program is a 20-bed long-term residential treatment service and the NWU is a 3-bed low medical withdrawal unit.

This year, Kongal Wirin has focused on incorporating holistic health and Nyoongar culture into the program. We established weekly wellbeing groups, breathwork and sound bath groups, and continued providing yoga, drumming and meditation groups. Alongside this, we have incorporated weekly Nyoongar language workshops, made good use of the yarning fire pit with regular yarning sessions, traditional food remaining on the menu and an Aboriginal culture corner with ample cultural resources for residents and staff. NAIDOC week was a spectacular event with National award-winning artists visiting site showcasing Aboriginal music and art.

Our 90-acres of rolling hills and idyllic surrounds has also been incorporated into program — with hiking still a popular activity, along with the newly created bird watching and star gazing activities.



# RICK HAMMERSLEY CENTRE THERAPEUTIC COMMUNITY

7

The Rick Hammersley Centre Therapeutic Community (RHCTC) facility comprises of two residential programs:

- the **Gnangara Program**, with 50 bed capacity, and
- the Saranna Women's and Children's Program, which has 14 cottages.

RHCTC supported **241** residents across both programs:

**GNANAGARA** 



**206** RESIDENTS

35 women with 41 children



**SARANNA** 

# **SARANNA WOMEN & CHILDREN'S PROGRAM**

The Saranna Women's and Children's Program is a residential alcohol and other drug (AOD) treatment program where women (over 18 years) live with their children (up to 12 years of age) whilst engaging in AOD treatment.

The Saranna Program has implemented the Family Foundations Program. The program is designed to provide families with early, intensive support aimed at strengthening parenting confidence, building positive family routines, and enhancing child development outcomes. A key component of the program is our in-home support, delivered by counsellors-educators and the family support worker during the first eight weeks of Saranna residents treatment program.

All aspects of the program are looked at from AOD, family and domestic violence (FDV) and culturally sensitive lenses. The "soft landing" approach helps all Saranna residents to transition to independent living on the property with their child/children before starting the program.





# **PRIMARY SUBSTANCE OF CONCERN**

ALCOHOL 31%
METHAMPHETAMINE 62%
OTHER 7%

# GNANGARA PROGRAM

# **GENDER** 61% 38%

male female other 1%

**AVERAGE OF** 74 DAYS

STAYED AN



# **PRIMARY SUBSTANCE OF CONCERN**

**ALCOHOL** 46%

**METHAMPHETAMINE** 

43% OTHER

11%

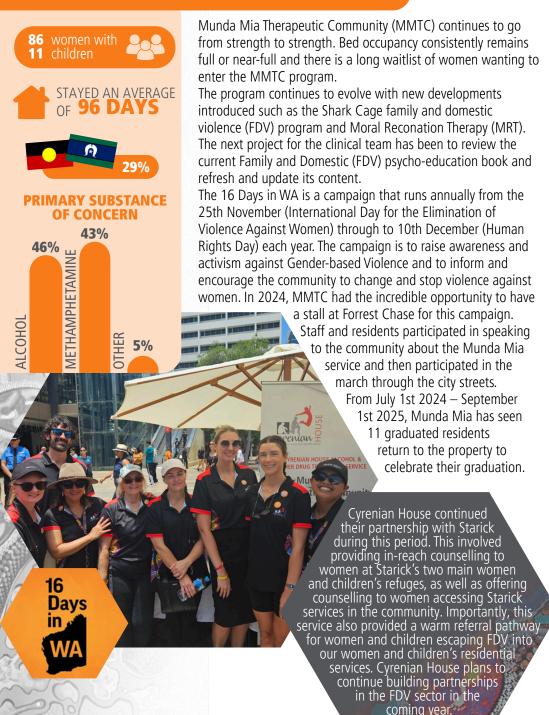
This period marked a meaningful growth for the Gnangara Program. Rooted in the Community-as-Method model, we continued to foster a supportive, structured environment where residents actively contribute to one another's progress. Residents reported improvements in wellbeing, interpersonal skills, and longterm goal setting.

# The team participated in:

- Family Domestic Violence Training, enhancing our understanding and response to FDV.
- ACE/BEAT training provided by Agency for Clinical Innovation (ACI) located in NSW was provided in 2024. The alcohol and drug cognitive enhancement ACE and the brief executive function assessment (BEAT) are tools to help our clinicians to assess and support our residents who are affected by cognitive impairment issues.

External partnerships with several key external organisations, including Luma, Holyoake (providing Art Therapy and attachment education for Mothers), hospitals, and Mental Health service providers have been an important part of RHCTC objectives. The primary goals of these partnerships were to enhance service The Rick Hammersley Centre community delivery through cross-sector collaboration, address residents' celebrated NAIDOC Week. mental health issues, provide accessible, community-based Reconciliation Week, RU OK? support, and strengthen referral pathways between services. Day and the annual Pride Parade. We also hosted a visit from other Cyrenian House services, having joint lunches and playing friendly games of vollevball.

# **MUNDA MIA THERAPEUTIC COMMUNITY**



# **MIDLAND WITHDRAWAL & INTERVENTION CENTRE**



The 2024/25 year was another year of strong and consistent service delivery for the Midland Withdrawal and Intervention Centre (MWIC). The service, as has been the case since operations commenced in 2021, was consistently full or near full throughout the year.

The MWIC program maintains a focus on structured but flexible care. Regular psychoeducational groups are run by the Peer Support Worker. Additionally, Wungening visits weekly to offer culturally secure perspectives on harm reduction through their Solid Ground program. In recognition that long term residential treatment leads to better outcomes for consumers, MWIC has begun to facilitate Peer Support groups that provide information on outpatient options and long-term treatment. Consumers collaborate in exit planning with the Clinical Coordinator and during their stay are introduced to both Alcoholics Anonymous (AA), Narcotics Anonymous (NA) and SMART Recovery meetings.

MWIC continues to nurture its external stakeholder relationships. This involves a high degree of Case Management with services working together to ensure the best outcome for shared care clients. This year has seen a greater focus on step-down withdrawal management from Next Step Inpatient Withdrawal Unit and hospitals, particularly Midland Hospital.



### **PRIMARY SUBSTANCE OF CONCERN**

ALCOHOL 60%

METHAMPHETAMINE 23% GENDER

CANNABIS 14% male 48%

OTHER 3%

male 48% female 52% other 1%

STAYED AN AVERAGE OF 14

14 DAYS

# WANDOO REHABILITATION PRISON THERAPEUTIC COMMUNITY





Government of Western Australia
Department of Justice
Corrective Services

The Wandoo Rehabilitation Therapeutic Community Prison (Wandoo) service is a partnership with Department of Justice (DOJ) and assists women in prison to address their addiction. This year:

• **55** women completed the program

• 22 women completed part of program

 44 women who have remained in prison after completing the program have received counselling.

This year, in partnership with WA Department of Justice, Wandoo introduced an abridged program for women with short sentences. Prior to this, women with short sentences did not have access to an alcohol and other drug (AOD) treatment program. This provides an earlier intervention option for women in prison who are motivated to interrupt the addiction and offending cycle.



Since opening in 2018, **347** women have completed the Wandoo program.

To raise aw issues fa May 2 IDAH evident

To raise awareness and learn more about the issues faced by the LGBTQIA+ community, in May 2025, Wandoo hosted an event for IDAHOBIT. This was the first time such an event was held at Wandoo. This was delivered in partnership by a DOJ Recreation Officer and Cyrenian House Counsellor. It increased the sense of inclusion and understanding of diversity at Wandoo.

122 residents 26%

**PRIMARY SUBSTANCE OF CONCERN** 

METHAMPHETAMINE

OTHER

1

**82**%

18%

# **PATHWAYS PROGRAM**

supported 197 consumers with a total of 6,318 sessions attended

This year our Pathways Program has continued to deliver psychotherapeutic and psychoeducational groups, designed to address prisoners alcohol and other drug use and offending behaviours.

# PIP

### PAROLE IN-REACH PROGRAM

consumers completed the program

The Parole in-reach Program (PiP) continues working towards the goal of increasing the number of offenders who are considered suitable for release on parole by the Prisoners Review Board, while reducing their likelihood of reoffending in the community.

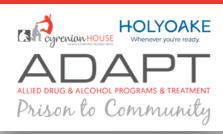
PiP utilises the Moral Reconation Therapy (MRT) group as the treatment for the program. Delivered in a through-care format with groups delivered both in and out of prison.

Graduates must have attended MRT groups in prison and in the community for a period of at least 4-6 months, successfully completing all 12 steps of the program. In the 2023-24 financial year, a total of 35 people completed the program.

# **ADAPT**

# ALLIED DRUG & ALCOHOL PROGRAMS & TREATMENT

The ADAPT program, a partnership between Cyrenian House and Holyoake, has continued to deliver alcohol and other drug services across public prisons in the metropolitan area of WA.



# PRIMARY SUBSTANCE OF CONCERN

ALCOHOL 16%

METHAMPHETAMINE

consumers

OTHER **20%** 

33% 64%

GENDER

male 78% female 22%





The Cyrenian House Milliva Rumurra (CHMR) team have now seen thirteen years of operation in the Kimberley. Over that time the service has delivered increasing numbers of service occasions and built strong relationships with the members of the communities surrounding Broome.

Beagle Bay

- Lombadina / Djarindjin
- One Arm Point
- Bidyadanga

Alcohol remains the principal drug of concern for most of our. consumers; however methamphetamine users and their families are increasingly seeking a range of supports. Many service users are impacted by changes to

service delivery systems requiring online engagement. A human presence and willingness to assist consumers has been crucial to building relationships and empowering people to navigate and engage with a changing service environment.

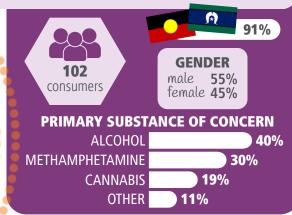
Successes over the past 12 months include prevention activities such as delivery of education sessions at One Arm Point, regular radio interviews with the radio station at Beagle Bay (broadcast on the PAKAM network) and regular participation in women's groups in Bidyadanga and One Arm Point.

Clinically, successes include support for families impacted by intra-family violence and increased knowledge and capacity to work with people whose alcohol or other drug use has altered physical, cognitive and social

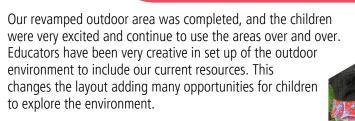
functioning. CHMR has sent a staff member with appropriate skills and experience to assist the recently-opened withdrawal unit operated by 3room*e* 

Wunan Foundation in Kununurra.

# LEVEQUE







The relationship with the Saranna Women's and Children's Program goes from strength to strength with a collaboration of world events and celebrations such as Book Week, NAIDOC Week and Harmony Day.



CHILDCARE 25

# CONSUMER PARTICIPATION

Cyrenian House upholds and champions the rights of consumers across all our services. We recognise the importance of the consumer experience and value how their input can strengthen our high-quality services to best meet consumer needs.

The Cyrenian House **Consumer Advisory Group (CAG)** met every two months, with a total of **thirteen CAG members** contributing valuable advice, expertise and feedback on our policies and programs.

### Areas enhanced through our consultation with CAG include:

- Feedback for ideas for Criminal Confiscation Grants Program
- Cyrenian House marketing strategy
  Input for building design and specifications on the new THASP houses for mothers and their children
- Cyrenian House website
- Cyrenian House family and domestic violence strategy

# Policies and other key document reviewed included topics such as:

- Counselling significant others
- Residential room and bag search
- Consumer rights and responsibilities
- THASP exit planning
- Consent to release and obtain information
- Information storage and access policy and privacy

Thank you to all consumers who have contributed their time via the Consumer Advisory Group over the past twelve months.

# SERVICE AND SYSTEM PARTNERSHIPS

We wish to recognise and acknowledge the range of service partners with whom we work to deliver specialist services that are responsive to the broad range of consumer needs. Our partnerships with purposeful community organisations range across integrated service approaches, subcontracting arrangements and service development support.







Cyrenian House remains a strong supporter of the work of sector peak bodies and their role in enhancing the policies and systems within which we operate. We are proud to be active members of WA Network of Alcohol and Other Drug Agencies (WANADA), the Australasian Therapeutic Communities Association (ATCA) and Community Employers WA (CEWA).

# SECTOR DEVELOPMENT

# **AOD VOLUNTEER COUNSELLOR PROGRAM 2024** TRAINING FROM JUNE 2024 - NOVEMBER 2024

- Placements for **24** Volunteer Counsellors took place at Cyrenian Central as well as the NMCADS offices in Warwick (now Innaloo) and Joondalup.
- A total of **13** Volunteer Counsellors were trained through the Cyrenian House program. An additional **11** Volunteer Counsellors from the Mental Health Commission program completed their placement with Cyrenian House.
- Placements took place over 12 months, completing 4 hours per week. A significant number of these volunteers completed or continue to work towards completing their placements.

The impact of these volunteers has been extremely valuable, and supported waitlist management throughout the year. We are pleased to continue our commitment to this important pathway into the sector workforce, with our 2025 intake now complete and training underway.

# LIVED EXPERIENCE REPRESENTATIVE TRAINING RESULTS FROM THE TRAINING EVALUATIONS

training was rated an average of **8.5** / **10** by participants

62%

41% knowledge of AOD services increased **a lot** 

knowledge of becoming a lived experience representative increased **a lot** 



confidence in becoming a lived experience representative increased **a lot** 

























